



# COMMUNIQUE

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NOTE: The views expressed in the articles designated as "Member Contribution" are those of the authors and do not necessarily represent or reflect the views of the APW.



KERRY HAMMOND

THE ALLIANCE OF PROFESSIONAL WOMEN

### Executive Director

Kerry Hammond 303-368-4747

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Website: [www.apwcolorado.org](http://www.apwcolorado.org)

P.O. Box 480384, Denver CO 80248

## Connecting Women Personally, Professionally and Philanthropically

### Our September Helping Women + Changing Lives Luncheon was a huge success!

A very, very **special thank you** to everyone who worked hard to put this year's luncheon together, along with another thank you to all of the attendees and donors. We had such a wonderful event, and we couldn't have done it without everyone's help.

Our sponsors helped us with the cost of putting the event together, and we **raised \$38,780** in donations from both attendees at the luncheon and from those who were unable to make the event and chose to donate online. We are so pleased, and we can't thank you all enough.

The luncheon may look like it ran itself, but our volunteers really worked hard to make it all happen. Our fearless leader, **MELISSA RICHARDS**, the President of the Alliance Foundation, as well as our Fundraising Co-Chairs **TRACIE ROMERO** and **KATARINA CONWAY** worked behind the scenes to pull off the logistics and programming. Our Table Captain Chair **MOLLIE SAVAGE** rallied the troops and gave them the tools for inviting their guests and the encouragement to fill the seats at their tables. The hardworking Table Captains then filled their tables with the people who packed the PPA ballroom.

Our program speakers were engaging, and we heard their passion as they spoke. **LISA BARNES** bravely told us her personal experience with homelessness; **KYLE DYER** and **ISSA LOPEZ** shared their own stories and passion for helping women succeed; and **KRISTI SULLIVAN**, our Emcee, led us through our program and interviews.

Our luncheon would not exist without the generous support of our sponsors. Their sponsorship dollars helped pay for the facility, catering, audio visual company, and other various expenses necessary to put on this amazing event.

### THANK YOU TO OUR GENEROUS SPONSORS



#### Changing Lives Sponsors

CREATIVE FINANCIAL STAFFING OF COLORADO, **SHEILA DREW**  
SULLIVAN FINANCIAL PLANNING, LLC, **KRISTI SULLIVAN**

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**Communiqué Committee**

Kerry Hammond, Editor  
Chelsey Burns, Co-Editor  
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## FUN Facts

One thing Denver is noted for is its dedication to New Mexican cuisine and the chile. It's best known for its green and red chile sauce, Colorado burrito, Southwest (Denver) omelette, breakfast burrito, chiles rellenos, and tamales. Denver is also well known for other types of food such as Rocky Mountain oysters, rainbow trout, and the Denver sandwich.

(According to Denver Wikipedia)

**NEWSLETTER**

If you're an APW Member and would like to write an article for an upcoming issue of the APW newsletter, the Communiqué, please contact **KERRY HAMMOND** at [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org).

**Corporate Members**

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Be advised that the Communiqué is not private, only the APW Member Directory is restricted to members only, and can be viewed on the Internet.

## Helping Women + Changing Lives Luncheon

Continued from Page 1

### Helping Women Sponsors

AUSTIN TRAINING ADVISORS, **LISA AUSTIN**  
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RENÉ'S MAISON DES FLEURS, **RENE DiBENEDETTI**

*Thanks again, for all your support!*



The Alliance Foundation supports identified programs that improve the status and quality of life for women and children by helping them achieve self-sufficiency and economic independence. Our once-a-year fundraising luncheon provides us with the funds to make this mission a reality.

Our fundraising luncheon came very close to reaching our goal of total funding for our three causes, but we are **\$5,000 short** of that objective.

With your support, we can reach our goal to educate, inspire and empower women and children for lifelong success! It's not too late; if you weren't able to attend, you can still donate through Colorado Gives by visiting **THIS LINK ONLINE.**

If we reach our goal, we can do all of these things with your help:

- Fund 2 village banks, which will provide micro loans to 40-50 women in developing countries.
- Provide scholarships to 3 women who have returned to school to finish their degree and may not be able to afford an education otherwise.
- Fund the Alliance Foundation Outreach Committee's local causes: providing shelter meals at The Delores Project, supporting college tours for the students at New Legacy Charter Schools, creating personal care kits for the children supported by Court Appointed Special Advocates (CASA), buying holiday gifts for the women and children at The Haven, and cheering on the kids who participate in the Girls on the Run program.

**Help us - Help Women - Help Themselves**

No contribution is too small, we value all of your donations.

Thanks so much for making this event such a success!

## Leadership

### BOARD OF DIRECTORS

**Cari Harris**

(Etcetera)

President

**Pamela Foley**

(Pamela Foley Consulting)

President Elect

**Leah Dirks**

(First Bank) Immediate

Past President and Treasurer

**Pam Fischer**

(Design a la Carte)

Secretary

**Lee Lipniskis**

(Core Contractors)

Alliance Foundation President

**Sue Borgos**

(Office Technology Solutions, Inc.)

At Large,

Public Affairs Committee Chair

**Kristi Sullivan**

(Sullivan Financial Planning, LLC)

At Large,

Networking Committee Co-Chair

**Ginny Taylor**

(A Better View Décor)

At Large,

Membership Support Committee Chair

**Sati McLafferty**

(Ambler Keenan Mitchell Johnson LLC)

At Large

**Willy Wilson**

(Life Unstill Photography) At Large

### EMERITUS BOARD MEMBERS

Emilie Ailts, Melinda Harper,

and Charlene Wilson

## The Alliance of Professional Women: Board of Directors Update

The Alliance of Professional Women is an organization that is run by a Board of Directors. These volunteers work hard to make the APW a vibrant and valuable membership that offers its members networking opportunities and the ability to connect on both a personal, professional, and philanthropic level.

We've been busy and the APW Board of Directors has been streamlined and improved. In years past the organization has been run by a Board of Directors and a smaller Executive Committee—made up of the officers of the Board of Directors and several at-large members.

In order to make the governance operate more smoothly, our board members voted to amend the APW Bylaws to combine the Board of Directors and the Executive Committee into one body and reduce the amount of board member seats. Starting this month, November 2018, we will have one Board of Directors that consists of 9-12 members. Of these members, we have a President, President-Elect, Immediate Past President, Treasurer, Secretary, and up to 6 at large members (three of which are a committee chair from each of our APW committees). Also on the APW Board of Directors is the Alliance Foundation President. Each board member will serve for a term of two years, and can run again after that term is up—with a maximum term limit of six years.

We feel that the new streamlined Board of Directors will greatly improve our efficiency and allow us to continue to make the APW such a wonderful group.

### 2018-2019 APW Board of Directors

Cari Harris (Etcetera) President

Pamela Foley (Pamela Foley Consulting) President Elect

Leah Dirks (First Bank) Immediate Past President and Treasurer

Pam Fischer (Design a la Carte) Secretary

Lee Lipniskis (Core Contractors) Alliance Foundation President

Sue Borgos (Office Technology Solutions, Inc.) At Large, Public Affairs Committee Chair

Kristi Sullivan (Sullivan Financial Planning, LLC) At Large, Networking Committee Co-Chair

Ginny Taylor (A Better View Décor) At Large, Membership Support Committee Chair

Sati McLafferty (Ambler Keenan Mitchell Johnson LLC) At Large

Willy Wilson (Life Unstill Photography) At Large

## November Networking Luncheon & Holiday Market



**When:** Nov. 8 from 11:00am-1:30pm  
**Where:** The Lumber Baron Inn & Gardens,  
 2555 W 37th Ave. Denver

**About this great location:** The Inn was built as a home in 1890 in the historic neighborhood of the Potter Highlands, which was created and settled by the Scottish in 1863. Now a charming Bed and Breakfast with five spacious rooms and decorated with antiques, **The Lumber Baron Inn & Gardens** is the perfect venue for weddings and events.

The APW is not only hosting its November Networking Luncheon at this unique location, we are also providing our **third annual Holiday Market**. Vendors will be set up on the first floor of the inn in the parlor rooms to sell their products and services. Bring your Christmas shopping list so you can check off as you purchase gifts for friends and family (Note: cash or check is best for smaller items and vendors without the ability to run credit card charges).

We will have member and non-member tables set up to give you a jump start on your holiday shopping. We will start early; vendor booths will be open from 11:00am-12:00pm and again from 1:00pm-1:30pm.

### Our Marketplace Vendors:

- **JANE BIGLIN** of **Jane Biglin Coaching LLC** will offer coaching services for women navigating career or life transitions. Other products for sale include clever and amusing motivational gifts to help bring sanity to our everyday lives.
- **PAULINE HUDDLESON** of **Arbonne International** will have a wide range of products on hand, including great smelling body products, top selling Anti-aging products and, to get ready for all that celebrating, vegan protein powder and energy drinks.
- **LISA SHARPE** of **Stylish Sparrow**, a personal wardrobe styling service for women who desire freedom in their closet getting dressed every day, and for women who enjoy fashion that is planet friendly and socially conscious.
- **ELISABETH GUY** of **Linton Creations LTD** will offer handmade chainmaille and beaded jewelry, along with some steampunk designs.
- **STACIE EDELMAN** of **Alpine Life Planning Strategies, Inc.** will showcase the independent health insurance brokerage she represents, which helps people with Medicare, individual health insurance, and small business health insurance.
- **CAREN GOODMAN** of **Select Global Wines** will offer award-winning, small batch wines, with no added sulfites, that aren't available in liquor stores or restaurants.
- **KERRY HUMPHREY** of **Pearl Street Lights** will offer candles and torches using upcycled beer and wine bottles. The wax is non-GMO and the wicks are made of wood, so they provide a soothing crackling sound as they burn just like a fireplace!

After shopping we will climb the grand staircase to eat lunch in the ballroom (this historic building has no elevator, guests will need to take stairs to the dining room). During our lunch we will hear from our **November luncheon sponsors:**

**LEIGH MILLER** of **Juice Plus** & **CAROLINE HANZLIK** of **Wells Fargo Advisors**

We will have plenty of time to network during lunch, and after lunch. Join us for a festive afternoon at a beautiful location.

### The MENU (choose one):

Salmon Nicoise Salad - roasted salmon with olives, potatoes, cherry tomatoes, hard-boiled egg and lemon vinaigrette (DF) (GF)

OR Ploughman's Lunch - assorted meats, cheese, accompaniments & bread OR

Pesto Primavera - penne pasta with roasted red peppers, broccoli, caramelized onions, light penne sauce (V)

Dessert: Assorted Cookies

Dietary information provided by restaurant. For additional food allergies or dietary restrictions not listed, please contact **KERRY HAMMOND** at [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org).

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**CLICK HERE!**  
**To Register**

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## November Networking Luncheon & Holiday Market

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Our events are open to guests; in fact, we allow a guest to join us for up to three events; after that, we ask you to join our membership to continue.

**Cost:** \$38 members; \$48 non-members      **Registration closes Friday, November 2.** Absolutely No walk-ins will be allowed.

**Please Note:** We hold Quarterly Orientations for new and prospective members. Our next orientation will be January 10, 2019.

Our Executive Director, **KERRY HAMMOND**, is available at any time to offer information and resources to new and prospective members.

Contact her at [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org) or 303-368-4747.

## A Member Contribution from Our November Luncheon Sponsors

### LEIGH MILLER OF JUICE PLUS+ and CAROLINE HANZLIK OF WELLS FARGO ADVISORS

**Most of us have heard the comparisons between physical fitness and financial fitness: just to name a few, they both require implementation of good habits, are saturated with various opinions about how to succeed, and can be easier to talk about than to put into practice.** We find this connection between health and wealth to be useful in navigating the sometimes scary, boring, or intimidating mechanics of personal finance.

To take an example, how do you lose weight? Easy, right? Burn more calories than you take in. But how hard is it to actually follow through without someone holding you accountable? People turn to friends, experts and even apps to support them along the way.

Likewise, to be financially healthy, we must earn and save more money than we spend. Sounds simple enough, but once again, we often need an accountability partner to help us stay on track.

As with your health, it's important not to deprive yourself of all life's joys (dessert, pasta, wine...) all the time. The same is true when it comes to decisions about how to allocate your money. It is critical to take a balanced and sustainable approach to building financial success: enjoy your life now, and save enough to maintain your financial security well into the future.

**Health and wealth truly do go hand in hand.** If you have all the money in the world, but you do not have your health, you cannot see and do the things that financial freedom permits. And if you are healthy as an ox but don't have two dimes to rub together, you've missed an opportunity to prepare for life's future adventures. With education, dedication, and a little outside support, both physical and financial fulfillment are within reach for us all.

#### That's where our teams fits in.

**CAROLINE**, a financial planner, uses a goals-based approach to wealth management. She and her team strive to lead all clients to a successful and secure financial future. The first thing that Caroline seeks to understand is where do you want to be and what hopes and dreams do you want to accomplish. Then, she works diligently to prepare a strategy and investment structure to get you there.

Just as a trusted financial team has resources and guidance to help you reach your specific monetary goals, the same is true for health goals. **LEIGH** has many resources that she tailors to meet you exactly where you are and help you get where you want to be. What if? What if making a few simple changes investing in your health pays huge lifelong benefits? You are worth it!



**CAROLINE HANZLIK**, Wells Fargo Advisors, [Caroline.hanzlik@wellsfargoadvisors.com](mailto:Caroline.hanzlik@wellsfargoadvisors.com), 303-200-9509

**LEIGH MILLER**, Juice Plus+, [millerleigh13@gmail.com](mailto:millerleigh13@gmail.com), 720-272-2853

## The Alliance Foundation Outreach Committee Update

The Alliance Foundation Outreach Committee provides philanthropic opportunities for members of The Alliance of Professional Women that promote health, welfare, education, and employment of under-served women and children in our community.

We support organizations such as the Delores Project, New Legacy Charter School, the Court Appointed Special Advocates program, Hope House, The Haven, SafeHouse, Metro Caring, and Girls on the Run.

**Here's what the Alliance Foundation Outreach Committee has been up to:**

### COURT APPOINTED SPECIAL ADVOCATES

The committee created 24 personal products baskets, which contained items like shampoo, toothbrushes, toothpaste, deodorant, combs, and hairbrushes, for the Court Appointed Special Advocates (CASA) program. CASA supports abused or neglected children who are in the court system. The Special Advocates help kids navigate the court system, providing support and making sure kids are not in inappropriate foster homes.

### DELORES PROJECT

Volunteers served a meal in October and will be serving again in November at the Delores Project. Delores Project is a local shelter that provides safe shelter and personalized services for unaccompanied women and transgender individuals.



### METRO CARING

Volunteers got their hands dirty helping to clean up expired groceries at Metro Caring, an organization that provides nutritious groceries to hungry neighbors, and also offers comprehensive, wrap-around anti-hunger programming so that families can break the cycle of poverty. The feedback from the ladies that helped out was that it was the dirtiest and most rewarding afternoon they could have imagined.

### HOLIDAY GIVING

We are ramping up to be a holiday shoppers for The Haven or SafeHouse this season. We already have our shoppers lined up, but there is still time to be involved in the **wrapping party in December**. Stay tuned for the date and time.

The Outreach Committee will be **taking collections for The Haven**, a residential substance abuse treatment facility for severely addicted women that accepts community corrections clients who may be pregnant or have infant children with them. **Donations for The Haven can be dropped off at the November Networking Luncheon.** Please bring any donations you would like to contribute to the luncheon and, we will make sure they get to The Haven. They are **looking for personal care items such as: Lotion, Shampoo & Conditioner, Hairbrushes, Combs, Toothbrushes, and Toothpaste.**

## December Networking Luncheon – Pre-Registration for Members only is NOW OPEN

**When:** Thursday, **December 13**, our special two-hour luncheon will take place from 11:00am–1:00pm  
**Where:** Brown Palace Hotel & Spa, 321 17th Street, Denver

**It's that time of year again.** As the holidays arrive, we will be returning to the beautiful, **Brown Palace Hotel & Spa** for our **annual Holiday Networking Luncheon**. Members, a registration link has already been sent directly to you. We have room for 100 attendees in the private, Club Room of the main hotel. In years past, we have filled up early, so register now.

Registration will only be open to non-members if space is available. If you haven't renewed your APW membership, contact **KERRY HAMMOND** immediately, [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org) or 303 368-4747. You must be a member for pre-registration.

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## Luncheon Sponsors

Leigh Miller, Juice Plus+ and

Caroline Hanzlik

Wells Fargo Advisors

November 2018

Jill Klancke

Klancke &amp; Cook

October 2018

Marian Lee

Career Reinvention, LLC

August 2018

Shere Chamness

REALART

July 2018

Alliance Foundation

June 2018

Kristi Sullivan

Sullivan Financial Planning, LLC

April 2018

Willy Wilson

Life Unstill Photography

March 2018

Leslie Garske

Divorce Resource Centre

of Colorado

February 2018

Jill Klancke

Klancke and Cook

November 2017

Pam Foley, REnew and REdo

Leigh Miller, Juice Plus+

October 2015

Tracie Romero

Design Health

August 2017

Chelsey Burns

Mindful Health Coaching, LLC

July 2017

Alliance Foundation

June 2017

University College University

of Denver

April 2017

Chrysta Bairre

Live Love Work

March 2017

Leslie Garske

AXA Advisors, LLC.

February 2017

Lee Weisbard, DDS

Weisbard Dental

November 2016

Patsy Butterfield

HM Brown Auto Brokers

October 2016

Leigh Miller, Juice Plus+

August 2016

Lee Lipniskis, Core Contractors

July 2016

Alliance Foundation

June 2016

Jill Klancke

Klancke and Cooke

April 2016

Interested in becoming a Networking

Luncheon Sponsor? Call 303-368-4747

## MEMBERS ONLY Mastermind Group

The 2018 Mastermind Group is finishing up its 2018 year. It was such a great success, they plan to continue to meet in 2019.

Because of its success, we are **taking RSVPs for another Mastermind Group for 2019.**

Please email **KERRY HAMMOND** at [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org) if you're interested in being a part of this collaboration.

The APW Mastermind group is a small but committed group of professionals who support each other through collaboration, education and support. The topics for the monthly meetings are determined by the group. As business owners or business developers, our goal is to help each member feel like they have partners helping them grow their business.

## Public Affairs Meetings

The next Public Affairs Committee meeting will be held on **Wednesday, November 21**, and our last meeting of 2018 will be on **Wednesday, December 19**. Mark your calendars for both and stay tuned for speaker information. You can always find the most updated information on the APW online calendar. [CLICK HERE](#) to go to the calendar.

Our meetings are informal. For the November 21 meeting, we will meet at **Maria Empanada**, located at 1298 S. Broadway, Denver. For the December 19 meeting, we will be at **Zaidy's** in Cherry Creek, 121 Adams St. The meetings start at 7:30am for a bit of networking before the speaker begins, and the meetings last until 9:00am. We buy our own breakfast and sit at a table with the speaker. Questions for the speaker are welcome and encouraged.

Please **RSVP** to **SUE BORGOS** at [sborgos@ots-denver.com](mailto:sborgos@ots-denver.com).



Join APW members or prospective APW members at upcoming **Coffee Connections**.

Wish you had more time with APW members? Join Coffee Connections! Grab a cup of coffee, tea or breakfast and join other APW members and prospective members to share about your business and discuss business-related topics. These meetings are a great way to network and promote yourself. Leave when you need to, our end time is approximate. **RSVP Required!**

**There are two Coffee Connections locations, choose the one that's best for you:**

When: Friday, **November 16**, 8:30-10:00am

Where: **Maria Empanada**,  
1298 S. Broadway, Denver

RSVP: **SATI McLAFFERTY** at  
[sati@ambler-keenon.com](mailto:sati@ambler-keenon.com)

When: Friday, **December 21**, 8:30am-10:00am

Where: **Mangia Bevi Café**,  
6363 S. Fiddlers Green Circle,  
Greenwood Village

RSVP: **MOLLIE SAVAGE** at  
[Mollie.Savage@gcgfinancial.com](mailto:Mollie.Savage@gcgfinancial.com)

## Want to Get More Involved?

**Join one of our exciting Committees.** The annual committee fair will be held in **February of 2019**, but we encourage you to sign up at any time to join one of the committees below.

### **Membership Support Committee (Chair: GINNY TAYLOR)**

The Member Support Committee welcomes new members, hosts new member orientations and helps new members connect with others in the APW. They also brainstorm to create new programming such as Mastermind, Golf League, and After Hours Events. The committee meets the third Wednesday of every other month, over lunch. Contact: [ginny@ABetterViewDecor.com](mailto:ginny@ABetterViewDecor.com).

### **Networking Events Committee (Co-Chairs: KRISTI SULLIVAN & PAULINE HUDDLESON)**

The Networking Events Committee is responsible for planning our monthly networking luncheons in popular restaurants throughout the city. Members host these monthly luncheons, run the program, and introduce our guest speakers and sponsors. The committee meets on the first Tuesday of the month, over lunch. Contact: [Kristi@sullivanfinancialplanning.com](mailto:Kristi@sullivanfinancialplanning.com) or [phuddleson@msn.com](mailto:phuddleson@msn.com).

### **Alliance Foundation Outreach Committee (Co-Chairs: WILLY WILSON & JUDY SUTTON)**

The Alliance Foundation Outreach Committee is the community service arm of the APW. They provide volunteer opportunities for members that promote the health, welfare, education and employment of underserved women and children in our community. The committee meets in the evening of the first Wednesday of the month. Contact: [wilson@lifeunstill.com](mailto:wilson@lifeunstill.com).

### **Public Affairs Committee (Chair: SUE BORGOS)**

The Public Affairs Committee is dedicated to providing opportunities for members to become politically informed. The committee meets for breakfast on the third Wednesday of every month. Contact: [sborgos@ots-denver.com](mailto:sborgos@ots-denver.com).

### **The Communiqué Newsletter**

The Communiqué is the APW's monthly newsletter, distributed electronically at the beginning of every other month. It aims to help fulfill the APW's mission to connect women personally and professionally. We are always looking for members who want to write an article for an upcoming issue. Contact: [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org).

## NETWORKING LUNCHEON SPONSOR – SIGN UP NOW!

**Showcase your business!** The APW is ready to begin a new 2019 calendar year, and we have openings for members to sponsor networking lunches. They will fill up fast, so don't delay. **A Networking Luncheon Sponsor receives the following benefits:**

- Ten minute promotional presentation at the sponsored APW lunch meeting. Fee includes lunch for the sponsor and a guest. The sponsor will be asked to provide a small gift for a drawing during lunch (i.e. complimentary one-hour consultation, a gift certificate to a restaurant, etc).
- A full-page article or advertisement, written by you, in the newsletter, as well as a full-color business card size ad and link to sponsor website in the newsletter e-mail. This full-color, formatted newsletter e-mail is distributed to almost 1,000 professional women in Denver!
- Exclusive distribution/display of materials at place settings or on chairs at luncheon.
- Recognition as a sponsor on the APW website, providing an active link to your company website on the front page of [APWcolorado.org](http://APWcolorado.org). This 12-month listing will boost your own website's search engine ratings because APW consistently returns top level results in search queries.

The cost of a Network Luncheon Sponsorship is \$300. Sole Proprietors may split the cost and benefits of hosting a networking luncheon.

Networking Luncheons will be reserved on a first-come-first-serve basis, so reserve your month today by contacting **KERRY HAMMOND** at [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org) or 303-368-4747.

## APW Networking Opportunities

**WHAT:** NETWORKING EVENTS COMMITTEE MEETING  
**When:** Tuesday, **November 6**, and **December 4**,  
 11:30am–1:00pm  
**Where:** **Natural Grocers**, Colorado Blvd. and Evans  
**RSVP:** **KRISTI SULLIVAN** at  
[Kristi@sullivanfinancialplanning.com](mailto:Kristi@sullivanfinancialplanning.com)

**WHAT:** OUTREACH COMMITTEE MEETING  
**When:** Wednesday, **November 7**, and **December TBD**,  
 5:30pm–7:00pm  
**Where:** Home of **PAM FISCHER**, 2218 Franklin Street,  
 Denver, 80205  
**RSVP:** **WILLY WILSON** at [wilson@lifeunstill.com](mailto:wilson@lifeunstill.com)

**WHAT:** NOVEMBER NETWORKING LUNCHEON  
**When:** Thursday, **November 8**, 11:00am–1:30pm  
**Where:** **The Lumber Baron Inn & Gardens**,  
 2555 W 37th Ave., Denver  
**Cost:** Members \$38; non-members \$48  
**RSVP:** [CLICK HERE](#) to attend

**WHAT:** PUBLIC AFFAIRS COMMITTEE MEETING  
**When:** Wednesday, **November 21**, 7:30am–9:00am  
**Where:** **Maria Empanada**, 1298 S. Broadway, Denver  
**RSVP:** **SUE BORGOS** at [sborgos@ots-denver.com](mailto:sborgos@ots-denver.com)  
**Topic:** TBD

**WHAT:** COFFEE CONNECTIONS DENVER  
**When:** Friday, **November 16**, 8:30am–10:00am  
**Where:** **Maria Empanada**, 1298 S. Broadway, Denver  
**RSVP:** **SATI McLAFFERTY** at [sati@ambler-keen.com](mailto:sati@ambler-keen.com)

**WHAT:** DECEMBER NETWORKING LUNCHEON  
**When:** Thursday, **December 13**, 11:30am–1:00pm  
**Where:** **Brown Palace Hotel & Spa**, 321 17th St, Denver  
**RSVP:** Member Registration Only

**WHAT:** PUBLIC AFFAIRS COMMITTEE MEETING  
**When:** Wednesday, **December 19**, 7:30am–9:00am  
**Where:** **Zaidy's**, 121 Adams St., Denver  
**RSVP:** **SUE BORGOS** at [sborgos@ots-denver.com](mailto:sborgos@ots-denver.com)  
**Topic:** TBD

**WHAT:** COFFEE CONNECTIONS SOUTH  
**When:** Friday, **December 21**, 8:30am–10:00am  
**Where:** **Mangia Bevi Café**,  
 6363 S. Fiddlers Green Circle, Greenwood Village  
**RSVP:** **MOLLIE SAVAGE** at [Mollie.Savage@gcgfinancial.com](mailto:Mollie.Savage@gcgfinancial.com)

## New Members

**RHONDA BOLICH-LAMPO** - Founder/Owner, **The WELLthy People**, [rhonda@thewellthypeople.com](mailto:rhonda@thewellthypeople.com)

**KELSEY BOWERS** - **Moye White, LLP**, [Kelsey.Bowers@moyewhite.com](mailto:Kelsey.Bowers@moyewhite.com)

**LAURA HOOKER DANIELS** – Broker, **LIV Sotheby's International Realty**, [laurahkr@gmail.com](mailto:laurahkr@gmail.com)

**STACIE EDELMAN** – Broker, **Alpine Life Planning Strategies, Inc**, [sedelman@alps4ins.com](mailto:sedelman@alps4ins.com)

**BETH JOHNSON** - Attorney/Partner, **Moye White LLP**, [bethany.johnson@moyewhite.com](mailto:bethany.johnson@moyewhite.com), 303-292-2900

**JESSICA LANDAY** - **Harper Hofer & Associates, LLC**, [landay@harperhofer.com](mailto:landay@harperhofer.com)

**HOLY REEF** – Broker, **Remax Professionals**, [holly@reefc.com](mailto:holly@reefc.com), 303-356-6076

**ROSE STANDIFER** - **Moye White, LLP**, [Rose.Standifer@moyewhite.com](mailto:Rose.Standifer@moyewhite.com)

When you see these ladies at a luncheon, don't forget to welcome them to the group!

## New Member Profiles

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We like to do a little Q&A with our new members to get to know them better and find out what makes them tick. **Read on to find out about a few of our newest APW members.**

### **RHONDA BOLICH-LAMPO** - Founder/Owner, **The WELLthy People**

*Why did you join the Alliance of Professional Women?* I was looking for a professional women's networking group and was re-introduced to the APW at the Alliance Foundation luncheon. A few events later and I became a member. I've enjoyed meeting those women with whom I've connected already.

*What are your hobbies?* I love to cook and try new recipes. I also like to boat. I usually have 2-3 books that I am reading at any given time.

*What is your position/business?* I am the Founder/Owner of The WELLthy People. We teach people, by reducing stress and overwhelm, how to improve their health to a level even better than it is today. We believe your health is your #1 asset. If you don't take care of your body, where will you live?

*What is something that few people know about you?* I've studied Spanish, French, and Japanese.

### **KELSEY BOWERS** – Attorney, **Moye White, LLP**

*Why did you join the Alliance of Professional Women?* I joined the APW after discussing the organization with **LORNI SHARROW** (who had only wonderful things to say). I am looking forward to meeting professional women in Denver to build my personal and professional networks. I am also interested in the community outreach programs that focus on helping women to pursue higher education and obtain access to business opportunities.

*What are your hobbies?* My main hobby is playing sand volleyball. I played indoor volleyball in college at the University of Florida and really enjoy the more casual leagues in Denver. Ironically, I play more beach volleyball in Colorado than I ever did in Florida.

*What is your position/business?* I have been an attorney at Moye White LLP since January 2018.

*What is something that few people know about you?* While I love almost everything about Denver, I actually miss the humidity in Florida.

### **BETH JOHNSON**, Attorney/Partner, **Moye White LLP**

*Why did you join the Alliance of Professional Women?* I am a returning member. While on hiatus, I really missed the Alliance Foundation's Community Outreach and the amazing connections I made in the APW. There are so many wonderful, talented women with great stories to tell. It helps me feel inspired!

*What are your hobbies?* Hiking, Travel, Skiing. I love the beach, and I am always thinking about my next great adventure. I also love reading. Mostly pop fiction because I spend my days reading very detailed documents.

*What is your position/business?* I am a Partner in Moye White's Real Estate Group. While I maintain a full-service real estate practice, I spend the majority of my time representing commercial landlords and property owners in connection with office, retail, and industrial leasing matters and related projects.

*What is something that few people know about you?* I love planning travel, even for other people. I enjoy doing all the research and legwork and just the thought of going somewhere new is exciting—even when I am not the one actually going. I find it strangely relaxing. I also have a knack for throwing great murder mystery parties.

*Continued on Page 11*

## Member News &amp; Information

## New Member Profiles

Continued from Page 10

### ROSE STANDIFER – Attorney, **Moye White, LLP**

*Why did you join the Alliance of Professional Women?* I am new in town and looking to meet other professional women to start building a local network for both personal and business relationships.

*What are your hobbies?* Right now my two kids, who are both under 5. When I can find the time, running and generally being outdoors.

*What is your position/business?* I am a corporate lawyer and business advisor to start-ups.

*What is something that few people know about you?* I played rugby for six years, all four years of college and then continued playing competitively for two years.

### STACIE EDELMAN, Broker, **Alpine Life Planning Strategies, Inc.**

*Why did you join the Alliance of Professional Women?* I joined the Alliance of Professional Women because I recently started a new career and would love to meet other amazing professional women!

*What are your hobbies?* I love to spend time with my 2 boys (ages 2.5 and 4.5), cook, eat at new restaurants, and read.

*What is your position/business?* I am a licensed and certified broker with an independent health insurance brokerage called Alpine Life Planning Strategies, Inc. I help folks with Medicare, individual health insurance, and small business health insurance.

*What is something that few people know about you?* I spent a summer in college interning with a Member of Parliament in the UK.

## Hot off the Press: Member News

**Ku Interior Design** has been voted **one of the top 3 Interior Designers in Denver by Three Best Rated**. Ku Interior Design was rated on a rigorous 50-Point Inspection and chosen for providing consistent high quality.

**Congratulations MICHELLE KU!**

## New Member Referrals

Receive a **FREE ad for referring new members to the APW!** In an organization like the APW, we depend on referrals to increase our membership. As a small thank you for referring a new member, you will receive a complimentary business card ad in the next Communiqué. If you are a Networking Connections Member, we will increase your business card ad to a quarter page ad in the next newsletter.

We want to thank **NANCY GAINES** of **Gain Advantages Inc.** for referring **RHONDA BOLICH-LAMPO** and **MELISSA RICHARDS** of **LIV Sotheby's International Realty** for referring **LAURA HOOKER DANIELS**.

If you're an APW Member and would like to write an article for an upcoming issue of the APW newsletter, the Communiqué, please contact Kerry Hammond at [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org).

[\[Back to What's Inside\]](#)

## Anniversaries

The APW wishes to **recognize** and **thank** the following women who joined The Alliance of Professional Women in November or December. We greatly appreciate your continued support of our organization.

18 years	<b>ELIZABETH MOORE, Ryan, Gunsauls &amp; O'Donnell, LLC</b>
14 years	<b>KATHERINE MOELLER, Ryan, Gunsauls &amp; O'Donnell, LLC</b>
11 years	<b>DEBRA NEELY, Citywide Banks</b> <b>SANDRA ABEYTA, MountainStorm Insurance Company</b> <b>SHERE CHAMNESS, REALART</b>
10 years	<b>LORNI SHARROW, Moye White, LLP</b>
6 years	<b>LESLIE GARSKE, Divorce Resource Centre of Colorado</b> <b>DEBORAH O'NEIL, Assured Equity Management Corporation</b>
5 years	<b>LEE LIPNISKIS, Core Contractors</b> <b>SYDNEY LAPIDUS, Qb Worx Consulting</b>
4 years	<b>PAM FOLEY, Pamela Foley Consulting</b> <b>GINA MILLER, Wipfli/Bauerle</b>
2 years	<b>MOLLIE SAVAGE, GCG Financial, Inc.</b>
1 year	<b>VANITA BELLEN, True North Coaching and Consulting</b> <b>SHANNON BENNETT, Crowe LLP</b> <b>CAROL CORE, Security First Financial</b> <b>NANCY GAINES, Gaines Advantages Inc.</b> <b>MARIAN LEE, Career Reinvention, LLC</b> <b>JEANNE RAMSAY, Wilson Group Real Estate</b>

## APW Thanks!

### October Networking Luncheon

We had a wonderful luncheon at **Lola Coastal Mexican** in Denver in October, and we had the entire restaurant to ourselves. We greatly thank our Luncheon Sponsor, **JILL KLANCKE** of **Klancke & Cook**, Attorneys at Law. Jill talked to us about how much her clients and their wishes mean to her. The law firm that she and her husband **DAVID COOK** created helps people plan for the inevitable by guiding them through wills, trusts, powers of attorney, and healthcare and end of life planning. Stay tuned for information about the next "Mom Always Loved YOU Best!" seminar.

Our two co-hosts were **KRISTI SULLIVAN** of **Sullivan Financial Planning, LLC**, [Kristi@sullivanfinancialplanning.com](mailto:Kristi@sullivanfinancialplanning.com), and **LYNNE AMERSON** of **Janiczek Wealth Management**, [lamerson@janiczek.com](mailto:lamerson@janiczek.com). They did a great job of planning and hosting this luncheon.

We also thank our door prize donors: **JILL KLANCKE** of **Klancke & Cook** gave away a gift card to Lola, **CHELSEY BURNS** of **Mindful Health Coaching, LLC** gave away handmade aroma therapy bracelets and essential oils, and **JAYNE SANDERS** of **Purpose Wisdom** gave away a Celestial Tea gift basket. We also gave away two tickets to the Comedy Works, donated by the **Comedy Works**, and a gift certificate to Lola, donated by the restaurant.



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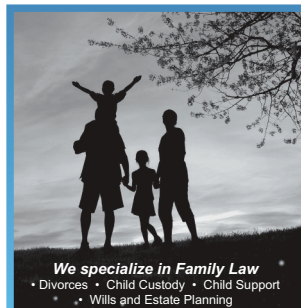
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