



COMMUNIQUE

What's Inside

6th Annual Helping Women + Changing Lives Luncheon.....	1-3
Membership Renewal.....	1-2
Fun Facts	2
October Networking Luncheon	3
From our October Luncheon Sponsor, Leigh Miller	4
From our October Luncheon Sponsor, Pam Foley	5
APW Holiday Market Thursday, November 9	5
Design Health.....	6
Public Affairs is Back!	7
Coffee Connections	7
Get Involved!	8
Networking Luncheon Sponsors Sign Up Now!	8
NEWS AND INFORMATION:	
Alliance Networking Events, Member News and Information	9-11
Business Source	12-15
Calendar	16



KERRY HAMMOND

THE ALLIANCE OF PROFESSIONAL WOMEN

Executive Director

Kerry Hammond 303-368-4747
 E-Mail: execdir@apwcolorado.org
 Website: www.apwcolorado.org
 P.O. Box 480384, Denver CO 80248

Connecting Women Personally, Professionally and Philanthropically



Helping Women + Changing Lives Luncheon

Thursday, September 14, 2017,
 from 11:30am - 1:00pm

PPA Event Center, 2105 Decatur Street, Denver

Registration and networking start at 11:30 am, and our program starts at noon.

Cost: No Charge **Impact:** Priceless

The **6th Annual Alliance Foundation Helping Women + Changing Lives Luncheon** is taking place on Thursday, **September 14**. This annual luncheon is the fundraising event of the year for The Alliance of Professional Women's philanthropic arm, The Alliance Foundation.

The mission of The Alliance Foundation is to support programs that improve the status and quality of life for women and children by helping them achieve self-sufficiency and economic independence. **We fund the following:**

- Scholarships to 3 Denver women in their Junior and Senior years of college.
- Local community outreach projects to help promote the health, welfare, education, and employment of underserved women and children in the Denver area.
- Village Banks that make microloans available to women in developing countries who are starting or expanding a business.

This luncheon supports all these worthy causes, and we cannot do it without your help.

The luncheon is free to attend, and we hope that enough generous donations are given at the luncheon to continue to fund these projects in the future.

This year we will celebrate with a special guest speaker, **REBECCA S. CHOPP**, the 18th Chancellor of the University of Denver, and the first female Chancellor in the institution's history. Having traditional Kansas farm roots, Chancellor Chopp often points out that her parents didn't think girls should go to college; but not only did she persevere, she excelled in academia. From provost at Emory University to dean at Yale Divinity School to the president at both Colgate University and Swarthmore, and now DU chancellor, she became the first woman to hold each of her past five jobs. She is a widely published author and editor, a distinguished scholar in religion and politics and a fitness enthusiast. She loves people and is forever curious about what people need, want and hope for their lives.

If you have not signed up for the luncheon through an APW Table Captain, but would like to attend, please RSVP HERE.

**CLICK HERE
 TO REGISTER NOW**

Communiqué Committee

Kerry Hammond, Editor
Chelsey Burns, Co-Editor
Sandy Smith, Co-Chair

Communiqué Sponsors

Sandy Smith/Alexander Smith Design
www.alexandersmithdesign.net

Fun Facts

Did you know that members can add items to the APW website calendar? If you have an event you're sponsoring and you want to let other members know, you can log in to your member account and add the information to the community calendar.

You can also post your events on our Facebook page to let other APW members know what you're up to. "Like" us on Facebook and follow our posts too.

Corporate Members

KUAN YIN MEMBER
Harper Hofer & Associates, LLC

CERRID MEMBERS
Alexander Smith Design
Bauerle and Company, P.C.
Creative Financial Staffing
Eide Bailly
FirstBank
Lutz Zuber & Associates
Moye White LLP
REALART
Ryan, Gunsauls & O'Donnell, P.C.
University College University of Denver

Be advised that the Communiqué is not private, only the APW Member Directory is restricted to members only, and can be viewed on the Internet.

Helping Women + Changing Lives Luncheon

Continued from Page 1

If you are **unable to attend** the Helping Women + Changing Lives Luncheon, **but would like to contribute to this great cause,** please **CLICK HERE** to visit our donation website Colorado Gives. At this website, all you need to do is click "DONATE NOW" to enter your information. You will receive acknowledgment of your donation and tax information as well.

CLICK HERE
TO VISIT OUR
DONATION WEBSITE
Colorado Gives

We are grateful for your support, and we look forward to seeing you there!

Our Year of Philanthropy

Your generous donations at the Helping Women + Changing Lives Luncheon have made a huge difference. Here are some of the great things The Alliance Foundation has accomplished this year.

The Village Bank Program

We funded two \$5000 village banks, one in Guatemala and one in the Philippines. These small micro-loans help women in developing countries get the financing they need to fund their businesses and care for their families. The Alliance Foundation has funded more than 20 Village Banks over the years and helped thousands of women.

Scholarships

The Alliance Foundation awards scholarships to women in their junior and senior years attending the Colorado Women's College - University of Denver, Metropolitan State University, and Regis University. The scholarships help women overcome financial hurdles that may otherwise prevent them from graduating from college and achieving their goals.

Each year the Foundation has been able to award three \$3000 scholarships to students. We have seen our students graduate and move on to successful careers in the nearly ten years of this program.

Local Outreach

The Alliance Foundation's Local Outreach program coordinates volunteers and also provides funds where needed for organizations in the Denver area.

This year, the funds raised allowed us to purchase, wrap, and deliver holiday gifts to 47 women and children at Arapahoe House, an addiction treatment center, and Excelsior, a Youth Center. Thanks to the donations from our members, we continue to provide school supplies for Arapahoe House so the kids have what they need for school. We also made a \$500 donation for a much-needed security system for Arapahoe House.

We created 30 birthday bags, which contained everything needed for a child's birthday party, for the CASA (Court Appointed Special Advocates) program.

Continued on Page 3

[\[Back to What's Inside\]](#)

Leadership

EXECUTIVE COMMITTEE

Sheila Drew, President
Creative Financial Staffing of Colorado

Leslie Garske,
Immediate Past President
AXA Advisors

Tracie Romero, Secretary
Design Health Concierge

Leah Dirks, Treasurer
FirstBank

Chelsey Burns, At Large
Mindful Health Coaching, LLC

Vanda Dyson, At Large
DYCO Diversified

Pam Fischer, At Large
Design a la Carte, Inc

Cari Harris, At Large
Etcetera

Dana Lynch, At Large
Elements of Image

Melissa Richards, At Large
LIV Sotheby's International Realty

BOARD MEMBERS

Sheila Drew, President
Creative Financial Staffing of Colorado

Leslie Garske,
Immediate Past President
AXA Advisors

Tracie Romero, Secretary
Design Health Concierge

Leah Dirks, Treasurer
FirstBank

Lynne Amerson, At Large
Chasefield Capital

Chelsey Burns, At Large
Mindful Health Coaching, LLC

Vanda Dyson, At Large
DYCO Diversified

Pam Fischer, At Large
Design a la Carte, Inc

Pamela Foley, At Large
REnew and REdo Holistic Décor

Kelle Graham, At Large
Rocky Mountain Jewelers

Cari Harris, At Large
Etcetera

Lauren Kaplan, At Large
Rodan + Fields

Leigh Miller, At Large
Juice Plus +

Lee Lipniskis, At Large
Core Contractors

Dana Lynch, At Large
Elements of Image

Melissa Richards, At Large
Liv Sotheby's International Realty

Julie Sequeira, At Large
J. Sequeira Agency

Kelly Snodgrass, At Large
Willoughby & Associates

Ginny Taylor, At Large
A Better View Décor

EMERITUS BOARD MEMBERS

Emilie Ailts, Melinda Harper,
and Charlene Wilson

Helping Women + Changing Lives Luncheon

Continued from Page 2

Volunteers served 3 shelter meals at Delores Project, a local shelter that provides safe shelter and personalized services for unaccompanied women and transgender individuals. We also surprised Delores Project by purchasing everything on their Amazon wish list, sending it directly to the shelter. In addition, we have purchased and delivered personal care products and much-needed supplies for the residents at Delores Project.

We sponsored the 2017 Girls on the Run 5K Race, providing a water stop for over 2000 runners and the happy hair station for approximately 500 girls.

We provided senior photos free of charge for 16 girls at New Legacy Charter School, an organization that empowers teen parents and provides child care as well as an education, along with positive parenting skills for their students. For that same organization, we also provided buses and lunches that allowed 30 kids to visit local college campuses so that they can find out the necessary steps to continue their education once they graduate.

Your donations at the September 14th luncheon will allow us to have another amazing year of philanthropy!

October Networking Luncheon

Join us on October 12, for another **great Networking Luncheon**. Our Networking Committee, the ladies who put on the great lunches each month, have secured us a location at the **Rhein Haus on Market Street** for some German fare and Oktoberfest celebration. Details will be on the website soon.

You can also watch the weekly What's Happening emails for the menu and registration link. The Monday morning "What's Happening" emails are always full of upcoming events, so be sure to read them.



Our October Luncheon will have a **New and Prospective Member Orientation Meeting**.

Our October orientation starts at 11:00 am.

Open networking begins at 11:30, and we sit at noon for lunch and announcements.

We will also hear from our October **Luncheon Sponsors** **LEIGH MILLER of Juice Plus+** and **PAM FOLEY of REnew and REdo**.

Our events are open to guests; in fact, we allow a guest to join us for up to three events, after that we ask you to join our membership to continue.

[\[Back to What's Inside\]](#)

From our October Luncheon Sponsor, Leigh Miller

Just what is the SHRED10?

I'm so glad you asked! There have been a growing number of "SHRED10ers" in the APW and for good reason. The SHRED10 works! It's NOT a weight loss program, but rather a "restart" program. The idea is to "shred" habits that don't serve you well and replace them with new habits that do.

Ten days is long enough to get real results and short enough to stay disciplined for success. By fueling your body with essential nutrients, you will be getting a jumpstart to reach your health goals. During the 10 Day period, you will shed unhealthy habits and focus on clean living, followed by a 4 month period when you will continue your own personal education and establish long-term, healthy habits that will revolutionize your life.

SHRED10 Guidelines:

ADD:

- More real food (Juice Plus+ trio capsules are an ideal addition)
- Two Complete Shakes a day
- Plenty of water
- Sleep 7-8 hours
- Exercise most days

ELIMINATE:

- Gluten
- Dairy
- Caffeine
- Alcohol
- Processed Foods
- Artificial & Refined Sugars
- Eating after 6 pm (unless you are lactating or working a night shift)

During this time period, you will be a part of a community that will support and encourage you and you will learn why the above are eliminated, which is VERY empowering. For instance, why eliminate gluten? Gluten is a general name for the proteins found in wheat products. Gluten is not easily broken down into a protein source our bodies can use because it is tightly held together. Not only is it largely unstable, but when proteins aren't broken down properly, the immune system can see them as invaders and send signals to the body to attack, creating inflammation that can lead to the development of MS, asthma, Crohn's, type 1 diabetes, etc. Knowing how your body treats gluten makes it much easier to resist.

Why is SHRED10 so unique?

- Simple guidelines that are easy to follow
- No calorie counting or food deprivation
- Products that make sense and are backed by clinical research
- Safe for the whole family
- Incredibly affordable
- Dynamic resources and customer care
- Supportive community of friends

SHRED IT.

It begins with you. Be a part of the Healthy Living Revolution by committing to 10 days of shredding the habits that are not serving you and embracing healthy lifestyle changes. You will get encouragement from top medical, nutrition and fitness professionals, as well as resources to help you make the most of your journey.

LIVE IT.

After the 10 days are over, you can be proud that you have successfully completed the most intense period and are now ready to move forward with more mindfulness of how your habits affect you. With this foundation of whole-food nutrition, you will continue to flood your body with nutrition from 45 fruits, vegetables, and berries every day with the JuicePlus+ trio.

SHARE IT.

SHRED10 is part of a grass roots revolution to inspire healthy living around the world. It doesn't run TV or internet ads but relies on others to share their experience and inspire those they care about to take control of their health.

I am happy to share with you the resources (cookbook, shopping lists, snack ideas, tracker) to help make this program as much of a success for you as it has been for other APW members. For me, I really connected the dots between how I care for myself and how I feel and look. It was really eye opening!

I welcome any questions you may have and encourage you to watch the short video: www.Shred10.com. Our next group is starting **September 5th** and I'd love for you to be a part of it!

To your health!

LEIGH MILLER
720-272-2853
www.MillerJuicePlus.com



From our October Luncheon Sponsor, Pam Foley

At **REnew and REdo**, we take a full-service approach to all things real estate. With a complete offering of interior design, remodeling, and traditional real estate services, our clients can be assured that we have the best for them at every turn as they go through the exciting, and sometimes stressful, real estate buying and selling process.

Our resident agent, **PAM FOLEY**, is a former attorney who has sold more than 50 homes in the past couple of years. Using that experience, and what she gained negotiating over 1,000 agreements during her law practice, gives her an advantage that other agents can't match!

Our team specializes in two types of clients: those who want to sell their homes for more money and faster, and those who wish to find a home in a great neighborhood and then turn it into their dream space. For sellers, we prepare a home for sale using our remodeling and interior design skills. This makes the home appealing to all five senses of a potential buyer. And when they come into your home and feel it, they will pay more. For Buyers, we can help you find a home in a great neighborhood. No worries if it isn't perfect – we can design a dream space and make it come alive for you.

When you are ready to live in a space that makes you feel relaxed, focused and at peace, call REnew and REdo!

PAM FOLEY, Owner, Home Specialist, **REnew and REdo**
pam@renewandredo.com
 720-560-9568



APW Holiday Market • Thursday, November 9



Be a Vendor at the November Networking Luncheon

Last year's Holiday Marketplace was such a success that we are hosting another this year. Come help APW members get ready for the holidays by selling your products and services at our 2017 Holiday Market.

We will be lunching and shopping at the beautiful **Lumber Baron Inn & Gardens**, 2555 W 37th Ave, Denver, CO 80211.

Our ideal vendor will have something available on the day for our members to purchase for holiday gifts. This can include gift certificates, trinkets, and other exciting packages!

REGISTRATION is OPEN to APW Members and Non-Members. CLICK HERE to Register NOW

CLICK HERE TO REGISTER NOW

The Advantage to Each Vendor:

- Captive audience of approximately 65-75 women
- Great networking and marketing for new clients
- Month-long advertising in the APW What's Happening emails and on the APW Facebook page

The Details:

- Each table is \$75 for APW members and \$125 for non-members.
- Vendors of the same product may share a table.
- Tables are on a first come first served basis until sold out.
- Luncheon cost is at the member price of \$35 for all vendors.
- Selling will be from 11:00 am to 12:00 pm and 1:00 pm to 2:00 pm. There is no selling during the lunch or speaker.

This is an excellent opportunity to reach out to professional women just before the holiday season (and to add new clients to your list for future sales). We look forward to having you join this exciting event!

PLEASE NOTE: This is registration for a vendor table, each vendor must also register for the luncheon separately (once that registration opens).

Table registration deadline is October 15.

[\[Back to What's Inside\]](#)



Health Insurance Made Clear, Simple and Easy

Your Health Insurance plan should be personalized and affordable

Buying a plan in the new health marketplaces is supposed to be easy as buying car insurance. But if you've tried it, you know it can be difficult to compare plans or **know exactly what you're buying**. This is especially true if you're used to having a company group plan where you didn't have to understand the policy details.

At Design Health, we believe **you shouldn't have to go it alone when you're buying an individual health insurance plan**.

Here's what we can do for you:

1.

We'll work with you to find a policy that fits your needs. You tell us your budget and what services are important to you. We'll help you get a personalized health plan in the marketplace or by the carrier. You won't have to spend another minute of frustration trying to navigate the marketplace on your own.

2.

You won't have to figure out the rules and regulations on your phone anymore. We'll help determine your eligibility and provide clear and easy health insurance solutions

3.

We'll handle your health insurance questions. You'll get personalized help with any questions you have on policy details, benefits and billing. Need to switch to a different plan? We can handle that, too.



Here's just a few benefits of working with a Design Health Concierge:

- A customized health plan just for you and your family
- Peace of mind about your health plan and coverage
- Your personal privacy and information is always managed in a discreet and professional manner
- Access to your healthcare plan immediately
- Clear answers and help with all your health insurance questions
- You'll be delighted throughout the entire process!

The bottom line: We make sure you are taken care of every step of the way. No one goes it alone with Design Health Concierge.

**Please call
Tracie Romero at 720-250-9434 or email her at
Tracie.Romero@DesignHealth.com**

Public Affairs is Back!

Our Public Affairs Committee is back and all new.

Meetings will be the **third Wednesday of every month**. Join us for a cup of tea and breakfast and hear our next speaker.

When: The next meeting is **September 20, 2017**, at 7:30 am

New Location: **Capital Tea**, 1450 S. Broadway, Denver

Our guest speaker for September will be **Representative DAFNA MICHAELSON JENET**, who represents District 30 in the State Legislature.

Check out her website: <https://leg.colorado.gov/legislators/dafna-michaelson-jenet>.

PLEASE RSVP to the Committee Chair **SUE BORGOS** at sborgos@ots-denver.com or 720-334-0231

The **October Public Affairs Committee meeting** will be held on Wednesday, **October 18**. The speaker information will be available on our website soon, so stay tuned.



Wish you had more time with APW members? Join Coffee Connections! Grab a cup of coffee, tea or breakfast and join other APW members and prospective members to share information about your business and discuss business-related topics. Leave when you need to, our end time is approximate.

Join APW members or prospective APW members at the following upcoming Coffee Connections.

When: Friday, **September 15**, 8:30 am to 10:00 am

Where: **Capital Tea**, 1450 S. Broadway, Denver

RSVP: **LEIGH MILLER** at millerleigh13@gmail.com or 720-272-2853

When: Friday, **October 20**, 8:30 am to 10:00 am

Where: **Mangia Bevi Café**, 6363 S. Fiddlers Green Circle Greenwood Village

RSVP: **LAUREN KAPLAN** at lauren@thekaplans.com or 303-912-2576

When: Friday, **October 20**, 8:30 am to 10:00 am

Where: **Panera Bread** located in The Shops at Walnut Creek, 10450 Town Center Dr., Westminster

RSVP: **CHELSEY BURNS** at Chelsey@bemindfullyhealthy.com or 303-748-1526

Luncheon Sponsors

Tracie Romero
Design Health

August 2017

Chelsey Burns
Mindful Health Coaching, LLC

July 2017

Alliance Foundation

June 2017

University College University
of Denver

April 2017

Chrysta Baire,
Live Love Work

March 2017

Leslie Garske,
AXA Advisors, LLC.

February 2017

Lee Weisbard, DDS
Weisbard Dental

November 2016

Patsy Butterfield

HM Brown Auto Brokers

October 2016

Leigh Miller, Juice Plus+

August 2016

Lee Lipniskis, Core Contractors

July 2016

Alliance Foundation

June 2016

Jill Klancke

Klancke and Cooke,
Attorneys at Law

April 2016

Pamela Foley, Well and Company

March 2016

Ky Agnew, CSA

PASCO-Personal Assistant
Services of Colorado

February 2016

Lorni Sharrow, Moye White

November 2015

Kristi Sullivan

Sullivan Financial Planning

October 2015

Cari Harris and Megan Henson
Etcetera

August 2015

Pamela Wilson

The Care Navigator

July 2015

Interested in becoming a Networking
Luncheon Sponsor? Call 303-368-4747

Get Involved!

The **APW Board of Directors** maintains the integrity of the APW mission to connect women personally, professionally and philanthropically.

The mission of the Alliance of Professional Women Board of Directors is to provide the fiscally responsible leadership, operational strategy and policy review for the Alliance of Professional Women.

Are you interested in serving? Contact Executive Director, **KERRY HAMMOND**, at execdir@apwcolorado.org for more information.

Networking Luncheon Sponsors – Sign Up Now!

Showcase your business at an APW monthly networking luncheon. A new year is coming and that means we have plenty of luncheons available for sponsorship in 2018, but they sell out fast.

A Networking Luncheon Sponsor receives the following benefits:

- A ten-minute promotional presentation at the sponsored APW luncheon.
- Lunch for the sponsor and lunch for a guest. (Sponsor will be asked to provide a small gift for a door prize drawing during lunch.)
- Newsletter sponsorship, which includes a full-page article in the newsletter as well as a full-color business card size ad and link to your website in the newsletter. This full-color, formatted newsletter email is distributed to over 1,000 professional women in Denver and is also available on our website.
- Exclusive distribution/display of materials at place settings or on chairs at luncheon.
- Business cards or electronic spreadsheet of all luncheon attendees collected and sent to you after luncheon upon request.
- An active link to your company website on the front page of APWcolorado.org. This 12-month listing will boost your own website's search engine ratings because the APW consistently returns top level results in search queries.
- A thank you for your sponsorship mention in the next Communiqué following the luncheon.

The cost of a Network Luncheon Sponsorship is \$300. Sole proprietors may split the cost and benefits of hosting a networking luncheon.

Networking Luncheon Sponsorships will be reserved on a first-come-first-served basis, so reserve your month today by contacting **KERRY HAMMOND** at (303) 368-4747 or execdir@apwcolorado.org.

Alliance Networking Opportunities

WHAT: NETWORKING EVENTS COMMITTEE MEETING

When: Tuesday, **September 5**, and **October 3**,
11:30 am – 1:00 pm
Where: **Natural Grocers**, Colorado Blvd. and Evans
RSVP: **KRYSTAL THOMPSON** at krystal@westandmainhomes.com

WHAT: OUTREACH COMMITTEE MEETING

When: Wednesday, **September 6**, and **October 4**,
5:30 pm – 7:00 pm
Where: The home of **PAM FISCHER**
2218 Franklin Street, Denver
RSVP: **WILLY WILSON** at wilson@lifeunstill.com

WHAT: HELPING WOMEN+ CHANGING LIVES ANNUAL LUNCHEON

When: Thursday, **September 14**, registration 11:30;
program 12:00 pm – 1:00 pm
Where: **PPA Event Center**, 2105 Decatur Street, Denver
Cost: FREE
RSVP: **REGISTER HERE** if you have not registered
through a Table Captain

WHAT: COFFEE CONNECTIONS—CENTRAL DENVER

When: Friday, **September 15**, 8:30 am to 10:00 am
Where: **Capital Tea**, 1450 S. Broadway
RSVP: **LEIGH MILLER** at millerleigh13@gmail.com

WHAT: PUBLIC AFFAIRS COMMITTEE MEETING

When: Wednesday, **September 20**, 7:30 am
Where: **Capital Tea**, 1450 S. Broadway
RSVP: **SUE BORGOS** at sborgos@ots-denver.com
Topic: Speaker: Representative **DAFNA MICHAELSON JENET**

WHAT: OCTOBER NETWORKING LUNCHEON

When: Thursday, **October 12**, 11:30 am – 1:00 pm
(11:00 am New Member Orientation)
Where: **Rhein Haus**, 1415 Market Street, Denver
RSVP: Registration Link Coming Soon
Sponsors: **LEIGH MILLER** of **Juice Plus+** and
PAM FOLEY of **REnew and REdo**

WHAT: PUBLIC AFFAIRS COMMITTEE MEETING

When: Wednesday, **October 18**, 7:30 am
Where: **Capital Tea**, 1450 S. Broadway
RSVP: **SUE BORGOS** at sborgos@ots-denver.com
Topic: TO BE DETERMINED

WHAT: MEMBER SUPPORT COMMITTEE MEETING

When: Wednesday, **October 18**, 11:00 am
Where: **Café France**, 8081 E Orchard Rd., Denver
RSVP: **LAUREN HULSE** at lauren@hulselawfirm.com

WHAT: COFFEE CONNECTIONS—SOUTH

When: Friday, **October 20**, 8:30 – 10:00 am
Where: **Mangia Bevi Café**, 6363 S. Fiddlers Green Circle,
Greenwood Village
RSVP: **LAUREN KAPLAN** at lauren@thekaplans.com

WHAT: COFFEE CONNECTIONS—NORTHWEST

When: Friday, **October 20**, 8:30 am to 10:00 am
Where: **Panera Bread** located in The Shops at Walnut
Creek, 10450 Town Center Dr., Westminster
RSVP: **CHELSEY BURNS** at Chelsey@bemindfullyhealthy.com

WHAT: SPEED NETWORKING

When: Thursday, **October 26**, 4:30 pm to 6:30pm
Where: **Liv Sotheby's International Realty**,
8000 E. Belview Ave., Greenwood Village CO 80111
Cost: \$15 for Members and \$20 for Non-Members
RSVP: REGISTER NOW

New Members

JENNIFER PALMER - Owner & Certified Senior Advisor,
Griswold Home Care, (303) 500-3336,
jennifer.palmer@griswoldhomecare.com.

Hot off the Press: Member News

Sullivan Financial Planning, LLC has been **voted a top Financial Advisor in Denver!** Expertise, an organization that specializes in creating lists of the best local professionals across the US, has created a listing for the best Financial Advisors in Denver. Out of 155, they chose 18 financial advisors, scoring them on more than 25 variables across five categories. They analyzed the results to give a hand-picked list of the best financial advisors in Denver, CO. APW Member **KRISTI SULLIVAN** founded Sullivan Financial Planning in 2007. The company is based in Denver and serves the surrounding regions with over 16 years of experience. They focus on each client's unique financial situations and needs to ensure the best advice and recommendations. They work on fee-based services that are meant to ensure customers don't receive a sales pitch for insurance or investments as well as a lack of conflict of interest from a possible commission. The company provides services that include financial planning for wealth managers, financial wellness classes, and personal financial planning packages. Kristi is a Certified Financial Planner™ and a member of the Woman's Estate Planning Council, The Alliance of Professional Women, the Financial Planning Association, and the Denver Alumnae of Chi Omega.

We are also pleased to announce that **SAMANTHA DARDANO** has **won the 2017 Five Star Real Estate Agent award!** By earning this exclusive honor, Samantha has proven her commitment to her profession and to her clients. Five Star Professional partnered with 5280 magazine to recognize a select group of Denver-area real estate agents who provide exceptional service to their clients. This group of outstanding Denver professionals is featured in the September issue. Real estate agents are measured using an objective, in-depth research methodology with significant focus on customer feedback and overall satisfaction. Congratulations Sam!

If you're an APW Member with news to share, email
KERRY HAMMOND at execdir@apwcolorado.org

Anniversaries

The APW wishes to **recognize** and **thank** the following women who joined The Alliance of Professional Women in September or October. We greatly appreciate your continued support of our organization.

26 years

SANDY SMITH Alexander Smith Design

19 years

ANNE ANGERMAN Career Matters

13 years

DANA LYNCH Elements of Image

10 years

LAURA SRICH Eide Bailly, LLP

7 years

ANNE MOORE The Avatar Course

5 years

VANDA DYSON DYCO Diversified

SHARI LUTZ Lutz Zuber & Associates, LLC

3 years

GRETCHEN MOORE Harper Hofer & Associates, LLC

2 years

SIGRID SWERDLIN

1 year

ALYSSA ANDERSON University College University of Denver

LAURA FROSETH University College University of Denver

TRACEY MUOIO University College University of Denver

ALINA NIKISHINA Insperience Business Services

CHRISTINA RUBY GHD

KATIE SCHEXNIDER Creative Financial Staffing

CATHERINE TIDD Social Seed Marketing

APW Thanks!

July Networking Luncheon

We returned to **The Blackbird Public House** in July. We had our own little side room at the restaurant and enjoyed their signature blistered Brussel sprouts once again. Our Luncheon Sponsor was **CHELSEY BURNS** of **Mindful Health Coaching, LLC**, www.bemindfullyhealthy.com. Chelsey told us a very personal and very brave story about her own health in order to illustrate the importance of a healthy diet, a healthy mind, and a healthy lifestyle. As a holistic health coach, she told us about the effects of stress on the body and led us through breathing exercises that anyone can do at any time of the day, to get a little bit of stress out of our systems. Once you've done your breathing, you can read on.

Our luncheon hosts were **PAM FOLEY** of **REnew and REdo**, www.renewandredo.com, and **MARY ZILHAVER** of **Rodan + Fields**, www.mzilhaver.myrandf.com, who did a great job hosting the event.

Our door prizes were wonderful and we thank our donors: **CHELSEY BURNS** of **Mindful Health Coaching, LLC** gave away a copy of the book *Mindfulness, An Eight Week Plan for Finding Peace in a Frantic World* by **MARK WILLIAMS** and **DANNY PENMAN**, and **RENE DiBENEDETTI** of **René's Maison des Fleurs** gave away a beautiful flower arrangement.

August Networking Luncheon

We traveled to Littleton in August to try out a new-to-us restaurant, **Angelo's Taverna**. We thank our Luncheon Sponsor **TRACIE ROMERO** of **Design Health**, www.designhealth.com. Tracie also told us a very personal story about her health and shared with us the ever increasing need for a health plan to fit the individual. Tracie made us laugh when she admitted her deep, dark secret: health insurance is her passion. Being passionate about what you do doesn't just mean you love your job, in Tracie's case it also means she loves her clients and is determined to take care of them in the best and healthiest way possible.

Thank you to our hosts **ALLYN BADER BARCLAY** of **Discover You** and **Arrow Performance Group**, **KRYSTAL THOMPSON** of **West + Main Homes**, www.westandmainhomes.com, and **HEIDI ELKINS**. Thanks ladies for making this such a fun event.

We also thank our door prize donors: **TRACIE ROMERO** of **Design Health** gave away a very nice bottle of wine, and **RENE DiBENEDETTI** of **René's Maison des Fleurs** gave away a beautiful flower arrangement.

New Member Referrals

Sending out huge **thanks to our members for all the great referrals** to The Alliance of Professional Women!

Thank you to the following APW members who have referred a brand new APW member since our last Communiqué. We are grateful to **TRACIE ROMERO** for referring **JENNY RENARD**. We appreciate you sharing our fabulous organization and are pleased to run your business card ad as a small token of our appreciation in an upcoming newsletter.

Receive a **FREE** ad for **referring new members to the APW!** In an organization like the APW, we depend on referrals to increase our membership. As a small thank you for referring a new member to the APW, you will receive a complimentary business card ad in the Communiqué.

Business Sources

THE ALLIANCE OF PROFESSIONAL WOMEN'S COMMUNIQUE

Planning for Peace of Mind



Trusts & Estates Attorneys

- Estate Planning & Probate
- Protecting Against Financial Fraud
- Planned Giving

Moye|White LLP Attorneys at Law

contact Loni Sharrow
16 Market Square 6th Floor 1400 16th Street
Denver CO 80202-1486
tel 303 292 2900 fax 303 292 4510
www.moyewhite.com

LUTZ ZUBER

+ associates, llc

litigation support + business valuation
+ consulting

633 17TH STREET SUITE 1640
DENVER, CO 80202
303.407.8016 MAIN

IT ALL ADDS UP TO US.

www.lzacpa.com



Creative Financial Staffing

1801 California St., Suite 2200
Denver, CO 80202
www.cfstaffing.com

Founded by CPA firms

Sheila Drew 303-831-5006 sdrew@cfstaffing.com
Grace Baker 303-831-5007 gbaker@cfstaffing.com
Katie Schexnider 303-831-5002 kschenxider@cfstaffing.com

"The easiest way to add 27 different
raw fruits, vegetables & berries
to your diet daily."



"Inspiring Healthy Living Around the World"



L. Leigh Miller
C: 720-272-2853
MillerLeigh13@gmail.com
Miller.JuicePlus.com

Strategic focus HAS NOTHING TO DO WITH ONE'S eyesight.

WHERE LITIGATION AND VALUATION INTERSECT WITH
FORMIDABLE EXPERTISE, YOU'LL FIND THE PROFESSIONALS
OF HARPER HOFER & ASSOCIATES.

WHEN THE STAKES ARE HIGH, OUR ANALYSIS IS ON POINT,
DELIVERING STRATEGIC, FOCUSED, MEASURABLE RESULTS.

NEED TO GET TO THE HEART OF A COMPLEX MATTER?

WE TELL THE STORY OF THE MONEY, IN FOCUS.

THERE'S STRENGTH IN NUMBERS.

harperHofer

& ASSOCIATES, LLC

MEMBER OF FINANCIAL CONSULTING GROUP, L.C.

FINANCIAL CONSULTANTS IN VALUATION, LITIGATION AND MARITAL DISSOLUTIONS
303.486.0000 www.MONEYTALKSWETRANSLATE.COM



Hulse Law Firm
Family Law | Estate Planning

Providing Families with compassionate legal
services tailored to their individual needs.



Please call to schedule
your free consultation today

Conveniently in Littleton

720-773-2900
hulselawfirm.com
info@hulselawfirm.com

We specialize in Family Law
• Divorces • Child Custody • Child Support
• Wills and Estate Planning



Leslie S. Garske
Financial Professional
Leslie.Garske@axa-advisors.com
Tel: (303) 892-5700
Cell: (720) 635-2686

AXA Advisors, LLC
8742 Lucent Blvd, Suite 600
Highlands Ranch, CO 80129



AXA ADVISORS

redefining / standards®

Business Sources

THE ALLIANCE OF PROFESSIONAL WOMEN'S COMMUNIQUE



Katarina Conway
LuLaRoe Fashion Consultant
303.947.3745
LuLaRoebyKatarina@gmail.com
Katarina's LuLaRoe Addicts!

Host a Pop-Up Boutique & Earn FREE Clothes!

LULAROE.COM



Ryan, Gunsauls & O'Donnell, P.C.
Certified Public Accountants

Elizabeth B. Moore, CPA, MTX
Uyen T. Pavelis, CPA
Katherine T. Moeller, CPA

5590 East Yale Avenue
Suite 201
Denver, Colorado 80222
Tel 303.758.5558
Fax 303.756.1741
www.rgo-cpa.com



Guinny Taylor
Window Treatment
Expert & Décor
Consultant

720.333.6934
ginny@abetterviewdecor.com
aBetterViewDecor.com

Leah Dirks
Senior Vice President - Littleton

FirstBank
101 West County Line Road
Littleton, Colorado 80129

T 303 347 5901 F 303 347 5927
leah.dirks@efirstbank.com
efirstbank.com NMLS ID #: 566178



Master's & Certificates
Online & Evenings
For Busy Adults

Marketing · IT · Healthcare
GIS · Leadership · HR · Environment



UNIVERSITY OF DENVER
UNIVERSITY COLLEGE

universitycollege.du.edu

**IMPACT
YOUR
WORLD**



KLANCKE & COOK
Attorneys at Law

Business, Real Estate, Wills,
Trusts, Estate Planning, Probate

Jill Klancke
2833 S. Colorado Blvd
Denver, CO 80222
jill@klanckecook.com

303-5840500
303-691-0555
Changing the Way You View
Attorneys



Rene's
MAISON DES FLEURS

1462 South Broadway~Denver~Colorado~80210
TEL 303-733-1978 FAX 303-733-1979

Rene@RenesMaisondesFleurs.com
www.RenesMaisondesFleurs.com



EideBailly
CPAs & BUSINESS ADVISORS

Laura Srsich, CPA
Tax Partner
T 303.459.6740
M 303.980.5029
lsrsich@eidebailly.com

440 Indiana St., Ste. 200
Golden, CO 80401-5021

Business Sources

THE ALLIANCE OF PROFESSIONAL WOMEN'S COMMUNIQUE



Xcessorize, LLC
For the Fashion Savvy Woman!
Cari Harris
Women's Designer Fashion Sales/Owner
2751 Lafayette St.
Denver, CO 80205
(303) 964-0774
(303) 332-2047 cell
timirac4@gmail.com
www.etcetera.com



Fuller | **Sotheby's**
INTERNATIONAL REALTY

MELISSA RICHARDS
Broker Associate

303.520.0926
melissa.richards@sothebysrealty.com
fullersothebysrealty.com



Bauerle
AND COMPANY

Ann Broderick, CPA
Gina Miller
Kayleigh Hunter

Bauerle and Company, P.C., Certified Public Accountants
Accounting • Tax • Consulting • Small Business
303-759-0089 • www.bauerlesolutions.com



720.841.0779

SHERÉ CHAMNESS

5390 Mohawk Road
Littleton, CO 80123
www.Planet-Realart.com
www.CozmicSeeds.com

shere@planet-realart.com

branding | print media | advertising | web design | packaging



We explore, visualize and
create design solutions
that drive results.

Creative partnerships produce results.

www.alexandersmithdesign.net • [303] 759-0401

Business Sources

THE ALLIANCE OF PROFESSIONAL WOMEN'S COMMUNIQUE

Eastern Wellness Acupuncture & Chinese Medicine
Supporting women the natural way

Dr. Tzehching Wang, Ph.D, L.Ac.

7373 W Jefferson Ave.
Unit 303 Lakewood, CO.
3038877260
easternwellnessacupuncture@gmail.com



a **betterview** *décor*
Window Treatments ~ Upholstery ~ Bedding

Ginny Taylor
Window Treatment
Expert & Décor
Consultant

720.333.6934
ginny@ABetterViewDecor.com
aBetterViewDecor.com

Master's & Certificates
Online & Evenings
For Busy Adults

Marketing • IT • Healthcare
GIS • Leadership • HR • Environment

 **UNIVERSITY of DENVER**
UNIVERSITY COLLEGE

**IMPACT
YOUR
WORLD**

universitycollege.du.edu


CPAs & BUSINESS ADVISORS

Laura Srsich, CPA
Tax Partner
T 303.459.6740
M 303.980.5029
lsrsich@eidebailly.com

440 Indiana St., Ste. 200
Golden, CO 80401-5021

TRACIE ROMERO
ACCOUNT EXECUTIVE ■



 **DesignHealth** is a specialty Health Insurance Concierge, that provides a proven and innovative way to purchase health insurance for your employees, your family or yourself. Our purpose of existence is to serve people and businesses in a way that makes a profound difference... not only to their account balance or profit margin, but in their lives and communities.

Tracie.Romero@designhealth.com
D: 720-250-9434 O: 888-906-4288 F: 800-333-8319

56 Inverness Drive East, Suite 250
Englewood, CO 80112 www.designhealth.com

**The help people need to
live in the place they love.**

Jennifer Palmer, Owner

 **Griswold**
HOME CARE **303.500.3336**
GriswoldHomeCare.com

Delivered with heart.™
© 2017 Griswold International, LLC



calendar of events

You can now find an RSVP link to upcoming Alliance Events on our homepage! Go to www.apwcolorado.org and click on the bold RSVP link – it will take you directly to the BlackTie RSVP page for the event for ON-LINE REGISTRATION See PAGE 9 for event information, event codes or contact for the event.

SEPTEMBER 2017

S	M	T	W	T	F	S
					1	2
3	4 Labor Day	5 Networking Events Committee Meeting 11:30 am - 1:00 pm, Natural Grocers , Colorado Blvd and Evans, KRYSTAL THOMPSON krystal@westandmainhomes.com	6 Outreach Committee Meeting 5:30 pm Home of PAM FISCHER , 2218 Franklin Street, Denver 80205 RSVP - WILLY WILSON wilson@lifeunstill.com	7	8	9
10	11	12	13	14 Networking Luncheon 6th Annual Helping Women + Changing Lives, 11:30 am - 1:00 pm PPA Event Center 2105 Decatur Street, Denver CLICK HERE to register	15 Coffee Connections 8:30 - 10:00 am, Capital Tea , 1450 S. Broadway LEIGH MILLER millerleigh13@gmail.com	16
17	18	19	20 Public Affairs CM 7:30 am, Speaker Zaidy's of Cherry Crk SUE BORGOS sborgos@ots-denver.com	21	22	23
24	25	26	27	28	29	30

For more event information see PAGE 9 or visit www.apwcolorado.org

OCTOBER 2017

S	M	T	W	T	F	S
1	2	3 Networking Events Committee Meeting 11:30 am - 1:00 pm, Natural Grocers , Colorado Blvd and Evans, KRYSTAL THOMPSON krystal@westandmainhomes.com	4 Outreach Committee Meeting 5:30 pm Home of PAM FISCHER , 2218 Franklin Street, Denver 80205 RSVP - WILLY WILSON wilson@lifeunstill.com	5	6	7
8	9	10	11	12 Networking Luncheon 11:30 am - 1:00 pm, New Member Orientation at 11:00am Rhein Haus , 1415 Market, Denver	13	14
15	16	17	18 Public Affairs CM 7:30 am, Speaker, Zaidy's of Cherry Crk , SUE BORGOS sborgos@ots-denver.com Member Support CM 11:00 am, Café France , Grmwd Village, LAUREN HULSE lauren@hulselawfirm.com	19	20 Coffee Connections-S 8:30 - 10:00 am, Mangia Bevi Cafe , GV, LAUREN KAPLAN , lauren@thekaplans.com Coffee Connections-NW 8:30 - 10:00 am, Panera Bread , Westminster, Chelsey Burns , Chelsey@bemindfullyhealthy.com	21
22	23	24	25	26 Speed Networking 4:30 pm - 6:30 pm, Liv Sotheby's International Realty , 8000 E. Belview Ave., Grmwd Village RSVP: Coming Soon	27	28
29	30	31 Trick or Treat				