

COMMUNIQUÉ



September/October 2014

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THE ALLIANCE OF PROFESSIONAL WOMEN

Executive Director

Pauline Huddleson 303-368-4747
E-Mail: execdir@apwcolorado.org
Website: www.apwcolorado.org
P.O. Box 480384, Denver CO 80248

Connecting Women Personally, Professionally and Philanthropically

Helping Women + Changing Lives Luncheon September 11, 2014

We are in the final planning phase for our **3rd Annual Alliance Foundation Helping Women + Changing Lives Luncheon** slated for **September 11th**. This annual FREE luncheon is **the only fundraising event of the year** for The Alliance of Professional Women's philanthropic arm, The Alliance Foundation.

The **philanthropic programs funded** with your help have ranged from local outreach to international aid, in the following three areas:

- **Providing local scholarships** at three different colleges in Denver for women obtaining their college degrees later in life; assistance in their junior and senior years.
- **Lending a helping hand** to some less fortunate in our community such as sponsoring a Literacy Day at CWEE, serving dinners at The Delores Project, Adopt-a-Family for the Holidays at the Arapahoe House, and a recent Summer Happy Hour benefiting Excelsior Youth Center.
- **Funding Village Banks** which make micro loans available to women in third-world countries, thereby enriching the lives of their families. We have funded 20 Village Banks, thus far through our efforts.

This **luncheon supports all these worthy causes** and **we cannot do it without your help!** The invitation to attend is for both men and women to join us. Our goal is to have 400 folks in attendance.

If you have not signed up for the luncheon through an APW Table Captain, **please click here to RSVP through BlackTie**. Registration and networking starts at 11:15 am with our uplifting program starting at noon.

It is also **not too late to be a sponsor** for our **3rd annual Helping Women + Changing Lives Luncheon**. All sponsorship packages start at \$250 and include free online advertising with a link to your company on the APW website:

http://apwfoundation.org/helping_women_changing_lives.php.



Continued on Page 2

Helping Women + Changing Lives Luncheon Continued from Page 1


We are still looking for a title sponsor.

A title sponsorship consists of a minimum \$2500 donation, which will give your company the following benefits:

\$2,500 (FUNDS A SCHOLARSHIP FOR A WOMAN RETURNING TO COLLEGE)

- Logo and recognition on marketing materials for event
- Logo included in all advertising
- Sponsor recognition during the luncheon
- Logo in event program and inclusion in all media material
- Listing on alliance of professional women's website with link
- One ¼ page ad in the alliance communiqué

If you, or someone you know, would like more information regarding sponsorship please contact **ANGIE JONES**, Executive Director, at **303-204-5144** or alliancefoundation1@gmail.com.

Finally, **if you are unable to attend** the luncheon but would like to help, please **CLICK HERE**  **to make your contribution** to the foundation,

We are grateful for your support, and we look forward to seeing you there!



October Networking Luncheon

Join us on **October 9**, for another great **Networking Luncheon at Jing Restaurant**—where taste meets elegance. Jing is located at 5370 Greenwood Plaza Blvd, Greenwood Village, 80111. We have had a luncheon at Jing once before and we can't wait to return there again.



Our events are open to guests; in fact we allow a guest to join us for up to three events, after that we ask you to join our membership to continue.

For new or prospective members, an orientation (to learn more about APW and meet some others) starts at 11:00 am. Open networking at 11:30 and we sit at noon for lunch, and announcements. We will also hear from our **October Luncheon Sponsor**. www.thecarenavigator.com, **PAMELA WILSON**, with **The Care Navigator**. There is then a little more time available to network at the tables. We conclude by 1:00 pm.

Entrée Options:

- Seared Salmon with teriyaki glaze, walnuts, kale mix, champagne vinaigrette **OR**
- Jing Kobe Burger 8 oz. American Kobe beef, white cheddar **OR**
- Tofu & Strawberry crisp tofu, quinoa, walnuts, miso-citrus dressing

Cost: \$35 members; \$45 non-members

Registration: is due by 5pm, Monday October 6 to attend

CLICK HERE
to Register

Leadership**EXECUTIVE COMMITTEE**

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Stephanie Brooks
Immediate Past President
Daniels College of Business
University of Denver

Leah Dirks, Secretary
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and **Charlene Wilson**



From Our October Luncheon Sponsor - Pamela Wilson

Caregiving—A Voluntary Trap?

By Pamela D Wilson CSA, CG, MS, BS/BA

I work with many adult children caregivers who feel trapped by the role of caregiving. I help and support many older adults who also feel trapped by caregiving; trapped in aging and weak bodies, trapped by the idea of needing care, trapped by a long list of medications they must take every day just to survive and trapped by situations that in their opinion are less than ideal.

William Shakespeare said, “There is nothing either good or bad but thinking makes it so.” What is it about the idea of caregiving that makes this role good or bad, positive or negative?

How might the act of caregiving be compared to the act of volunteering? Those of us who volunteer do so for several reasons: we believe in a cause, we want to do something to benefit others and volunteering makes us feel good. When we volunteer, the people or causes, like The Alliance of Professional Women, thank and appreciate our efforts. This appreciation makes us feel good about volunteering so we give even more of our time and more of our money. We are happy to give.

Caregiving often begins with the idea of implied consent. A parent asks an adult child to complete a task to pick up a prescription or wash a load of laundry. Without thinking the adult child completes the task by acting in the role of caregiver and leading the parent to presume that if the adult child agrees to complete two projects they will continue to provide more and more support.

By contrast, volunteering usually involves a discussion and an agreement about a time period, specific skills joining a committee and a potential financial commitment. When a family member begins caregiving, they unintentionally volunteer for a position that may last for years with no definition of time, skill or financial commitment and no formal caregiving agreement.

Might caregiving be viewed as a trap because appreciation and thankfulness are frequently absent in caregiving relationships? Is the caregiving trap supported by the idea of feeling burdened by the expectations of family members? Does the role of caregiving involve continual requests for help with no definitive end in sight? Most of us are able to sustain through extremely difficult situations for a brief period of time. The reality is that caregiving may go on for years.

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From Our October Luncheon Sponsor - Pamela Wilson

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Does caregiving have to be a trap? Not if families are willing to openly discuss the challenges, be flexible, accept opposing opinions and work together. Accepting the reality that it is always not possible to meet a parent's expectations is also very important. Caregivers are allowed and encouraged to have personal boundaries about providing care. For example when a loved one becomes incontinent or is awake all night this may mean that it is time to consider in home care or assisted living.

If a parent lives at a distance and requires care, it is unlikely that a child living 2,000 miles away will be able to show up to manage unexpected emergencies. If a parent moves to live closer to an adult child it may be impractical for the child to totally change a lifestyle to include a parent in activities.

The true reality of "locational closeness" is more related to the ability of a child to more easily manage unexpected situations due to proximity than attempting to do this from a distance. In today's world adding more to a daily schedule on a regular basis to provide direct care for a parent is not always possible or practical.

As much as family members may want to be helpful, having conversations to avoid the caregiving trap is important to preserve family relationships. Ignoring or delaying decisions may result in extremely limited options and less than ideal solutions.

A caregiving agreement is a good first step. While this may seem unnecessary between family members, a written agreement that outlines responsibilities, time frames and boundaries is an excellent idea to prevent family disagreements when the care of a parent begins to involve significant time and potential financial expense. Having these discussions prior to increasing care needs has the ability to preserve family relationships.

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August Luncheon Gift — Follow Up

August's luncheon sponsor, **JAYNE SANDERS**, donated a full **Scientific Hand Analysis** as a door prize and asked that the winner supply her feedback. **SUZANNE SIMPSON** won the drawing. Here is her feedback about her experience with Jayne's work:

"As a Licensed Professional Counselor and Board Certified Coach, I was amazed at the depth and value of Jayne's work! She doesn't know me personally, only through a business relationship, but the insight she gave me into my strengths and challenges was shocking... like she had known my intimate self all along. And my life purpose...WOW! It's so inspiring and empowering to receive confirmation that I'm on the right track and using my gifts to help others. It raised my confidence level in my giftedness, I already have much more clarity and motivation, and I know what I need to do to continue in that direction. **Amazing!**"

S.Simpson, Licensed Therapist, Board Certified Coach, RenewedLife-Counseling.com.

Public Affairs Meetings

The first **Public Affairs Committee meeting** of the new membership year will be on **September 16, 2014**, at **Zaidy's Restaurant** in Cherry Creek, First Avenue and Adams Street, Denver. The meeting starts at 7:00 am, for networking, and our speaker will present at 7:30 am. We buy our own breakfast.

The **topic** for our September meeting is **Amendment 67**, the "personhood" amendment, which will be on this November's ballot. The "personhood" amendment would amend the Colorado constitution to expand the meaning of the word "person" under state law to include "unborn human beings." It is sponsored by groups, including Colorado Right to Life, that want to outlaw abortion and common forms of contraception. Our speaker is **MELISSA JOHNSEN**, a former IT executive who is on the board of the Naral Pro-Choice Colorado Foundation and also volunteers for Planned Parenthood of the Rocky Mountains. Prior to moving to Colorado in 2013, Melissa served on the Planned Parenthood-St. Louis Board for five years. Melissa will discuss the wording of Amendment 67 and the stated intended consequences of passage, among other things.

We hope you can **join us on September 16** for discussion of **this important topic!**

APW Members Golf & Networking

Our members-only after hour's golf series completed the August round of 9 at the Executive Course of Foothills Golf Course. With a sad face we say, there is only one play date left this season. We hope and encourage more APW members to come out and play in our **September round**. This will encourage us to continue offering this series again next summer.

Golfing together is a great way to get to know other members, enjoy the game of golf and have some laughs. We play nine, and then head to the club house to enjoy each other and a cold beverage, snacks or dinner. Ladies at all levels of players have joined the fun, from first time golfers to experienced league players, all are welcome.



Join our last members-only play date and build your APW friendships, business connections, and exercise your mind and body.

- **September 15** at 4:30 pm
** Register by 3:00 pm, Friday, September 12..

[CLICK HERE](#) to Register

After you register, your green fees are paid. If you want to rent a cart, go into the clubhouse let them know you are with APW and pay for your rental only.

Cost: \$17 per person-- cart, food and beverage is extra. We will be playing the Executive 9 Course at Foothills Golf Course, located at 3901 S. Carr Street, Denver 80235, 303-409-2400, www.foothillsgolf.org

There will NOT be any refunds or late registrations available, so RSVP by 3:00 pm Friday September 12.

Contact: KATHRYN TRUAX at Kathryn.truax@wfadvisors.com or Joann Peterson at joanne@newworldoffice.com for additional information

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Luncheon Sponsors

Leigh Miller, Juice Plus+

September 2013

Elizabeth B. Moore

Ryan, Gunsauls & O'Donnell, P.C.

November 2013

Laura Kaplan

Rodan + Fields

March 2014

Alliance Foundation

June 2014

Lee Lipniskis, Core Roofing

July 2014

Jayne Sanders,

Hands To Success, Inc.

August 2014

Interested in becoming a Networking Luncheon Sponsor? Call 303-368-4747

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The Advocates

White and Steele, P.C.

Sustaining Alliance Member

Jill Klancy

Be advised that the Communiqué is not private, only the APW Member Directory is restricted to members only, and can be viewed on the Internet.

The Alliance is a member of and proudly supports: Colorado Women's Lobby, and The International Alliance for Women

Communiqué Committee

Pauline Huddleson, Editor

Sandy Smith, Co-Chair

Cindy Rold



Join APW members or prospective APW members at upcoming Coffee Connections.

When: Friday, September 19, 8:30 to 10:00 am

Where: Corner Bakery, 500 16th Street #150 Denver Pavilions

RSVP: LESLIE GARSKE lgarske@BAMadvisorygroup.com or 720-635-2686 to let us know you are coming.

When: Friday, October 17, 8:30 am to 10:00 am

Where: Woody Creek Bakery, 5073 S. Syracuse Street, Denver, 80237

RSVP: Lauren Kaplan lauren@thekaplans.com or 303-912-2576 to let us know you are coming, please.

Wish you had more time with APW members? Join Coffee Connections! Grab a cup of coffee, tea or breakfast and join other APW members and prospective members to share about your business and discuss business-related topics. Leave when you need to, our end time is approximate.

A Note from the Editor

I am looking for one or two individuals who would like to help edit the Communiqué content every other month.

It doesn't take too long but it is important that you be able to get to it quickly. After the editing the content is then formatted by our own, Sandy Smith, who makes it look professional and pleasant to read. Also, if you love to write and would like to contribute articles to the Communiqué or report on events—I am looking for you too!

Thanks for considering,
Pauline Huddleson
execdir@apwcolorado.org

Communiqué Sponsors

Sandy Smith/Alexander Smith Design
www.alexandersmithdesign.net

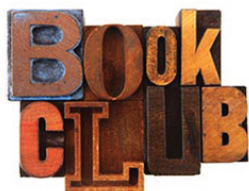
Editor Notes**From The Editor**

The deadline for submitting articles for the Communiqué is Noon on the **15th** of each month. All submissions must be **electronic**. The Communiqué provides stories of interest & information to Alliance members. Please send **ideas, comments, contributions, and questions** to Pauline Huddleson at execdir@apwcolorado.org

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QUARTERLY
BUSINESS

NEW:



There is still time to read our current pick, *The Four Agreements* and join the APW Business Book Club on **September 16**, 5:30 – 7:30 pm. We will meet at a private home located at 5232 W. Geddes Place, in Littleton, 80128.

Book: *The Four Agreements*, by **DON MIGUEL RUIZ**

In the *Four Agreements*, **DON MIGUEL RUIZ** reveals the source of self-limiting beliefs that rob us of joy and create needless suffering. Based on ancient Toltec wisdom, the *Four Agreements* offer a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love. Join us as we discuss the book!

The *Four Agreements*: Be impeccable with your word; Don't take anything personally; Don't make assumptions; Always do your best.

Come with a snack or your favorite wine to share. Also come prepared to discuss the book and how you can, or have put the *Four Agreements* into action in your own life.

Networking?

Parts five and six of the 10 important principles for effective business networking follow: (see May/ June and July/August Communiqué issues, for earlier parts)

5. Seek Relevant Connections

Identify groups which are relevant to your goals. Relevance can vary, it can be based on geography, size, business sector, social grouping, academic or technical or some common interest like environment, business women, entrepreneurship. The more relevant the group of contacts, the more useful your meetings and referral will be. Try to find networks which already function well or at least have the potential to do so. Remember that you need to be able to help them as well as they should be able to help you.

6. Plan your Networking

Business networking is a project, one that must be managed. It is important to know exactly what you want and to track your results; have targets and measurements and monitor your results. Remember an activity which has no clear planned outcome is liable to get sidetracked and can go off in all sorts of directions.

You can find part three and four of the 10 important principles for effective business networking in the July/Aug Communiqué. Parts one and two (Elevator Speech and Be Different) from the May/June Communiqué—you can find both on our website, under Newsletters.

Contributed by: **Melissa Richards**, CRS, Realtor, Fuller Sotheby's International Realty, www.melissarichards.com, 303-520-0926

You are Invited!

Please
Join Us!

Helping Women + Changing Lives

Thursday, September 11, 2014

Helping Women + Changing Lives Annual Philanthropic Luncheon

benefiting

The Alliance's Village Bank, Scholarship and Outreach programs

Time: 11:30 am – 1:00 pm **Location:** PPA Event Center, 2105 Decatur Street, Denver

Cost: NO CHARGE to attend



FOR MORE EVENT INFORMATION

OR to find out how to become a sponsor please contact **Angie Jones**
at alliancefoundation1@gmail.com or **303-204-5144**.



PRESENTED BY



DIRECTIONS

I-25 to 23rd Avenue Exit #211, West to Clay Street,
South on Clay Street to 21st Avenue, West on 21st
Avenue to Decatur Street

PPA Event Center , **2105 Decatur Street**,
is on the corner of 21st Avenue and Decatur Street

 PPA Event Center  23rd Avenue Exit  Downtown Denver

APW Networking Workshop – A Hit



Lisa Austin, Cindy Rold, and Dana Lynch

On **Wednesday, July 23**, we were lucky enough to meet at the offices of **Deloitte**, for a fun and informative **Networking Workshop**. Our three APW member presenters did a wonderful job and all there walked away with some great networking tips.

In the event you would like to contact any of them, our workshop presenters were:

- **LISA AUSTIN**, The Service Factor Training Company, Lisa@theservicefactor.com
- **CINDY ROLD**, Maverick Coaching & Speaking, Cindy@cindyrold.com
- **DANA LYNCH**, Elements of Image, Dana@elementsofimage.com

The APW is a soft networking organization composed of professional women in the Denver metropolitan area. For almost thirty years, the Alliance events have focused on providing a relaxed, fun, friendly atmosphere where long-term relations and professional referral are fostered. We have focused on our mission of connecting women, personally, professionally and philanthropically.

LISA suggested **instead of “Networking” let’s call it “Connecting”**...doesn’t that feel better, or softer? Head to the next luncheon to connect with someone! Lisa also shared how to be better at remembering names: First, you have to decide to be **better with names**, frequently tell yourself, “I’m great with names, like an affirmation. **Concentrate**, when you know the name is coming and **use it many times** after you hear it, at least one or two times! Lisa taught us **in our greeting to say our name last, not first!** Also, remember when walking up to people you don’t know, rely on **safe questions/topics** to talk about, where do you live, sports, travel, and pets. At APW luncheons try, “what brings you here today”, or “are you an APW member”, “have you eaten here before” or ask some vacation questions....all great conversation starters.

CINDY reminded us of some great follow up tips: If you are paying attention to the signals, and you hear a need, or someone seems interested in your business, **follow up**—they will be expecting it. Follow up if you really liked the person and invite them to meet for coffee or a drink. Cindy believes, the **phone is more effective**, in most cases. When you make that call, give a straight forward reason why you are calling, be authentic and yourself, don’t just call and chat. She reminded us relationships are either growing or they are dying; **stay in touch!** There are many ways in today’s world... LinkedIn, email, calling and then emailing are all good ways, not necessarily on Facebook. When you get contact information, add them to your outlook folder, so you can quickly find them.

DANA reminded us, that a **little focus on accessorizing** our clothing, **can go a long way** when at a networking event. Earrings, necklaces, pins and scarves help draw attention to your face. When your face is the focal point, your message is much stronger. When you **accessorize you appear very well put together, a non-verbal message that you take care of all the details and you’re efficient**, says Dana. Finally, accessories can be instant conversation starters and make you safe to approach. Case in point—Dana had on a super cute skirt with dogs on it. Dana says, think of accessories as icing on the cake. For more tips, visit Dana’s website and subscribe to Dana’s e-style Tip of the Month.

[Http://www.elementsofimage.com](http://www.elementsofimage.com)

Many **thanks** to **ALEXIE TUNE** for lending us our meeting space and to her assistant, **DINA KAHL** for the beautiful food set up and logistical help. And another huge **thanks** to our three presenters, **LISA, CINDY AND DANA!**



Networking Luncheon Sponsor – Sign Up Now!

Showcase your business! Starting in February of 2015, The Alliance is offering the opportunity for members to sponsor networking lunches.

A Networking Luncheon Sponsor receives the following benefits:

- **A five-to-ten minute promotional presentation** at the sponsored APW lunch meeting. Fee includes lunch for the sponsor and a guest. Sponsor will be asked to provide a small gift for a drawing during lunch (i.e. complimentary one hour consultation, gift certificate to a restaurant, etc).
- **Newsletter sponsorship**, which includes a full-page article in the newsletter as well as a full-color business card size ad and link to the article and sponsor website in the newsletter e-mail. This full-color, formatted newsletter e-mail is distributed to over 1,500 professional women in Denver!
- **Exclusive distribution/display** of materials at place settings or on chairs at luncheon.
- **Business cards or electronic spreadsheet** of all luncheon attendees collected and sent to you after luncheon.
- **Recognition** as a sponsor at each of the monthly luncheons.
- **Active link** to your company website on the front page of APWcolorado.org. This 12-month listing will boost your own website's search engine ratings because APW consistently returns top level results in search queries.
- **Highlighted** as a sponsor in the Communiqué every other month with a feature article on the sponsor during the month of your sponsorship.
- **Spotlight piece** on you as a sponsor, a month after your sponsorship, in the Communiqué

The cost of a Network Luncheon Sponsorship is \$300. Sole Proprietors may split the cost and benefits of hosting a network luncheon. Our member feedback has been that it takes approximately three weeks to one month to recoup the cost of business gained through exposure at the luncheon and in our newsletter.

Networking Luncheons will be reserved on a first-come-first-serve basis, so reserve your month today by contacting **PAULINE HUDDLESON** at 303-368-4747 or execdir@apwcolorado.org.

JUST TIPS: Tips on Microsoft & More

www.mcstech.net

JUST TIPS: Complete Computer and Professional Development Training

4 New Microsoft Tips Have Been Added to our Blog:

- **SharePoint Tip**
Following a document or site in SharePoint
- **Word Tip**
Editing a PDF in Word
- **Excel Tip**
Alt key in Excel
- **PowerPoint Tip**
PowerPoint – Wide Screen format

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Member News & Information

Alliance Networking Opportunities

WHAT: NETWORKING EVENTS COMMITTEE MEETING

When: Tuesday, **September 2**, and **October 7**,
11:30 am – 1:00 pm
Where: **Vitamin Cottage**, Colorado Blvd and Evans
RSVP: **GINNY TAYLOR**, ginny@abetterviewdecor.com or
720-333-6934

WHAT: OUTREACH COMMITTEE MEETING

When: Wednesday, **September 3**, and **October 1**, 5:30 pm
Where: Home of **PAM FISCHER**, 2218 Franklin Street, Denver, 80205
RSVP: **SHAE THURMAN**, shae.thurman@edoxusa.com or
720-984-7157

WHAT: HELPING WOMEN+ CHANGING LIVES ANNUAL LUNCHEON

When: Thursday, **September 11**, registration 11:15;
program 11:30 am – 1:00 pm
Where: **PPA Event Center**, 2105 Decatur Street, Denver, 80211
Cost: FREE
RSVP: **CLICK HERE** to attend if you have not registered
through a Table Captain

WHAT: APW MEMBERS-ONLY GOLF & NETWORKING

When: Monday, **September 15**, 4:30 pm
Where: **Foothills Executive 9 Course**, 3901 S. Carr St.,
Denver 80235
Cost: \$17 no refunds or late registrations are available
RSVP: **CLICK HERE** to register! Register by 3 pm Friday,
September 12. This is our last 9 holes of the season!

WHAT: PUBLIC AFFAIRS COMMITTEE MEETING

When: Tuesday, **September 16**, 7:00 am Networking,
7:30, Speaker
Where: **Zaidy's in Cherry Creek**, 1st & Adams
RSVP: **NANCY THAUETTE**, lovincolo@aol.com
Topic: Amendment 67, the “personhood” amendment,
which will be on this November’s ballot

The “personhood” amendment would amend the Colorado constitution to expand the meaning of the word “person” under state law to include “unborn human beings.” It is sponsored by groups, including Colorado Right to Life, that want to outlaw abortion and common forms of contraception. Our speaker is **MELISSA JOHNSEN**, a former IT executive who is on the board of the Nara Pro-Choice Colorado Foundation and also volunteers for Planned Parenthood of the Rocky Mountains. Prior to moving to Colorado in 2013, Melissa served on the Planned Parenthood-St. Louis Board for five years. Melissa will discuss the wording of Amendment 67 and the stated intended consequences of passage, among other things. We hope you can join us on September 16 for discussion of this important topic!

WHAT: NEW: QUARTERLY BUSINESS BOOK CLUB

When: Tuesday, **September 16**, 5:30 pm
Where: 5232 W. Geddes Place, Littleton, CO 80128
RSVP: **PAULINE HUDDLESON**, apwcolo@yahoo.com or
303-368-4747
Book: **The Four Agreements**, by **DON MIGUEL RUIZ**

Join us as we discuss our next book – In **The Four Agreements**, **DON MIGUEL RUIZ** reveals the source of self-limiting beliefs that rob us of joy and create needless suffering. Based on ancient Toltec wisdom, **The Four Agreements** offer a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love.

WHAT: COFFEE CONNECTIONS--DOWNTOWN

When: **September 19**, 8:30 – 10:00 am
Where: **Corner Bakery**, 500 16th Street #150, Denver Pavilions
RSVP: **LESLIE GARSKE**, lgarske@BAMadvisorygroup.com or
720-635-2686

WHAT: OCTOBER NETWORKING LUNCHEON

When: Thursday, **October 9**, 11:30 am – 1:00 pm
Where: **Jing Restaurant**, 5370 Greenwood Plaza Blvd,
Greenwood Village, 80111
RSVP: **CLICK HERE** to register
Sponsor: **PAMELA WILSON**, **The Care Navigator**

WHAT: MEMBER SUPPORT COMMITTEE MEETING

When: Wednesday, **October 15**, 11:30 am
Where: **Woody Creek Bakery**, DTC
RSVP: **LEAH DIRKS**, leah.dirks@efirstbank.com

WHAT: COFFEE CONNECTIONS--SOUTH

When: Friday, **October 17**, 8:30 – 10:00 am
Where: **Woody Creek Bakery**, 5073 S. Syracuse Street,
Denver, 80237
RSVP: **LAUREN KAPLAN**, lauren@thekaplans.com, or
303-912-2576

Other Networking Opportunities

WHAT: CAMPEXPERIENCE™ 9TH ANNUAL WOMEN'S CAMP

When: **September 19-21**
Where: **Cheyenne Mt Resort** in Colorado Springs

This is happening very soon—hurry, only 10 spots are open! You will find complete camp details and registration for 2014 camp plus any Pre-Camp events at www.CampExperience.com.

Member News & Information

New Members

LAUREN JONES—Tax Senior Associate, **Eide Bailly, LLP**, 303-986-2454, ljones@eidebailly.com

LEIGH SHUSTER—Tax Senior Manager, **Eide Bailly, LLP**, 303-586-8505, lishuster@eidebailly.com

AMY BERTLE—Financial Advisor, **North Star Resource Group**, 303-546-7967, Amy.Bertle@northstarfinancial.com

ALANA ANZALONE—Personal Injury Attorney, **Anzalone Law Offices**, 877-256-6933, alana.anzalone@anzalonelaw.com

HOLLY REEF—Real Estate Agent, **Remax Professionals**, 303-356-6076, holly@reefcos.com

New Member Profiles

LAUREN JONES—Tax Senior Associate, **Eide Bailly, LLP**, 303-986-2454, ljones@eidebailly.com

1. Why did you join the Alliance of Professional Women?

I joined Alliance of Professional Women to meet other female professionals in my community as well as build on my networking.

2. What are your hobbies?

I love the outdoors so my hobbies include anything active outside. I love hiking, camping, riding my dirt bike, skiing, wakeboarding, and tennis.

3. What is your position/business?

I am currently a tax senior associate at Eide Bailly, LLP.

4. What is something that few people know about you?

I love scrapbooking!

ALANA ANZALONE—Personal Injury Attorney, **Anzalone Law Offices**, 877-256-6933, alana.anzalone@anzalonelaw.com

1. Why did you join the Alliance of Professional Women?

I joined APW as a means to meet professional business women in this community and to be able to grow my network professionally as well as socially.

2. What are your hobbies?

I enjoy all that Colorado has to offer, being outside; mountain biking, skiing, running, working out, hanging out with friends, going to dinner!

3. What is your position/business?

I am a personal injury attorney. I focus solely on auto accidents, slip and falls, and medical malpractice. I opened my own firm in July 2013 in Denver.

4. What is something that few people know about you?

I officiate high school field hockey for Denver and surrounding districts.



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Anniversaries

The Alliance wishes to **recognize** and **thank** the following women who joined The Alliance of Professional Women in September or October. We greatly appreciate your continued support of our organization.

29 years

ARLENE ABADY.....Retired

23 years

SANDY SMITH.....Alexander Smith Design

16 years

ANN ANGERMAN.....Career Matters

10 years

DANA LYNCHElements of Image

9 years

BARBARA CRAWFORD.....Crawford & Cleveland, P.C.

7 years

LAURA SRSICHEide Bailly, LLP

5 years

NORA KELLYNora V. Kelly, P.C.

4 years

ANNE MOOREThe Avatar Course

CATHERINE TIDD.....theWiddahood.com

3 years

WINIFRED R. HARRIS....Airport Concessions, Inc.

2 years

VONDA DYSON.....Booyah Advertising

WENDY GLAZER.....Kentwood Company

TAMI WACKER.....PrinTelogy

SHARI LUTZLutz Zuber & Associates, LLC

SHANNON DOMAILLE....Lutz Zuber & Associates, LLC

CARRIE STEINERTColorado State Bank and Trust

1 year

ZARA SARFARAZ.....La Piccola Venezia

MELISSA SOVA.....La Piccola Venezia

BARBARA LAPOLLA.....Bauerle and Company

Alliance Thanks!

July Networking Luncheon

We had a fun, sunny outdoor luncheon at **Chinook** in the DTC for July. Our Luncheon Sponsor was **LEE LIPNISKIS** of **Core Roofing**, www.coredoes.com who did a great job telling us about her company and supplying the tables with beautiful bouquets and chocolates for all—Thanks Lee!

Other door prizes, a wine basket donated by **KATHRYN TRUAX** and a gift certificate donated by **Chinook**. Our luncheon hosts **KATHRYN TRUAX**, www.wfadvisors.com/kathryn.truax and **GINNY TAYLOR**, www.abetterviewdecor.com did an awesome job hosting the event.

August Networking Luncheon

We had another super event at **Coohills** in LoDo for August's luncheon. We thank our Luncheon Sponsor, **JAYNE SANDERS** www.precisionwisdom.com for the great hand reading lesson we all got! Thank you to **HELENE SCHMID** www.thepromotionsource.com and **ANNE MOORE** www.avatarepc.com for the nice job of hosting our event.

We also **thank** our door prize donors, **HELENE SCHMID** for the Otis Spunkmeyer Cookies, **JAYNE SANDERS** for a Full Hand Analysis and **PAULINE HUDDLESON** for the Arbonne hair serum and gift certificate. Great food and fun for all!

New Member Referrals

Sending out huge **thanks to our members** for all the **great referrals** to The Alliance of Professional Women!

Thank you to the following Alliance members who have referred a brand new Alliance member since our last Communiqué. We are grateful to **SAMANTHA DARDANO** for referring **HOLLY REEF**, **SHIRLEY POTENZA** for referring **ALANA ANZALONE**, **LAURA SRSICH** for referring both **LEIGH SHUSTER** and **LAUREN JONES**. We appreciate you sharing our fabulous organization and are pleased to run your business card ad as a small token of our appreciation in an upcoming newsletter. Receive a free ad for referring new members to The Alliance!

In an organization like The Alliance, we depend on referrals to increase our membership. As a small thank you for referring a new member to The Alliance, you will receive a complimentary business card ad in the Communiqué.

Business Sources

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Heather Kendrick
M. Lou Raders
Kelly Reynoldson
Peggy Richter
Meredith Riley

- 2009 Top 100 Law Firms for Diversity by MultiCultural Law magazine
- 2008 Top 50 Law Firms for Women by Working Mother magazine

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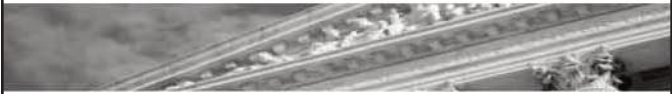
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calendar of events

You can now find an RSVP link to upcoming Alliance Events on our homepage! Go to www.apwcolorado.org and click on the bold RSVP link – it will take you directly to the BlackTie RSVP page for the event for ON-LINE REGISTRATION See PAGE 11 for event information, event codes or contact for the event.

september 2014

S	M	T	W	T	F	S
	1	2 Networking Events Committee Meeting 11:30 am - 1:00 pm, Vitamin Cottage, Colorado Blvd and Evans, GINNY TAYLOR ginny@abetterviewdecor.com	3 Outreach Committee Meeting 5:30 pm, Home of PAM FISCHER , 2218 Franklin Street, Denver 80205 SHAE THURMAN shae.thurman@edoxusa.com	4	5	6
7	8	9	10	11 Helping Women + Changing Lives Luncheon 11:15 - registration, 11:30 am - 1:00 pm - program PPA Event Center CLICK HERE to register	12	13
14	15 Golf and Networking 4:30 pm, Foothills Executive 9 Course CLICK HERE to RSVP	16 Public Affairs Committee Meeting Starts at 7:00 am - Networking and Speaker, Zaidy's in Chy Crk, NANCY THAUETTE lovincolo@aol.com Quarterly Business Book Club apwcolo@yahoo.com	17	18	19 Coffee Connections Corner Bakery, Denver Pavilions 8:30-10:00 am, LESLIE GARSKE lgarske@BAMadvisorygroup.com CampExperience™ 9th Annual Women's Camp September 19 - 21	20 CampExperience™ 9th Annual Women's Camp September 19 - 21, Cheyenne Mt Resorts in Colorado Springs www.CampExperience.com
21 CampExperience™ 9th Annual Women's Camp September 19 - 21	22	23	24	25	26	27
28	29	30				

For more event information see PAGE 11 for event updates visit www.apwcolorado.org

OCTOBER 2014

S	M	T	W	T	F	S
			1 Outreach Committee Meeting 5:30 pm, Home of PAM FISCHER , 2218 Franklin Street, Denver 80205 SHAE THURMAN shae.thurman@edoxusa.com	2	3	4
5	6	7 Networking Events Committee Meeting 11:30 am - 1:00 pm, Vitamin Cottage, Colorado Blvd and Evans, GINNY TAYLOR ginny@abetterviewdecor.com	8	9 Networking Luncheon 11:30 am - 1:00 pm, Jing Restaurant, Greenwood Village Pamela Wilson - Sponsor CLICK HERE to RSVP	10	11
12	13	14	15 Member Support Committee Meeting 11:30 am, Woody Creek Bakery, DTC, LEAH DIRKS leah.dirks@efirstbank.com	16	17 Coffee Connections 8:30-10:00 am, Woody Creek Bakery, DTC, LAUREN KAPLAN lauren@thekaplan.com	18
19	20	21	22	23	24	25
26	27	28	29	30	31 SPOOKY	