

COMMUNIQUÉ



September/October 2012

What's Inside

EVENTS:

Helping Women
+ Changing Lives.....1

Komen Denver Race For
The Cure® 2012 Registration
Now Open!.....2

2012 Blouse Drive
& Happy Hour A Success.....3

ARTICLES:

Just Tips.....2

Did You Know – APW Website.....3

NEWS AND INFORMATION:

Alliance Networking
Events, Member News
and Information.....4-10

Business Source11-12

Calendar13

Connecting Women Personally, Professionally and Philanthropically

Helping Women + Changing Lives Luncheon

It's a fundraiser of a different kind—

no silent auction items to bid on,
no live auction at the end of the event.

You won't even have to buy tickets.

Donations of any size are encouraged.

We'll even buy your lunch.

Yes, it's a different kind of fundraiser.
It's the **most important fundraiser of the
year—and everyone is invited!**

Join us on September 13 as we come together to make an impact on the lives of women locally and around the world who are courageously envisioning and pursuing a different life for themselves. We fund women pursuing higher education and women building their own businesses. Together we can help them change their lives, their families and their communities.

For over 25 years, the **Alliance Foundation** and the **APW** have worked together to **change the lives of women** through **Village Banks** and **scholarships**. Through our collective efforts, we've funded 17 Village Banks on three continents. The Foundation awards three scholarships annually at The Women's College at the University of Denver, University of Colorado-Denver and Regis University.

With your support, you can help us continue to help other women on their path to self-sufficiency. This is the only fundraiser of the year and we're asking every member to come together to help us reach our annual fundraising goal to fund our Village Banks, scholarships and outreach programs.

Attend the Helping Women + Changing Lives Luncheon and see how a small gift can make a world of difference.

For QUESTIONS contact Karen Rosen at apw@comcast.net or 303-618-0427.

UNABLE TO ATTEND? Give a "brown bag" donation. [CLICK HERE To Donate](#) to the foundation.



THE ALLIANCE OF PROFESSIONAL WOMEN

Executive Director

Pauline Huddleson 303-368-4747
E-Mail: execdir@apwcolorado.org
Website: www.apwcolorado.org
P.O. Box 480384, Denver CO 80248

Leadership

EXECUTIVE COMMITTEE

- President —
Lisa Austin
The Service Factor
Training Company
- Immediate Past Pres. —
Barbara Crawford
Crawford & Cleveland, P.C.
- Secretary —
Dana Lynch
Elements of Image
- Treasurer —
Juani Cortez
- President Elect —
Stephanie Brooks
Daniels College of Business,
University of Denver
- At-Large —
Chelsey Burns
White and Steele, P.C.
- At-Large —
Elizabeth B. Moore
Ryan, Gunsauls & O'Donnell, P.C.
- At-Large —
Teresa Sanders
Aspen Wealth Management, Inc.
- At-Large —
Alexandra M. Tune
Deloitte

BOARD MEMBERS

- Peggy J. Anderson
Law Office of Peggy J. Anderson, P.C.
- Lisa Austin,
The Service Factor Training Company
- Stephanie Brooks
Daniels College of Business,
University of Denver
- Chelsey Burns
White and Steele, P.C.
- Shere Chamness
REALART
- Juani Cortez
- Barbara Crawford
Crawford & Cleveland, P.C.
- Samantha Dardano
Dardano Properties -
Metro Brokers, Inc.
- Sheila Drew
Creative Financial Staffing
of Colorado
- Pam Fischer
Design A La Carte
- Ruth Garcia
RG2 Consulting, LLC
- Dana Lynch
Elements of Image
- Elizabeth Mitchell
Ambler & Keenan, LLC
- Elizabeth B. Moore
Ryan, Gunsauls & O'Donnell, P.C.
- Teresa Sanders
Aspen Wealth Management, Inc.
- Kristi Sullivan
Sullivan Financial Planning
- Alexandra M. Tune
Deloitte

EMERITUS BOARD MEMBERS

Emilie Ailts
Melinda Harper
Charlene Wilson

Komen Denver Race For The Cure® 2012 Registration Now Open!

It is hard to believe, but the **Komen Denver Race For The Cure®** is just about here. The race is set for **Sunday, October 7, 2012. Sign up and make a difference**, this is the 19th year of this event!



Don't let the word "race" keep you away. You can race, jog, walk... or even stroll. The distance is short and the team camaraderie is amazing.

The **goal for this year is to double last year's team** (husbands, friends, children, significant others and co-workers encouraged to join the team!) If last year was any indication, this year will be even more fun! Last year we decorated t-shirts at the lovely home of **PAM FISCHER** a few days before the race. The morning of the race we all gathered for coffee and a quick bite before heading to the start line.

All those joining the team are entered into a drawing for a bottle of wine, so SIGN UP today!

Register at www.komendenver.org Choose "Join an Existing Team" and search for "The Alliance of Professional Women" team! For more information, please contact **NINA SLOAN** at 303-883-7699 or nbs@ninabsloan.com or **ELIZABETH B. MOORE**, CPA, MTX at (303) 758-5558 *119 or emoore@rgo-cpa.com.

Go Team APW!

JUST TIPS: Tips on Microsoft & More

**For FREE Tips from
Mission Critical Systems,
your training partner, visit...**
www.mcstech.net

JUST TIPS: Complete Computer and Professional Development Training

Our Just Tips Newsletter is packed full of IT-related articles, a class schedule for our state-of-the-art training facility, and of course, helpful software tips.

Download for FREE from www.mcstech.net.

4 New Microsoft Tips Have Been Added to our Blog. Listed below are two of those.

Word Tip

How to Create a Document with all of the Word shortcuts...

www.mcstech.net/blog/.

Excel Tip

Print Excel title columns and rows with ease...

www.mcstech.net/blog/.

Luncheon Sponsors

Teresa Sanders – Aspen Wealth Management
September 2011 Networking Luncheon Sponsor

Shere Chamness – REALART
November 2011 Networking Luncheon Sponsor

CampExperience™
March 2012 Networking Luncheon Sponsor

Interested in becoming a Networking Luncheon Sponsor? Call 303-368-4747

Corporate Members

KUAN YIN MEMBER
Bauerle and Company, P.C.
Harper Hofer & Associates, LLC

CERRID MEMBERS
1st Bank
Alexander Smith Design
CampExperience™
Coordinated Financial Services, Inc
Kutak Rock
Moye White LLP
REALART
Ryan, Gunsauls & O'Donnell, P.C.
Sheridan Ross, P.C.
White and Steele, P.C.

Sustaining Alliance Member

Susan Borgos
Office Technology Solutions, Inc.
Liane Heggy
Schuchat, Herzog & Brenman, LLC
Laura Srsich
Clark & Srsich, LLC

Be advised that the Communiqué is not private, only the APW Member Directory is restricted to members only, and can be viewed on the Internet.

*The Alliance is a member of and proudly supports:
Colorado Women's Lobby, and The International Alliance for Women*

Communiqué Committee

Pauline Huddleson, Editor
Sandy Smith, Co-Chair
Cindy Rod

2012 Blouse Drive & Happy Hour A Success!

The **Outreach Committee** of The Alliance of Professional Women would like to **thank all** of the wonderful APW members who helped make our annual "blouse drive" a tremendous success.

On July 13 at least 60 women (and a few men!) gathered at Coohills for happy hour, with the intent of collecting professional clothing for our partner in outreach, CWEE (Center for Work, Education and Employment). At the end of the event, we filled the back of at least two SUV's full of clothing, shoes and accessories.

CWEE fosters personal and professional transformation for low-income single parent families through confidence building, customized skills training, and career advancement. CWEE believes that regardless of personal situations and other barriers to employment, when an appropriate level of education and support is provided, individuals can and will succeed.

Our donations will directly impact those who have gone through the CWEE programs and are ready to enter the work force, but do not have the means to have the appropriate wardrobe.

Thanks again to everyone who participated. We are looking forward to doing this again next year!



Did You Know — APW Website

Has this ever happened to you? You meet another amazing woman at an APW luncheon, Outreach event, or after-hours event and you want to get in touch with them (maybe to do business) but you have lost their business card. **You are not certain about their last name but you know what business they are in...You're in luck!** The member's only section of our APW website contains two lists: MEMBER LIST by **Last Name** and MEMBER LIST by **Profession**. This one detail of our website could help you to find and stay connected to the APW members you meet, or be a wonderful resource to you when you are looking for a referral in a certain profession. It is also a handy way to introduce the APW to potential members, so they can see the awesome representations of business, industries, etc. that are represented in our organization.

Communiqué Sponsors

Sandy Smith/Alexander Smith Design
www.alexandersmithdesign.net

Editor Notes**From The Editor**

The deadline for submitting articles for the COMMUNIQUÉ is Noon on the **15th** of each month. All submissions must be **electronic**. The COMMUNIQUÉ provides stories of interest & information to Alliance members. Please send **ideas, comments, contributions, and questions** to Pauline Huddleson at execdir@apwcolorado.org

[Back to What's Inside]

Member News & Information

Alliance Networking Opportunities, Events, Activities & More

WHAT: OUTREACH COMMITTEE MEETING

When: **Wednesday, September 5, and October 3, 5:30 pm**
 Where: 2218 Franklin Street, Denver, CO 80205 (**PAM FISCHER's**)
 RSVP: **SAMANTHA DARDANO** at 303-523-0833
SDardano@DardanoRealty.com or
CHELSEY BURNS at 303-296-2828
CBurns@wsteele.com

WHAT: NETWORKING EVENTS COMMITTEE MEETING

When: **Tuesday, September 4, and October 2, 11:30 am – 1:00 pm**
 Where: Whole Foods, Colorado Blvd and I-25, upstairs
 RSVP: **ROBIN PEGLOW BERG** at 303-282-1077
Robin@SoulMoxie.net

WHAT: SEPTEMBER NETWORKING LUNCHEON IS OUR HELPING WOMEN+CHANGING LIVES INAUGURAL LUNCHEON

When: **Thursday, September 13, 11:30 am – 1:00 pm**
 Where: PPA Event Center, 2105 Decatur Street, Denver, CO
 Cost: No charge to attend
 RSVP: **www.blacktie-colorado.com/rsvp** and enter event code: APW913 (All one word, not case sensitive) or call **KAREN ROSEN** at 303-618-0427

WHAT: PUBLIC AFFAIRS COMMITTEE MEETING

When: **Tuesday, September 18, 7:30 – 9:00 am**
 Where: Zaidy's in Cherry Creek, 1st & Adams
 RSVP: **NORA KELLY** at 303-866-9868
nvkesq@qwestoffice.net

The issue of health care after the recent Supreme Court decision regarding the Affordable Care Act ("Obamacare"), is a big one this election year. What is "Obamacare" and what does it do? What remains after the Supreme Court decision? If you are a sole business owner, would you qualify for coverage under a health care exchange in Colorado if you can't get coverage elsewhere? Would your family be covered? What will happen to the expansion of Medicaid for single adults here in Colorado after the Supreme Court decision?

Co-chairs **NORA KELLY** and **ARLENE ABADY** are pleased to announce that our speaker for the September meeting is **BOB SEMRO** with the Bell Policy Center, who will discuss these issues and more with us. The meeting is informal. We buy our own breakfasts and chip in to cover breakfast for our guest speaker. Please come for this meeting to discuss this important issue!

WHAT: MEMBER SUPPORT COMMITTEE MEETING

When: **Wednesday, September 19, 11:30 am**
 Where: Woody Creek Bakery, DTC
 RSVP: **LEAH DIRKS** **leah.dirks@efirstbank.com** or
CAROL HOLLIFIELD **carol@innercounseling.com**

WHAT: APW TEAM RACE FOR THE CURE

When: **Sunday, October 7**
 RSVP: **www.komenddenver.org** chose team: The APW
 Cost: Adults, \$35; youth 11-19 /65+ \$25; 10 under \$10
 Info: **ELIZABETH B. MOORE** **emoore@rgo-cpa.com** or
NINA SLOAN **nbs@ninabsloan.com**

WHAT: OCTOBER NETWORKING LUNCHEON

When: **Thursday, October 11, 11:30 am – 1:00 pm**
 Where: TBD
 RSVP: See our website for a reservation link soon

WHAT: PUBLIC AFFAIRS COMMITTEE MEETING

When: **Tuesday, October 16, 7:30 – 9:00 am**
 Where: Zaidy's in Cherry Creek, 1st & Adams
 RSVP: **ARLENE ABADY** **gazebo1@q.com** or (303) 237-0360

Topic: **The Cliff Effect:** When Working Doesn't Pay.
 In Colorado, a full-time job at low wages is not enough to make ends meet. The current structure of work support programs can lead to the "Cliff Effect," where families begin to lose eligibility for federal and state work supports, such as childcare subsidies, even though they are not yet self-sufficient.

At the October meeting, co-chair **ARLENE ABADY** will be introducing Project Wise Executive Director **LAURA GABBAY**, to provide an update on the status of low-income women in Colorado and explain the Cliff Effect. She also will discuss Temporary Aid for Needy Families (TANF) and how that program is implemented, especially since the passage of Senate Bill 22. Laura will bust the myth surrounding the outdated welfare "queen" and provide facts about the women and children who make ends meet on \$467 a month.

Join us for this overview of current economic issues regarding low-income women and reform efforts underway. We buy our own breakfasts and chip in to cover breakfast for our guest speaker. RSVP today!

CHANGE OF DATE FOR THE NOVEMBER PUBLIC AFFAIRS COMMITTEE MEETING: Due to the Thanksgiving holiday, the November meeting will be held Tuesday, November 13 instead of November 22. **SAVE THE DATE!**

Member News & Information

Other Networking Opportunities

WHAT: CAMP EXPERIENCE™ WOMEN'S CAMP

When: **October 12 – 14, 2012**

Where: Keystone, Colorado

CampExperience™ was the idea eight years ago of Betsy Wiersma and 15 volunteers that wanted to have fun, be refreshed and make a difference for others. We expect 200+ Campers and 30-40 staff at our new home in **Keystone Resort & Conference Center**. Our fundraising goal is to meet or beat our 2011 record year of \$33,200.

Now women across Colorado have one more reason to come to CampExperience.....they might win \$500 to give to the charity of their choice--the Alliance Foundation would make a super great choice! A year ago, the Camp committee planned that 25% of the money raised this year would support timely needs in Colorado. Who knew this year would bring so many special needs including a general squeeze on funding for many smaller charities. Well the Camp Sisters are here to help!

Every Camper is eligible to win \$500 to be given in their name to the 501-C charity of their choice. The drawing for 10 lucky sisters will be held at Camp Saturday night and the winners will be asked to track and share the impact of the money on a Camp blog.

With just 30 spots remaining for Camp, now is the time to register, secure your spot and your chance to help someone else with your good deed. The other 75% of funds raised will support our Charity Partners: United Way, Dress for Success Denver and Warren Village.

Learn more regarding **CampExperience™** national speakers and register to attend at www.CampExperience.com or, call RENEÉ at 720-840-4001.

Alliance Thanks!

July Networking Luncheon

July's luncheon at **Street Kitchen Asian Bistro** was a great Networking Luncheon; we owe a **big thanks** to **TRACIE ROMERO** of **RemX Specialty Staffing** who hosted her first APW Networking Luncheon, and did a fabulous job. Thanks to all who joined us for lunch at this great restaurant the service was also outstanding.

August Networking Luncheon

Many thanks to all who attended our luncheon at **The Cherry Creek Country Club!** We thank APW member, **BELINA FRUITMAN** who helped put us in touch with the right folks to hold our luncheon at this beautiful location. **ANNE MOORE** and **LAUREN KAPLAN** did a super job with all the arrangements and co-hosting of this luncheon! This was a fun relaxed, leisurely summer luncheon with plenty of time for table discussion – thanks to all who joined the fun.

New Member Referrals

Big thanks to Alliance member **JEANE DOLE** for referring new member **MELANIE PAHL** to the Alliance. We appreciate that and include Jeane's business card ad as a small token for sharing our fabulous organization.

Receive a free ad for referring new members to The Alliance! In an organization like The Alliance, we depend on referrals to increase our membership. As a small thank you for referring a new member to The Alliance, you will receive a complimentary business card ad in the Communiqué.

Spotlight An APW Committee

The Alliance of Professional Women

2011- 2012 Communications/ Communiqué Committee Charter

Purpose within the Organization. The Communications committee helps get the word out to members via our Communiqué newsletter, our APW website, and social media (such as Facebook and LinkedIn), about all the ways to be involved and get the most from your membership.

Mission Statement. The Communications/Communiqué committee aims to help fulfill the Alliance's mission to connect women personally, professionally, and philanthropically by keeping them well advised of the goings on at the APW.

Vision Statement. The APW website and Communiqué are fabulous tools to connect members to one another in support and friendship and assist in the sharing of ideas and connecting for lasting relationships and to increase awareness of events and happenings within the organization.

Goals. The Communiqué features articles of interest, news of upcoming events, and provides a forum for members' exchange, increasing readership this year is a goal.

The APW website is a great tool for members, we want to increase members usage of this website to help build their businesses and to continue to attract new members to our organization.

We want to keep members updated on events through social media and spread the word about our organization.

Chair(s) Contact Information

- **PAULINE HUDDLESON**, Executive Director, 303-368-4747, execdir@apwcolorado.org
- **SHERE CHAMNESS**, Artist, Writer, Web Developer, 720-841-0779, shere@planet-realtart.com
- **SANDY SMITH**, Graphic Design/Art, 303-759-0401 sandy@alexandersmithdesign.net

Meeting Schedule: We do not have a standing meeting like most committees. We only meet on an as needed basis, most of our work and communication is done electronically. The Communiqué is distributed January, March, May, July, September and November; and editing takes place toward the end of each preceding month. We may have a board directed task force from time to time to come up with good solutions or ways to encourage participation.

Why should you join our committee? This is a fine way to showcase your talents as a writer and to make a difference in the way correspondence is provided for our members.

What types of skills do we need? We are looking for committee members who enjoy writing and would like to contribute short articles to our Communiqué, which runs every other month.

Your submitted article can be anything from a restaurant review to an article with valuable information for our members. Or perhaps you have great editing skills and would like to help edit the Communiqué content before it goes to our Graphic Artist for formatting.

Do you enjoy Social Media? We now have group pages on Facebook and LinkedIn. Would you like to be involved in this dynamic and evolving field? Use your communication skills to make regular updates to our existing social media outlets. Maybe you can even help develop additional venues to get the word out to members!

Or maybe you'd like to capture the fun and special moments from our fabulous events in photos.

Whatever your communication skills, you will be greatly appreciated by fellow members and women out there searching for an organization like The Alliance of Professional Women!

Want To Be Noticed? Accessorize Your Image!

Accessories are crucial to a successful image!

I was talking with a client the other day about accessorizing. I told her that long before I started my career as an image consultant, I used to only focus on my clothing, and accessories were kind of an afterthought. Once I learned the power of accessories, I began to experiment more. Now accessorizing is automatic, just like brushing my teeth...except a lot more fun!

In this article, we'll explore the advantages of accessories and guidelines for a fabulously accessorized image.

Here are just a few of the advantages of accessorizing:

- Earrings, necklaces, pins and scarves help draw attention to your face, where you always want it for business. When your face is the focal point, your message is much stronger!
- You appear very well put together. A well-accessorized outfit helps you send out non-verbal messages that you take care of all of the details and that you're efficient.
- Accessories can be an instant conversation starter. Plus, people are drawn to others who present themselves attractively.

Now that we've discussed the importance of great accessories, let's talk about just **how to go about accessorizing your image.**

- Metals, pearls, precious and semi-precious stones, and crystal jewelry present an elegant look without being audacious. Examine each piece for a look of quality. Avoid plastic or enamel, or anything that looks cheap.

by Dana Lynch, AICI FLC



- Medium-sized jewelry will be eye-catching and sharp, yet not distracting in business. Striking the balance between accessories that are eye-catching and distracting can be tricky. A simple rule of thumb to follow is to use medium-sized accessories. Delicate jewelry is beautiful, but it doesn't have the drawing power of a more substantial piece. Overly large pieces can be distracting.

- One piece of jewelry should be dominant, larger or more attention getting, and the other pieces should be subordinate. For example, if you're wearing a substantial necklace, your earrings should be smaller and simpler.

Think of accessories as icing on the cake. As cliché as it is, cake is good on its own, but it's an irresistible dessert once you frost it! A fabulous outfit can look okay without accessories, but once that ensemble is accessorized it's a knockout look. Follow the tips in this article, and you'll be on your way to building an accessory wardrobe that will give you winning points every time.

Dana Lynch, owner of Elements of Image, is an image consultant specializing in "taking the stress out of getting dressed" and showing women how they can use the power of image to gain an edge in the workplace. She can be reached at 303-463-4839 or 303-868-8925 or visit <http://www.elementsofimage.com> for more information. Subscribe to Dana's e-Style Tip of the Month to receive a FREE special report, "Using Your Image to Gain that Professional Edge."

My Dad...An Extraordinary Man

Thanks to all for sending me condolences for my father's passing. He was an extraordinary man who had many roles in his life: World War II veteran, husband, father, physician, self-taught architect who designed our family home, concert violinist with local orchestras, community leader and avid golfer. And now... he is off on a new adventure.

Thanks,
Sandy Smith

My Dad

If I could write a story. It would be the greatest ever told.
Of a kind and loving father who had a heart of gold.

If could write a million pages but still be unable
to say, just how much I love and miss him...Every single day.

I will remember all he taught me. I'm hurt but won't be sad 'coz
he'll send me down the answers. And he'll always be MY DAD.

© Leah Hendrie

[Back to What's Inside]

Mile Hi Mammamas In The Denver Post

by APW member Catherine Tidd

Looking for a Fun Way to Network? Check Out [The Alliance for Professional Women](#)

When my sister started her financial planning business, she became the Queen of Networking. If there was a committee or a board that involved women in business, she was on it. So, naturally, when I started my own business and began looking for everything from graphic design to legal assistance, I asked her if she knew anyone who might be able to help me out. And every contact she gave me had one thing in common.

They all belonged to [The Alliance for Professional Women](#).

The APW defines itself as a “soft networking” group which basically means they like to build relationships first and then refer business. They hold a monthly luncheon at various restaurants around Denver where they invite motivational speakers and occasionally have drawings for everything from books to a night at The Brown Palace. They have Business After Hours events like spa nights and wine tastings and all of the events I have attended have been filled with laughter with some business card exchanging on the side.

Every time I participate in an APW event, I meet someone new and I am constantly surprised by the variety of industries represented. Women who are involved with travel agencies, financial services, all types of legal services, and at-home businesses (like Arbonne) are there. Human Resources, Interior Design, Health and Beauty – even retired professionals – all find a place in this group. And everyone has their own reason for joining: Some are looking to grow their businesses but many are just looking to meet new people. At the last luncheon I attended, the woman sitting next to me had just been transferred to Denver by her company. “I just wanted to meet new friends,” she said. “So here I am.”

Worried that your type of business may already be represented and that there might not be room for yours? Don't. This organization of women wants to see you thrive and the dynamic of the APW is one that promotes success, not competition. Those members who find themselves in the same business with someone else love figuring out ways in which they can work together, whether it's by referring business back and forth based on specialty, or bonding over other industry-specific networking groups that they belong to and inviting each other to go along.

But the APW's outreach isn't all about business. By creating the [Alliance Foundation](#) in 1994, The Alliance for Professional Women has provided college scholarships for women in the local community, as well as microloans for low-income women around the world by funding the [Village Bank Program](#). The **upcoming September 13th luncheon**, which is free to attend, will be focused on the Alliance Foundation and the global impact the APW and its members have on many women's futures.

So, if you have thought any one of these things...

I wish I could meet new people.

I wish I could grow my business.

I wish I could go to lunch once a month with people I enjoy being around and get motivated.

I wish I knew of a great cause that I could be a part of.

...then come join us for a luncheon and see what we're all about.

Because when women help other women, there's no limit to what we can do.

Catherine Tidd is a writer, widow and mother of three. She is the founder of www.theWiddahood.com, a free peer support website dedicated to anyone who has lost a significant other and has a Facebook peer support page under the name Widow Chick. She has been published in several books about grief and renewal and also writes a blog on anything that pops into her nutty brain called Bud Light Wishes and Cheeto Dreams.

Intuition, A Key To Happiness

by Robin Peglow Berg

Even a year ago I wouldn't have thought there was much in common between intuition and happiness. However after writing my book and working with numerous clients to access their unique style of intuition, I realized that intuition is perhaps the greatest key to happiness.



Despite that everyone defines the specifics of happiness slightly different, here are a few frequent elements my clients have used:

1. A sense of freedom
2. Fulfillment, feeling of purpose
3. Positive relationships-community, family, friendships, love
4. Positive beliefs and mindset: a sense life is good, having faith in desired outcomes, believing in possibilities

Intuition is your “personal GPS” for all of these elements!

In a nutshell here's how it works. I believe that we're each born with instinctive wisdom inside us—wisdom about our likes, dislikes, gifts, talents and desires. We can either ignore this wisdom or embrace it. Intuition is the method by which we “download” our wisdom.

When we embrace our wisdom and align our lives with our innate gifts and passions, we experience a sense of ease and joy. Life seems to flow, and our chosen daily activities increase our energy. We trust ourselves and our inner compass to guide us, leading us to be more self-assured in the face of challenge.

When we are out of sync with our innate selves it causes internal disharmony.

The results are any/ all of the following:

- Drained energy, exhaustion
- More **effort** required to “get through the day.”
- Self-confidence suffers--we no longer trust ourselves to make decisions so we ask everyone else's input and make choices from their values. (Yikes!)
- We feel trapped by limitations, and yearn for more, different, new.

This is NOT a happiness formula!

Intuition is the road home.

Simply stated intuition is a tool that allows you to re-connect with what's most important to you, and to make your best decisions regarding your life and fulfillment. The breakthroughs happen when you raise awareness to the subtle guidance cues that your body gives you daily, and you trust them. You pay close attention and gather loads of fresh, informative information for your best life.

The best news?

We all have access to intuition (and thus the ability to enhance our happiness!)

About Robin: **Robin Peglow Berg** of www.SoulMoxie.net shows highly driven, entrepreneurs and biz leaders how to make a right decision every time by discovering and using their Intuitive Style. As a result she helps them create a new model for success that is energizing, deeply meaningful and helps them to thrive no matter what. Robin applies 12 years of coaching, consulting and speaking to craft strategic programs for long term success.

Be sure to check out **Robin's upcoming workshop September 15th: Are you On The Right Path? Reconnect with Your Inner Compass** <http://tinyurl.com/TheRightPath2> as well as her recent book **Discover Your Intuitive Style: Simple Steps to Make a Right Decision Every Time** via her website's online store.

[\[Back to What's Inside\]](#)

Member News & Information

New Members

NANCY THAUVERTE — Assistant Vice President, **US Bank**,
303-713-6456, nancy.thauvette@usbank.com

MELONIE PAHL — Travel Advisor, **Distinct Destinations, LLC**,
303- 857-0789, melanie@distinct-destinations.com

KELLY JAMES — Insurance Services Manager,
Coordinated Financial Services, Inc. 303- 770-5401,
kjames@cfsinc.biz

TORI HENRY — Client Services Manager,
Coordinated Financial Services, Inc.
303- 296-2828, thenry@cfsinc.biz

New Member Profiles

NANCY THAUVERTE — Assistant Vice President, **US Bank**, 303-713-6456 nancy.thauvette@usbank.com

- 1. Why did you join the Alliance of Professional Women?** I was an APW member for many years. I was a Board member and served, on the Executive Committee, I also was Co-chair of the Public Affairs Committee. It is so good to be back! The members are incredible! Women networking with women to help each other be productive in our careers! In addition, the Alliance Foundation does such a fantastic job helping women in Colorado and around the world be successful in life!
- 2. What are your hobbies?** I enjoy playing golf and I love to travel. In the last two years, my travels have taken me on mission trips to such places as Albania and China!
- 3. What is your position/business?** I am a Trust Specialist with the Private Client Reserve at U.S. Bank. In the Private Client Reserve, we build trusting relationships with our clients to assist them in meeting their goals and living their dreams! We offer investment management, financial planning, trust services, and specialized banking to cover every area of need our clients may have.
- 4. What is something that few people know about you?** I have four grandchildren ranging in age from 12 years old to 5. Three boys and one girl.

KELLY JAMES — Insurance Services Manager, **Coordinated Financial Services, Inc.**, 303- 770-5401, kjames@cfsinc.biz

- 1. Why did you join the Alliance of Professional Women?** To network with professional women and have the opportunity to promote my business.
- 2. What are your hobbies?** My hobbies are reading, traveling and running.
- 3. What is your position/business?** Insurance Services Manager, I help small businesses put together benefits programs.
- 4. What is something that few people know about you?** My husband and I are both left handed.

Anniversaries

The Alliance **wishes to recognize and thank** the following women who joined The Alliance of Professional Women in September or October. We greatly appreciate your continued support of our organization.

27 years	ARLENE ABADY	Freelance Editor	2 years	ANNE MOORE	The Avatar Course
	MELINDA HARPER	Harper Hofer & Associates, LLC		LYNNE MONTGUE-CLOUSE	ActKnowledge
21 years	SANDY SMITH	Alexander Smith Design		STEPH BRUNO	Stephanie Bruno Wealth Advisor
14 Years	ANNE ANGERMAN	Career Matters		NICOLE ECONOMY-BROWN	Brown & Hulbert. LLC
8 Years	ELIZABETH MITCHELL	Ambler & Keenan, LLC		LINDSEY ROTHROCK	Moye White, LLP
	DANA LYNCH	Elements of Image	1 year	WINIFRED HARRIS	Airport Concessions, Inc
7 Years	BARBARA CRAWFORD	Crawford & Cleveland, P.C.		JUDY STEVENS	Stevens-Koenig Reporting
5 Years	LAURA SRSICH	Clark & Srsich, LLC		ROBIN HUTCHINSON	Healthy Nest Nutrition, LLC
	CAROLYN ELLIOTT	Hyatt Hotels		LYNN THOMAS	Habitat Metro Denver
3 years	NORA KELLY	Nora V. Kelly, P.C.			

[\[Back to What's Inside\]](#)

BUSINESS SOURCES

THE ALLIANCE OF PROFESSIONAL WOMEN'S COMMUNIQUE



REAL ART
SHERĒ CHAMNESS

303.797.2821
5390 Mohawk Road
Littleton, CO 80123
www.planet-realtart.com

shere@planet-realtart.com




Clark & Srsich LLC

Laura Srsich, CPA

10268 W. Centennial Rd., Suite 204, Littleton, CO 80127
P 303-986-8900 • F 303-986-7174 • lsrsich@s3ccpa.com

WHITE AND STEELE, P.C.



More Than Five Decades of Trial Proven Strength

600 17th Street, Ste 600N 221 East 21st Street
Denver, Colorado 80202 Cheyenne, Wyoming 82001
(303) 296-2828 (800) 333-7173

www.whiteandsteele.com

à la carte
DESIGN

Jeane T. Dole
303.885.7706 c
303.200.8176 f
jtdole@alacartedesign.com
www.alacartedesign.com



Strategic focus
HAS NOTHING TO DO WITH ONE'S **eyesight.**

WHERE LITIGATION AND VALUATION INTERSECT WITH FORMIDABLE EXPERTISE, YOU'LL FIND THE PROFESSIONALS OF HARPER HOFER & ASSOCIATES.

WHEN THE STAKES ARE HIGH, OUR ANALYSIS IS ON POINT, DELIVERING STRATEGIC, FOCUSED, MEASURABLE RESULTS.

NEED TO GET TO THE HEART OF A COMPLEX MATTER?
WE TELL THE STORY OF THE MONEY, IN FOCUS.
THERE'S STRENGTH IN NUMBERS.

harperHofer
& ASSOCIATES, LLC

MEMBER OF FINANCIAL CONSULTING GROUP, L.C.

FINANCIAL CONSULTANTS IN VALUATION, LITIGATION AND MARITAL DISSOLUTIONS
303.486.0000 www.MONEYTALKSWETRANSLATE.COM

Greenwald & Hammond, P.C.
Dedicated to Consumer Bankruptcy and Loan Modification



(303) 832-2550
Contact us today for a *free* consultation with one of our friendly, experienced female attorneys:
Mindy Greenwald, Esq. (APW member)
Kerry Hammond, Esq.

We offer debt relief!

www.greenhamlaw.com * 1714 Humboldt Street, Denver, CO 80218



OFFICE TECHNOLOGY
SOLUTIONS, Inc.

server, workstation, wireless, firewall, router & more

Susan H. Borgos, J.D., CNE **720-334-0231**
4880 East Atlantic Place Denver, Colorado 80222

Business Sources

THE ALLIANCE OF PROFESSIONAL WOMEN'S COMMUNIQUE

Creative PARTNERSHIPS Produce RESULTS

Alexander
SMITH DESIGN

graphic design
advertising
web design

www.alexandersmithdesign.net • [303] 759-0401

FORENSIC PURSUIT
The Pursuit of Electronic Evidence

Melinda Redenius
Sales and Client Relations

Phone: 303-495-2082
Mobile: 303-242-7214
Toll Free: 866-498-3420

Email: melinda.redenius@forensicpursuit.com
Web: http://www.forensicpursuit.com

Denver • New York • Washington D.C. • Knoxville

FRUSTRATED WITH YOUR JOB?

Call for your free 30-minute consultation:
Career planning and management
New job integration
Work-life balance solutions
Career success mentoring

careerevolution

303.325.5765 www.careerevolutiongroup.com

Samantha Dardano Kirschke
Real Estate Broker
Dardano Properties, LLC

METRO BROKERS

303.331.6700
303.523.0833 cell
303.393.8888 fax
sdardano@dardanorealty.com
www.dardanoproperties.com
7489 East 29th Place, Denver, CO 80239

CFS

COORDINATED
FINANCIAL SERVICES
INCORPORATED
Registered Investment Advisor

Kelly J. James
Insurance Services Manager

4643 South Ulster Street, Suite 960
Denver, Colorado 80237

kjames@cfsinc.biz
Phone 303-770-5401
Fax 303-770-5404

The Avatar® Course
Live Life Deliberately

Anne Moore
Licensed Avatar Master

773-551-2810 (cell)

avatar.anne@gmail.com
www.theavatarcourse.com

Pamela D. Wilson, CSA, MS, BS/BA, CG
President

CSA
Society of
Certified Senior Advisors

Mail to: P.O. Box 18349, Golden, CO 80402
Office: 355 South Teller Street #200
Lakewood, CO 80226
pamela@thecarenavigator.com
www.thecarenavigator.com

c: 303-810-1816
p: 303-205-7877
f: 866-553-9386



calendar of events

You can now find an RSVP link to upcoming Alliance Events on our homepage! Go to www.apwcolorado.org and click on the bold RSVP link – it will take you directly to the BlackTie RSVP page for the event for ON-LINE REGISTRATION See PAGE 4 for event information and event codes or call the contact for the event.

SEPTEMBER 2012

S	M	T	W	T	F	S
						1
2	3	4 Networking Events Committee Meeting 11:30 AM - 1:00 PM, Whole Foods, Colorado Blvd and I-25, upstairs, ROBIN PEGLOW BERG 303-282-1077 Robin@SoulMoxie.net	5 Outreach Committee Meeting 5:30 PM, Home of PAM FISCHER , 2218 Franklin Street, Denver 80205 SAMANTHA DARDANO at 303-523-0833 SDardano@DardanoRealty.com	6	7	8
9	10	11	12	13 Helping Women+Changing Lives Inaugural Luncheon 11:30 am – 1:00 pm, PPA Event Center, 2105 Decatur Street, Denver, No charge to attend KAREN ROSEN at 303-618-0427	14	15
16	17	18 Public Affairs Committee Meeting 7:30-9:00 am Zaidy's of Cherry Creek NORA KELLY at 303-866-9868 nvkesq@qwestoffice.net	19 Member Support Committee Meeting 11:30 am Woody Creek Bakery, DTC LEAH DIRKS leah.dirks@efirstbank.com		21	22
23 30						

For more event information see PAGE 4 or for event updates visit www.apwcolorado.org

OCTOBER 2012

S	M	T	W	T	F	S
	1	2 Networking Events Committee Meeting 11:30 AM - 1:00 PM, Whole Foods, Colorado Blvd and I-25, upstairs, ROBIN PEGLOW BERG 303-282-1077 Robin@SoulMoxie.net	3 Outreach Committee Meeting 5:30 PM, Home of PAM FISCHER , 2218 Franklin Street, Denver 80205 SAMANTHA DARDANO 303-523-0833 SDardano@DardanoRealty.com	4	5	6
7 Race for The Cure® Contact ELIZABETH B. MOORE emoore@rgo-cpa.com or NINA SLOAN nbs@ninabsloan.com to become part of the APW Team!	8	9	10	11 Networking Luncheon 11:30 am – 1:00 pm TBA, See APW website for location and registration information	12 CampExperience™ Women's Camp October 12 – 14, 2012 Renee at 720-840-4001 or visit www.CampExperience.com	13 CampExperience™ Women's Camp October 12 – 14, 2012 Renee at 720-840-4001 or visit www.CampExperience.com
14 CampExperience™ Women's Camp October 12 – 14, 2012 Renee at 720-840-4001 or visit www.CampExperience.com	15	16 Public Affairs Committee Meeting 7:30-9:00 am Zaidy's of Cherry Creek ARLENE ABADY (303) 237-0360 gazebo1@q.com	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

[Back to What's Inside]