



# COMMUNIQUE

## What's Inside

A Message from the APW Executive Director.....	1
Membership Renewal.....	1-2
July Networking Luncheon .....	3
August Networking Luncheon .....	3
From Our July Luncheon Sponsor ....	4
Coffee Connections.....	4
From Our August Luncheon Sponsor - Leigh Miller of Juice Plus+ .....	5
We're Looking for a Communique Sponsor .....	5
News from The Alliance Foundation.....	6
Our Fundraising Luncheon Helps So Many .....	7
SAVE THE DATE.....	8
And the Award goes To.....	8
Quarterly Business Book Club.....	9
Public Affairs Meetings .....	10
Coffee Connections.....	10

<b>NEWS AND INFORMATION:</b>	
Alliance Networking Events, Member News and Information .....	11-16
Business Source .....	17-21
Calendar.....	22



Kerry Hammond

THE ALLIANCE OF PROFESSIONAL WOMEN

**Executive Director**

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## Connecting Women Personally, Professionally and Philanthropically

### A Message from the APW Executive Director

**Happy Summer everyone, or maybe I should be saying Happy New Year.** It might be the middle of the calendar year, but as you know, **The APW year starts on July 1**, so it's the New Year for us, and that means membership renewal. Your membership renewal email should have arrived in your inbox on June 30th, so please take a minute to click on the link and renew. If you read the following article, **'Membership Renewal,'** I have outlined our two Individual and our two most popular Corporate membership options, so you may want to check that out first to make sure you're choosing the best level for you and your business. If you did not receive the renewal email, please contact me at [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org).

**I am excited about the APW year we have planned for you.** We will continue to host our fabulous monthly Networking Luncheons at locations in and around Denver, our Coffee Connections meetings are still going strong, and our After Hours Task Force is working on a happy hour event for the fall.

**On the philanthropic side, our Outreach Committee is hard at work planning events to give back to the community.** These volunteer events will be advertised in the Communique, on our website, and in the weekly What's Happening emails. So read your email, mark your calendar, and volunteer with us.

September will be here before you know it, so also mark your calendar for the **5th Annual Alliance Foundation Helping Women + Changing Lives Luncheon on September 8.** APW member **KRISTI SULLIVAN** of **Sullivan Financial Planning** will be our emcee and we will have a guest appearance by **AMELIA EARHART** from **9NEWS**.

*I hope you have a wonderful summer!*

**KERRY HAMMOND**, Executive Director  
The Alliance of Professional Women  
and Alliance Foundation

### Membership Renewal

**It's that time of year again.** Time to renew your APW Membership to enjoy another year of connecting personally, professionally, and philanthropically. All membership renewals must be completed by **August 15, 2016**, so don't delay. We have four levels of membership for you to choose from, and I have outlined the benefits in each category so that you can be sure to choose the one that is right for you.

Continued on Page 2

**Leadership****EXECUTIVE COMMITTEE**

**Leslie Garske** President  
AXA Advisors  
**Sheila Drew** President-Elect  
Creative Financial Staffing of Colorado  
**Chelsey Burns** Secretary  
**Vanda Dyson** Treasurer  
DYCO Diversified  
**Leah Dirks** At Large  
FirstBank  
**Dana Lynch** At Large  
Elements of Image  
**Pam Fischer** At Large  
Design à la Carte, Inc  
**Melissa Richards** At Large  
Liv Sotheby's International Realty

**BOARD MEMBERS**

**Leslie Garske** President  
AXA Advisors  
**Sheila Drew** President-Elect  
Creative Financial Staffing of Colorado  
**Chelsey Burns** Secretary  
**Vanda Dyson** Treasurer  
DYCO Diversified  
**Leah Dirks** At Large  
FirstBank  
**Dana Lynch** At Large  
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**Lynne Amerson** At Large  
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**Julie Sequeira** At Large  
J. Sequeira Agency  
**Leigh Miller** At Large  
Juice Plus +  
**Melissa Richards** At Large  
Liv Sotheby's International Realty  
**Kelly Snodgrass** At Large  
Snodgrass Law, LLC  
**Lee Lipniskis** At Large  
Core Contractors  
**Megan Henson** At Large  
The Traveling Vineyard

**EMERITUS BOARD MEMBERS**

Emilie Ailts, Melinda Harper,  
and Charlene Wilson

**Membership Renewal**

Continued from Page 1

**Individual Membership . . . . . \$175.00****Includes the Following Benefits:**

- Member pricing for all events including monthly Networking Luncheons and quarterly Business After Hours events.
- Inclusion in the APW online Membership Directory with a hyperlink to your company's website.
- Receive The Communiqué, the APW's bi-monthly online newsletter.
- Two discounted guest passes for APW Networking Luncheons per year.
- Eligible to participate on Committees and Task Forces.
- Eligible to sponsor monthly networking luncheons.
- Eligible to purchase advertising space in the Communiqué.

**Networking Connection Membership . . . . . \$275.00****Includes All Individual Membership Benefits PLUS:**

- A business-card-sized advertisement in the bi-monthly online newsletter, which is also available on the website.
- One FREE guest pass for any regularly-priced Networking Luncheon or Business After Hours event.
- Your business-card-sized advertisement featured on the APW website (including a link to your company website, with a meta-description to benefit your search engine ratings).

**Cerrid Corporate Membership . . . . . \$575.00**

- Includes Three Individual Memberships.
- Three employee members receive member pricing for all events and receive the APW's bi-monthly online newsletter, The Communiqué.
- A business-card-sized advertisement in the bi-monthly newsletter, which is emailed and on the website.
- Your business-card-sized advertisement featured on the APW website (including a link to your company website, with a meta-description to benefit your search engine ratings).
- Three FREE guest passes to any regularly-priced Networking Luncheon or Business After Hours event and six discounted guest passes for APW Networking Luncheons per year.
- Company featured on APW website Corporate Member page with logo, hyperlinked to your corporate website with meta-description that benefits your search engine ratings.
- Three employee members included in APW online Membership Directory and the option to participate on Committees and Task Forces.
- Eligible to sponsor monthly networking luncheons.

**Kuan Yin Corporate Membership . . . . . \$975.00**

- Includes Five Individual Memberships.
- Five employee members receive member pricing for all events and receive the APW's bi-monthly newsletter, The Communiqué.
- A quarter-page-sized advertisement in the bi-monthly newsletter, which is emailed and on the website.
- Your business-card-sized advertisement featured on the APW website (including a link to your company website, with a meta-description to benefit your search engine ratings).
- Five FREE guest passes to any regularly-priced Networking Luncheon or Business After Hours event and ten discounted guest passes for APW Networking Luncheons per year.
- Company featured on APW website Corporate Member page with logo, meta-description and hyperlink.
- Five employee members included in APW online Membership Directory and the option to participate on Committees and Task Forces.
- Eligible to sponsor monthly networking luncheons.

## July Networking Luncheon - REGISTER HERE

Join us for the **first Networking Luncheon of the summer at Osaka Ramen on Thursday, July 14.** Osaka Ramen is located in Denver's RiNo district at 2611 Walnut Street, Denver 80205. This restaurant only has a capacity of 65, so we have limited the registrations and will not allow walk-ins.

**Our New Member and Prospective New Member Orientations will now be held quarterly.** Our July luncheon will include an **11:00 am Orientation.** If you joined the APW and have not attended an orientation, or if you are considering joining our group and want to know more, please attend our ½ hour discussion at the restaurant. The orientation will end at 11:30 am so that you can begin networking.

We will have open networking starting at 11:30 am, then at noon we will hear announcements and a presentation from our luncheon sponsor. Our event concludes by 1:00 pm.

Our Luncheon Sponsor for July is **LEE LIPNISKIS**, Finance Manager at **Core Contractors.**

We have such great door prizes to give away, that I thought I would give you a sneak peek: A beautiful pair of earrings from **Rocky Mountain Jewelers**, valuable **Arbonne Products**, a **ChopHouse Gift Certificate**, and a **"Pink Box."** That last one is a surprise, and I will let Lee Lipniskis tell you about it at the luncheon.

**And then there is the great food, here are your options:**

FIRST COURSE (choice of):

Osaka Ramen Salad or Green Beans

SECOND COURSE (choice of):

Tofu Bento Box (vegetarian) or Chicken Bento Box or Spicy Miso Ramen or Thai Green Curry-Coconut Ramen (vegetarian)

DESSERT: Tea Cake with Brown Butter Frosting and Earl Grey Whipped Cream.

COST: \$35 APW members; \$45 non-members.

RSVP: **Please register by 5:00 pm on Monday, July 11**, to attend. No walk-in's, pre-registration only.



## August Networking Luncheon

We will return to the exclusive **Denver Country Club** for our **August Networking Luncheon on August 11, 11:30 am – 1:00 pm.** The Country Club is located at 1700 E. First Avenue, Denver 80218.

There will be no New Member Orientation at this luncheon, but we always have someone from our Membership Committee available to help new members and guests get their feet wet and meet new people. So you will never be ignored or left out in the cold.

**Watch our Website for the Menu and RSVP Link.**

COST: \$35 member; \$45 non-members.

## Communiqué Committee

Kerry Hammond, Editor  
Chelsey Burns, Co-Editor  
Sandy Smith, Co-Chair

## Communiqué Sponsors

Sandy Smith/Alexander Smith Design  
[www.alexandersmithdesign.net](http://www.alexandersmithdesign.net)

## From Our July Luncheon Sponsor – Lee Lipniskis, Core Contractors



Core Contractors was established in 2001 by Tomas Wolfram with a focus on general contracting. In 2009, Tomas partnered with Andrew Schmidt and Jim Horning, who are experts in communication and finance, to reorganize the business and focus solely on residential and commercial roofing systems.

### THE JOURNEY:

I joined the Core team in the summer of 2012 after spending five years working for various insurance carriers as a property claims adjuster. As an expert in the insurance process, I help bridge the gap between Core and the insurance carriers. We share mutual clientele with the carriers, therefore, it is in our best interests to hold each other accountable, ensuring each client is fully satisfied.



Throughout my time at Core, I have been able to grow with the company and become proficient in all aspects of the business. Doing so has allowed me to evolve into leadership roles thus paving the way to success in my current position as Finance Manager. I am also a member of Core's leadership team which was formed to instill and uphold the culture and core values of the company. Because of the development and importance of culture within Core, we can motivate and inspire our team to become unique in our industry.

### CORE CONFIDENCE:

In 2014, Core won the Better Business Bureau Torch Award for Marketplace Trust in the Denver/Boulder region. We are the first and only roofing company to win this award and are honored to be chosen by our community as a frontrunner in this category. We are aware that the general public has become somewhat skeptical of the roofing industry and its practices; however, our team is confident that we can not only change, but eliminate this perception altogether.

### WOMEN EMPOWERING WOMEN:

I joined the Alliance of Professional Women not only for the networking and philanthropic aspect of the alliance, but to surround myself with other professional women in my community. Statistically, only 1% of the workforce in the roofing industry is comprised of women. In an effort to diversify the marketplace, Core has joined forces with the National Women in Roofing Association to launch the local Colorado Council to educate, mentor, and recruit more women into a historically male driven industry.



Lee Lipniskis, Core Contractors, O: 303-295-2220, [coredoes.com](http://coredoes.com)

Some  
of..

## Colorado Festivals

### Colorado Lavender Festival

Jul 8-10, 2016 | Palisade, CO

### Cheesman Park Art Fest

Jul 30-31, 2016 | Denver, CO

### Colorado Dragon Boat Festival

Jul 30-31, 2016 | Denver, CO

### Denver Burger Battle

Aug 4, 2016 | Denver, CO

### Amazing Pet Expo

Aug 20, 2016 | Denver Mart

## From Our August Luncheon Sponsor Leigh Miller of Juice Plus+

**I'm delighted to be sponsoring the August luncheon at the stunning Denver Country Club and am pleased to have this opportunity to share with you something that is really impacting my health and that of countless others.** I turned 60 in June, which in and of itself is no big deal as people with the most birthdays live the longest :-)), but it did cause me to pause and evaluate where I am and how I want to maximize the next third of my life.

I make a conscious effort to make health and fitness a priority in my life and am so thankful for the perfect foundation with Juice Plus+. But I know that our bodies are exposed to toxins both externally and internally through metabolic waste, pesticides, and additives in our food. Many of these toxins also contribute to weight gain. Signs of this sort of stress include brain fog, digestive issues, bloating, muscular tension, allergies, headaches, dry eyes, anger and irritability, and inflexibility. Any of these sound familiar? I decided to do something about it and SO CAN YOU with the SHRED.



Leigh Miller

### The 10 Day Shred program includes:

- NO gluten, caffeine or dairy (easy as all JP+ products are free of these)
- NO alcohol (you can do anything for 10 days, right?) or processed food
- YES to drinking lots of water (I love spa water with cucumber, mint, etc.)
- YES to exercising daily
- YES to getting lots of sleep
- YES to eating dinner by 6:00 pm

In addition to having 2 fabulous complete smoothies a day and the protein bars as an on-the-go snack, we have menus, recipes, shopping guides and a Facebook community that will be encouraging you every step of the way and all for less than a fancy coffee drink! I'm happy to share samples with you.

Long-term change doesn't come overnight but with this effective "jump start," and the nutritional seatbelt offered by the over 40 plants in JP+ fruit, veggie and berry blends, no matter your age or fitness level, you will be on a road to better health and vitality. It's so empowering to take control of your health and wellness. **I encourage you to join me on the journey!**

**LEIGH MILLER**  
Juice Plus+

## We're Looking for a Communique Sponsor

**It's easier than it sounds to become a Communique Sponsor, trust me. A lot of work goes into creating each issue of the Communique newsletter, but sponsoring it is a cinch and an amazing marketing opportunity for your company.** The Communique contains loads of news and interesting articles written by our APW Members, not to mention business card ads to make referring easier.

In order to ensure that our members have a chance to read this publication, we would like to have some printed copies available at each Networking Luncheon. Our Communique Sponsor would be in charge of printing anywhere from 25-45 copies of our newsletter, which is only published every other month. (The length ranges, from 16-22 pages total.) In return, we will happily run a ½ page sized business ad in our advertising section of each newsletter and mention you on our website for as long as you are our sponsor.

If you're interested, please contact **KERRY HAMMOND**, [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org) or (303) 368-4747.



## News from The Alliance Foundation

On behalf of the Alliance Foundation, I'd like to recognize all of our sponsors for the 5th Annual Helping Women + Changing Lives Luncheon and extend a heartfelt thank you for your commitment to this event. Your contribution helps make our vision a reality by helping to offset the cost of the luncheon, and our sponsors are vital to the event's success. We look forward to seeing all of you and your guests in September!

**MELISSA RICHARDS** President  
Alliance Foundation



The June Networking Luncheon was sponsored by the Alliance Foundation. Shown here from left to right - Mary Brozovich (Regis University), Michaela Dexter (Regis scholarship recipient), Loni Sharrow, and Anne Moore. (Photo by Willy Wison, Life Unstill Photography)

### Our 2016 Helping Women + Changing Lives Luncheon Sponsors and the APW Members Who Represent Them:

#### Changing Lives Sponsors

Deloitte, **ALEXANDRA TUNE**  
EideBailly, **LAURA SRSICH**  
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**LEIGH MILLER**  
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Real Living CO Properties

#### In-Kind Donations

Alexander Smith Design, **SANDY SMITH**  
**BRENDA MAHONEY**  
Footers Catering  
Gateaux Bakery  
Purple Point Photography, **KELLY JAMES**

A **Special Thank You** to **LEIGH MILLER**. She offered to donate \$25 for each APW Member Juice Plus+ order she received from May 1 through the September 8 Fundraising Luncheon. So far Leigh has donated \$75 to the Alliance Foundation!

## Our Fundraising Luncheon Helps So Many



The **Helping Women + Changing Lives Luncheon on September 8th** is the **Alliance Foundations only fundraising event** each year, and it is **FREE** to attendees. Our goal is to have enough generous sponsors to completely pay for the event. This means that **ALL** of the money raised on that day can go to our three fundraising projects: **Village Banks, Scholarships, and Community Outreach.**

**Village Banks:** Help a woman start a small business and you've changed the life of a woman, a family, and a community! Who would think that buying a sewing machine or a few chickens would be a hardship? It is the norm for many women in developing countries.

Due to the support of the Alliance Foundation Village Banks program, women can do just that. What you might not know is that one Village Bank provides loans for 20-25 women. These loans are repaid every six months to 1 year, serving as a revolving line of credit for more and more women each year. Since its inception, the Alliance Foundation has funded more than 20 Village Banks in nine countries and three continents. Thousands of women are the beneficiaries of our generosity. The impact we have made is truly incredible.

**Scholarships:** Scholarship recipients receive The Arlene Abady Scholarship Award, honoring the memory of one of the APW founding members, Arlene Abady. The Alliance Foundation Scholarship is offered annually to a junior with financial need and a minimum GPA of 3.0 who is a non-traditional student and also involved in her community.

**Community Outreach:** The mission of the APW Outreach Committee is to provide philanthropic opportunities for members of The Alliance of Professional Women that promote health, welfare, education and employment of underserved women and children in our community. We support organizations such as Arapahoe House, Excelsior Youth Center, and the Delores Project. These organizations are all community-based nonprofits. For example, volunteers serve shelter meals, collect much needed personal care items, and provide secret Santa shopping for people who would otherwise not receive a gift at the holidays.

**You can help all of these great causes at our 5th Annual Helping Women + Changing Lives Luncheon on September 8, 2016.** Stay tuned for more information or refer to [apwcolorado.org](http://apwcolorado.org).

We've lined up a **delicious menu** that has been specially created by **CHEF GREG** at **Footers Catering**. We will hear from some of the people who have been involved in our charitable works, and we will have a **special guest appearance** by **AMELIA EARHART**, who describes herself as follows: "around the world pilot, keynote speaker, tv news reporter, never giver-upper. Yes, this is my real name. Not related by blood... related by passion for flight."

### A little bit more about Amelia:

In 2014, Amelia departed on a flight around the world, to complete her lifelong goal of recreating her namesake's monumental journey. She flew a Pilatus PC-12NG with co-pilot Shane Jordan along a 28,000-mile course, landing in sixteen different countries, over the course of eighteen days. Amelia became one of the youngest women in the world to complete this flight. Amelia is the president of the Fly With Amelia Foundation, a Colorado-based non-profit organization that provides flight training scholarships to young women across the United States. Amelia now works with multiple aviation organizations to support the advancement of the aviation industry and to promote women in aviation.

**Save the Date for our 5th Annual Helping Women + Changing Lives luncheon on September 8, 2016.**

**Luncheon Sponsors**

**Alliance Foundation**  
June 2016

**Jill Klancke**  
**Klancke and Cooke,**  
**Attorneys at Law**  
April 2016

**Pamela Foley**  
**Well and Company**  
March 2016

**Ky Agnew, CSA**  
**PASCO-Personal Assistant**  
**Services of Colorado**  
February 2016

**Lorni Sharrow**  
**Moye White**  
November 2015

**Kristi Sullivan**  
**Sullivan Financial Planning**  
October 2015

**Cari Harris and Megan Henson**  
**Etcetera**  
August 2015

**Pamela Wilson**  
**The Care Navigator**  
July 2015

**Alliance Foundation**  
June 2015

**Jayne Sanders**  
**Precision Wisdom™**  
April 2015

**Betsy Wiersma**  
**CampExperience**  
**Corporate Members**  
March 2015

**Anne Angerman**  
**Jill Klancke**  
February 2015

**Interested in becoming a Networking Luncheon Sponsor? Call 303-368-4747**

**Corporate Members**

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Moye White LLP  
REALART  
Ryan, Gunsauls & O'Donnell, P.C.

**Sustaining Alliance Member**

**Ky Agnew**      **Sheila Drew**  
**Jill Klancke**      **Maura Ridge**

Be advised that the Communiqué is not private, only the APW Member Directory is restricted to members only, and can be viewed on the Internet.

The Alliance is a member of and proudly supports: Colorado Women's Lobby, and The International Alliance for Women



*Helping Women*  
**+ Changing Lives**

Proudly Presenting Our Fifth Annual Philanthropic Luncheon

Special Guest Appearance by  
**Amelia Earhart**

**Thursday, September 8, 2016**

11:30 am - 1:00 pm • PPA, 2105 Decatur Street, Denver, CO 80211



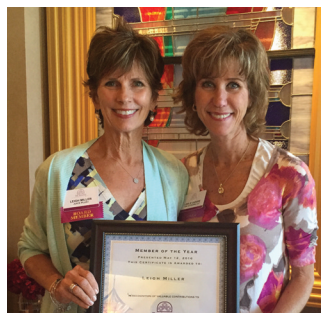
## And the Award Goes To.....

**We value our members** and the work they do for all of us at the APW. Three awards were given this year to recognize three of our members for their dedication and achievements.

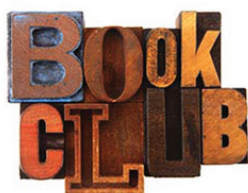
**LEIGH MILLER** received the award for **Member of the Year**. Leigh joined the APW in 2013. She is a member of the Membership Committee and therefore frequent Ambassador and New Member Orientation leader. Leigh also facilitates the Central Denver Coffee Connections and the Members Only Book Club.

**MELISSA RICHARDS** received the award for **Rising Star**. Melissa joined the APW in 2014 and served on the Membership Committee, APW Board of Directors, and the Fundraising Committee before becoming the President of the Alliance Foundation in 2016.

**DANA LYNCH** received the award for **Lifetime Achievement**. Dana has been an APW member since 2004, has been a Table Captain for each of our four yearly fundraising luncheons and has co-chaired the many Business After Hours events.





QUARTERLY  
BUSINESS*A Members-Only Event*

Our Members Only Book Club is in its second year and it's gotten even better. We have a mix of fiction and non-fiction this year and have picked some books that will enlighten, some that will inspire, and some that will just make us laugh. The Book Club meets every other month and the dates and book choices can be found on our APW website calendar [HERE](#).

**Upcoming Book Club Meetings:**

When: **Monday, July 11, 2016**

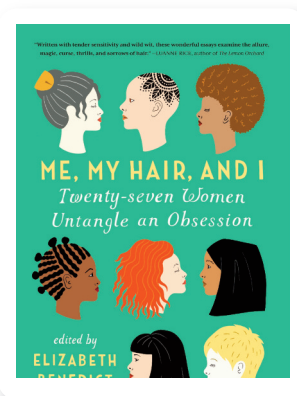
Where: The home of **KRISTI SULLIVAN**

Book: *Me, My Hair, and I: Twenty-seven Women Untangle an Obsession* by **ELIZABETH BENEDICT**

Ask a woman about her hair, and she just might tell you the story of her life. Ask a whole bunch of women about their hair, and you could get a history of the world. Surprising, insightful, frequently funny, and always forthright, the essays in *Me, My Hair, and I* are reflections and revelations about every aspect of women's lives from family, race, religion, and motherhood to culture, health, politics, and sexuality.

They take place in African American kitchens, at Hindu Bengali weddings, and inside Hasidic Jewish homes. The conversation is intimate and global at once. Layered into these reminiscences are tributes to influences throughout history: Jackie Kennedy, Lena Horne, Farrah Fawcett, the Grateful Dead, and Botticelli's Venus.

The long and the short of it is that our hair is our glory—and our nemesis, our history, our self-esteem, our joy, our mortality. Every woman knows that many things in life matter more than hair, but few bring as much pleasure as a really great hairdo.

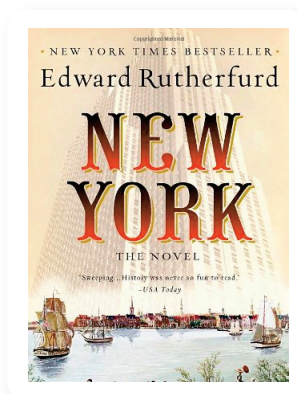


When: **Monday, September 19, 2016**

Where: **TBD**

Book: *New York: The Novel* by **EDWARD RUTHERFORD**

Edward Rutherford celebrates America's greatest city in a rich, engrossing saga, weaving together tales of families rich and poor, native-born and immigrant—a cast of fictional and true characters whose fates rise and fall and rise again with the city's fortunes. From this intimate perspective we see New York's humble beginnings as a tiny Indian fishing village, the arrival of Dutch and British merchants, the Revolutionary War, the emergence of the city as a great trading and financial center the convulsions of the Civil War, the excesses of the Gilded Age, the explosion of immigration in the late nineteenth and early twentieth centuries, the trials of World War II, the near-demise of New York in the 1970s and its roaring rebirth in the 1990s, and the attack on the World Trade Center. A stirring mix of battle, romance, family struggles, and personal triumphs, *New York: The Novel* gloriously captures the search for freedom and opportunity at the heart of our nation's history.



For both book club meetings -  
**RSVP is REQUIRED**, Email **LEIGH MILLER:**  
[millerleigh13@gmail.com](mailto:millerleigh13@gmail.com) to let us know  
you're coming.

## Public Affairs Meetings

Our **Public Affairs Committee** is on summer break, look for their next event in **September 2016**.

Public Affairs regularly meets at Zaidy's Restaurant at First Avenue and Adams Street in Cherry Creek, starting at 7:00 am for networking, 7:30 am for breakfast and the speaker. We usually wrap up at 9:00 am. We eat while listening to the speaker and the format is casual. You will buy your own breakfast. If interested in attending or for questions, please contact Nora Kelly at nvkesq@gmail.com or at (303) 377-5518.



Join **APW members** and **prospective APW members** at an upcoming **Coffee Connections**. Grab a cup of coffee, tea or breakfast and share information about your business and discuss business-related topics. Leave when you need to, our end time is approximate.

The **July Coffee Connections** will meet on **Friday, July 15, 8:30 am - 10:00 am**. The **Central Denver meeting is at Trompeau Bakery**, 2950 S. Broadway, Denver (2 blocks south of Yale). **RSVP to LEIGH MILLER [millerleigh13@gmail.com](mailto:millerleigh13@gmail.com)**.

The **August Coffee Connections** will meet on **Friday, August 19, 8:30 am - 10:00 am**. The **DTC meeting is at Espresso Café** (Inside the Kitchen Table Cooking School) 6380 S. Fiddlers Green Cir. #108A, Greenwood Village, 80111. **RSVP to LAUREN KAPLAN [lauren@thekaplans.com](mailto:lauren@thekaplans.com)**.

We are considering adding a Coffee Connections North, stay tuned for more information.

## APW Fun Feature!

**Did you know that members can add items to the APW website calendar?** If you have an event you're sponsoring and you want to let other members know, you can log in to your member account and add the information to the community calendar.

You can also post your events on our Facebook page to let other APW members know what you're up to. "Like" us on Facebook and follow our posts too.

### Colorado Facts

**Women's Rights.** Colorado was the second state in the U.S. to give women the right to vote. Wyoming was the first. The tough pioneering women who came to the West to help tame the land showed how strong and intelligent women could be.

**Colorful Colorado lives up to its name.** It is the state with the most mountain peaks topping 14,000 feet. Its terrain varies from mountains tops where the snow never melts, to fruitful plains and scorching deserts. Many parts remain beautiful, wild and untamed.

**Highest Climb.** The highest vertical climb is not on a mountain but up the north side of the Black Canyon. Rising 1,700 feet, this sheer rock face is even higher than the famous Diamond on Longs Peak and was not conquered until 1969.

## Member News &amp; Information

## Alliance Networking Opportunities

**WHAT: NETWORKING EVENTS COMMITTEE MEETING****When:** Tuesday, July 5, and August 2, 11:30 am – 1:00 pm**Where:** Natural Grocers, Colorado Blvd. and Evans**RSVP:** LYNNE AMERSON, [lynne.amerson@myfw.com](mailto:lynne.amerson@myfw.com)**WHAT: MEMBERS ONLY BOOK CLUB****When:** Monday, July 11, 7:00 pm – 8:30 pm**Where:** Home of KRISTI SULLIVAN: 783 S. Downing St., Denver 80209**RSVP:** LEIGH MILLER, [apwcolo@yahoo.com](mailto:apwcolo@yahoo.com)**Book:** *Me, My Hair, and I: Twenty-seven Women Untangle an Obsession* by ELIZABETH BENEDICT**WHAT: MEMBER SUPPORT COMMITTEE MEETING****When:** Wednesday, August 17, 11:00 am – 12:30 pm**Where:** Woody Creek Bakery, DTC**RSVP:** JULIE SEQUEIRA, [jsequeir@amfam.com](mailto:jsequeir@amfam.com)**WHAT: COFFEE CONNECTIONS SOUTH****When:** Friday, August 19, 8:30 am – 10:00 am**Where:** Espresso Café (Inside the Kitchen Table Cooking School) 6380 S. Fiddlers Green Cir. #108A, Greenwood Village, 80111**RSVP:** Lauren Kaplan, [lauren@thekaplan.com](mailto:lauren@thekaplan.com)**WHAT: JULY NETWORKING LUNCHEON****When:** Thursday, July 14, 11:30 am – 1:00 pm  
(New Member Orientation at 11:00 am)**Where:** Osaka Ramen, 2611 Walnut Street, Denver, 80205**Cost:** Members \$35; non-members \$45**RSVP:** [CLICK HERE](#) to attend. Registration needed by 9:00 am on Monday, July 11, to attend.  
No walk-ins, please.**Sponsor:** LEE LIPNISKIS of Core Contractors**WHAT: COFFEE CONNECTIONS CENTRAL DENVER****When:** Friday, July 15, 8:30 am – 10:00 am**Where:** Trompeau Bakery, 2950 S. Broadway  
(2 blocks south of Yale)**RSVP:** LEIGH MILLER, [millerleigh13@gmail.com](mailto:millerleigh13@gmail.com)**WHAT: OUTREACH COMMITTEE MEETING****When:** Wednesday, August 3, 5:30 pm  
(NO MEETING IN JULY)**Where:** PAM FISCHER, 2218 Franklin St., Denver, 80205**RSVP:** BETH JOHNSON, [bethany.johnson@moyewhite.com](mailto:bethany.johnson@moyewhite.com)**WHAT: AUGUST NETWORKING LUNCHEON****When:** Thursday, August 11, 11:30 am – 1:00 pm**Where:** Denver Country Club, 1700 E. 1st Ave., Denver, 80218**Sponsor:** LEIGH MILLER of Juice Plus+**RSVP:** WATCH the Website for Registration Link**A NEW Opportunity to Showcase Your Business....For an Entire Year!**

We are looking to **improve our Alliance of Professional Women and Alliance Foundation websites** to make them more Mobile and Tablet friendly. In order to finance this endeavor, we are **looking for a sponsor or sponsors to cover the cost of the upgrade.**

Our **sponsor will receive advertising on our website, including a moving banner ad**, which is a first for us. This is a great way to put your business front and center on a website that receives a high amount of search traffic.

Please contact **KERRY HAMMOND**, [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org) or (303) 368-4747 for more information.

## Member News &amp; Information

## APW Outreach Update

From APW Member and Outreach Committee Co-Chair,  
**WILLY WILSON** of **Life Unstill | H Wilson Photography**

### New Legacy Charter School Got Organized!

New Legacy is a school that opened in the fall of 2015 for pregnant and parenting teens in northwest Aurora at 2091 N. Dayton Street. The school currently serves 85 high school students and 60 infants and toddlers in its on-site early learning center. The school is tailored to the unique and multifaceted needs of teen parents, empowering them to create a legacy of education, quality parenting, and personal success for themselves and their children.

This May, six APW volunteers helped New Legacy organize their clothing donations. The school accepts donations of gently used baby and children's clothing up to age four and women's maternity clothes. Students are able to "purchase" clothing from the school store with credits earned at school for small successes such as attendance, timeliness, kindness, helping others, or completing certain projects or programs. The school received a tremendous amount of clothing donations, which were piled waist-high in a storage room. APW volunteers sorted all the garments by gender and age, removed items that were damaged or stained, assembled shelving, and organized the storage room for easy access.

**Thanks to everyone who helped!**

We continue to serve shelter meals at **The Delores Project**, which provides safe, comfortable shelter and personalized services for unaccompanied women and transgender individuals experiencing homelessness, and advocates for housing solutions.

For more information about The Delores Project, please see their website: [thedeloresproject.org](http://thedeloresproject.org)

**For information on community outreach volunteering opportunities and upcoming events** please check the APW calendar, or contact Outreach Committee Chairs, **BETHANY JOHNSON**, [bethany.johnson@moyewhite.com](mailto:bethany.johnson@moyewhite.com), or **WILLY WILSON**, [wilson@lifeunstill.com](mailto:wilson@lifeunstill.com).

## Anniversaries

The Alliance wishes to **recognize** and **thank** the following women who joined The Alliance of Professional Women in July or August. We greatly appreciate your continued support of our organization.

### 30 years

**MELINDA HARPER** . . . . .Harper Hofer & Associates, LLC  
**DENISE MILLS** . . . . .Mills & Weitzenkorn, P.C.

### 20 years

**DEBRA ARMBRUSTER**

### 19 years

**KAREN ROSEN** . . . . .Excelsior Youth Center

### 18 years

**SHEILA DREW** . . . . .CFS or Creative Financial  
Staffing of Colorado

### 7 years

**SAMANTHA DARDANO** . . . .Dardano Properties-  
Metro Brokers, Inc.

### 4 years

**NANCY THAUVETTE** . . . .Arbonne International  
**SHANNON DOMAILLE** . . . .Lutz Zuber & Associates, LLC  
**KRISTINE ROPER** . . . . .Harper Hofer & Associates, LLC

### 3 years

**GLORIA PADILLA DE GARCIA** Harper Hofer & Associates, LLC

### 2 years

**ALANA ANZALONE** . . . . .Anzalone Law Offices

### 1 year

**MAURA RIDGE** . . . . .The Denver Foundation  
**K.K. DU'VIVIER** . . . . .University of Denver Sturm  
College of Law  
**ANN GUSHURST** . . . . .Guterman Griffiths PC



## Member News &amp; Information

## New Members

**LESLIE MILLER** - [leslie@lesliemillerlaw.com](mailto:leslie@lesliemillerlaw.com)

**CINDY WOJTOWICZ** - **Arbonne** Independent Consultant,  
(480) 201-7847, [cindywojto@gmail.com](mailto:cindywojto@gmail.com)

**JENNIFER SCHAFFNER** – Attorney, **Willoughby & Associates**, (303) 839-1770, [jen@willoughbylaw.com](mailto:jen@willoughbylaw.com)

**CHRISTA GROVER** - Founder + Designer, **Dahl House Design, LLC**,  
(303) 995-7796, [christa@dahlhousedesignllc.com](mailto:christa@dahlhousedesignllc.com)

**KIM DUSHINSKI** - Director of Marketing and Culture,  
**Premier Roofing Company**, (720) 271-6258,  
[kim.dushinski@gmail.com](mailto:kim.dushinski@gmail.com)

**LAURA SOUTHWARD** - Tax Partner, **Neal R. Veta & Associates, P.C.**, (303) 292-6163,  
[lsouthward@vetacpa.com](mailto:lsouthward@vetacpa.com)

**NICOLE GUSSICK** - **Business Strategies Hub**,  
(720) 381-1509, [strategieshub@gmail.com](mailto:strategieshub@gmail.com)

## New Member Profiles

**MARY ANN LITTLER** - CEO, **Peak to Peak Business Strategies**, (303) 663-2722, [mlittler16@gmail.com](mailto:mlittler16@gmail.com)

**1. Why did you join the Alliance of Professional Women?** I joined APW as a recommendation from another member. The group has a reputation for being open and willing to refer to each other and support personal development and networking. After 34 years in the corporate world as an executive, I have opened my own Business Coaching and Consulting firm. Creating awareness of how I can help other business women is in alignment with my core values.

**2. What are your hobbies?** My husband and I love to travel and follow Formula 1 racing! 2 years ago we combined a trip to Italy with the Italian Grand Prix! I am also heavily involved in philanthropy by serving as the Vice Chair for Castle Rock Adventist Health Campus, Board Member of the Rocky Mountain Adventist Foundation, Board Member with the American Diabetes Association, Board Member of Doctor's Care, and Board Member for the University of Northern Colorado Foundation, Chair of the Ambassadors of Compassion for Castle Rock.

**3. What is your position/business?** I am the CEO of Peak to Peak Business Strategies.

**4. What is something that few people know about you?** Few people know that I ride in the American Diabetes Association Tour de Cure Bike ride. After not being on a bike for 30 years – this is big stuff!

**JENNIFER SCHAFFNER** – Attorney, **Willoughby & Associates**, (303) 839-1770, [jen@willoughbylaw.com](mailto:jen@willoughbylaw.com)

**1. Why did you join the Alliance of Professional Women?** I joined the APW to create new personal and professional contacts. I recently returned to work full time after scaling back to raise kids (I have 11-year old boy/girl twins), so I needed to re-establish a professional network.

**2. What are your hobbies?** I'm a big endurance sports junkie and currently compete in Iron-distance triathlons. Right now, I am training for the Ironman World Championships in Kona, Hawaii, which takes place in October. It will be my third time competing in Kona and my 11th Ironman.

**3. What is your position/business?** I am the resident attorney in our firm's newly opened foothills office in Genesee and the marketing director for our firm.

**4. What is something that few people know about you?** Despite participating in marathons and triathlons for my entire adult life, people are surprised to learn I have never eaten a banana.

Continued on Page 14

[\[Back to What's Inside\]](#)

## Member News &amp; Information

## New Member Profiles

Continued from Page 13

**LAURA SOUTHWARD** - Tax Partner, **Neal R. Veta & Associates, P.C.**, (303) 292-6163, [lsouthward@vetacpa.com](mailto:lsouthward@vetacpa.com)

1. **Why did you join the Alliance of Professional Women?** To network and to meet other women. We're new to the area and I wanted to meet some more fun people. I searched the Internet for local professional groups. I loved what I saw, not only about networking but also about your philanthropic activities!
2. **What are your hobbies?** Hiking, gardening, and snowmobiling.
3. **What is your position/business?** Tax partner in our CPA firm.
4. **What is something that few people know about you?** I climbed Long's Peak with my family last year.

## Make Your APW Membership Work for You

**Referrals are the cornerstone of most of our businesses.** A new client or contact carries a lot more weight if they were referred to you by a trusted source. **Help other APW members refer business to you by keeping your APW listing current and accurate.**

Log in to your account [HERE](#) and verify that the information is accurate and complete. If your information is inaccurate or incomplete you could be missing out on valuable referrals.

## Camp Experience™

**Fall CampExperience™ 3rd week in September at Rocky Mt Village, Empire, CO at the Easter Seals Camp.**

- **Location** near Idaho Springs about 45 minutes from Denver
- **Dates:** **September 16-18, 2016;** September 15-17, 2017
- **Camper price:** \$799, includes housing on bunks in cabins with names like Harmony and in their two lodges. Payment plans available!
- **Features include:** stocked fly fishing pond, horses, climbing wall, zip line, and hiking paths
- **Gourmet meals:** by on-site chef plus the freedom to bring in our own chefs from Work Options for Women to teach classes
- **Activities** at the Camp will leave a lasting legacy for the hundreds of Easter Seals families. Each year we will do cabin upkeep, painting, renovation of the craft cabin, creation of trails, etc.
- **Ensure** your spot for next year's CampExperience™ retreat by **registering now!**



## Have an Idea for an Article for the Communique Newsletter?

If you're an APW Member and have an interesting article for the next bimonthly newsletter – Please contact **KERRY HAMMOND**, [exccdir@apwcolorado.org](mailto:exccdir@apwcolorado.org) or (303) 368-4747 if you are interested in submitting an article or idea.

[\[Back to What's Inside\]](#)

## Member News &amp; Information

## Alliance Thanks!

### May Member Appreciation Luncheon

We had another great member appreciation luncheon at the **Chophouse** in downtown Denver. Our **luncheon hosts** were **GINNY TAYLOR** of **A Better View Décor**, [ginny@ABetterViewDecor.com](mailto:ginny@ABetterViewDecor.com) and **KELLE GRAHAM** of **Rocky Mountain Jewelers**, [kelle@rockymountainjewelers.com](mailto:kelle@rockymountainjewelers.com). They did a wonderful job of planning and hosting this event.

We **thank our speaker**, **SANDRA FORD WALSTON**, The Courage Expert. Sandra spoke to us about courage and the extensive research that went into her book *COURAGE: The Heart and Spirit of Every Woman/Reclaiming the Forgotten Virtue*. Sandra was truly inspiring and received a standing ovation for her talk.

We thank all of our fabulous swag bag sponsors for their wonderful giveaways:

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## June Networking Luncheon

In June we had a wonderful meal at **Eddie Merlot's** and had the whole restaurant to ourselves. Our hosts were **LYNNE AMERSON** of **First Western Trust**, [lynne.amerson@myfw.com](mailto:lynne.amerson@myfw.com) and **PAM FOLEY** of **Well and Company**, [pamelapfoley@comcast.net](mailto:pamelapfoley@comcast.net) who did a fantastic job of planning and hosting our luncheon.

We **thank the APW Foundation** for being our June luncheon sponsor. **LORNI SHARROW** of **Moye White, LLP** and **KAREN ROSEN** of **Excelsior Youth Center** presented the Alliance Foundation's message. Even though no one was given time to study for Karen's quiz, everyone teamed up to answer her questions, while at the same time learning more about the Alliance Foundation.

The following members were generous enough to give away door prizes:

**LESLIE GARSKE** of **AXA Advisors, LLC** and **MEGAN HENSON** of **The Traveling Vineyard**.

An additional thank you to APW Members:

**WILLY WILSON** of **Life Unstill | H Wilson Photography**, **ALEXI TUNE** of **Deloitte**, and **LORNI SHARROW** and **BETH JOHNSON** of **Moye White**. These APW members sponsored our **Scholarship recipients** at the June Networking Luncheon. We hosted both scholarship recipients and University staff members at the June Luncheon and this would not have been possible without the support of our generous members.

## New Member Referral Thanks

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Sending out **huge thanks** to our members for all the great new referrals to The Alliance of Professional Women!

Thank you to the following Alliance members who have referred a brand new Alliance member since our last Communiqué. We are **grateful** to **CARI HARRIS** for referring **CINDY WOJTOWICZ**, **JULIE SEQUEIRA** for referring **KIM DUSHINSKI**, **KELLY SNODGRASS** for referring **JENNIFER SCHAFFNER**, and **LEE LIPNISKIS** for referring **CHRISTA GROVER**.

We **appreciate all of you for sharing** our wonderful organization and **are pleased to run your business card ad, as a small token of our great appreciation** in our newsletter. We also **thank SHERE CHAMNESS** for attracting new members to our organization through our APW website.

## Receive a Free Ad for Referring New Members to The Alliance!

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In an organization like The APW, we depend on referrals to increase our membership. As a small thank you for referring a new member, you will receive a complimentary business card ad in the Communiqué. If you're a Networking Connections Member, you already have a business card ad in each newsletter, so we will increase that ad to a ¼ page one. What a great incentive!



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# calendar of events

You can now find an RSVP link to upcoming Alliance Events on our homepage! Go to [www.apwcolorado.org](http://www.apwcolorado.org) and click on the bold RSVP link – it will take you directly to the BlackTie RSVP page for the event for ON-LINE REGISTRATION See PAGE 11 for event information, event codes or contact for the event.

## JULY 2016

S	M	T	W	T	F	S
					1	2
3	4 JULY 4TH!	5 <b>Networking Events Committee Meeting</b> 11:30 am - 1:00 pm, Natural Grocers, Colorado Blvd and Evans, <b>LYNNE AMERSON</b> <a href="mailto:lynne.amerson@myfw.com">lynne.amerson@myfw.com</a>	6	7	8	9
10	11 <b>Members-only Quarterly Book Club</b> 7:00 – 8:30 pm, Kristi Sullivan, 738 S. Downing St., Denver 80209 <b>LEIGH MILLER</b> <a href="mailto:apwcolo@yahoo.com">apwcolo@yahoo.com</a>	12	13	14 <b>Networking Luncheon</b> 11:30 am - 1:00 pm, New Member Orientation at 11:00 <b>Osaka Ramen</b> 2611 Walnut St., Denver 80205 <a href="#">CLICK HERE</a> to register	15 <b>Coffee Connections</b> 8:30 - 10:00 am, <b>Trompeau Bakery</b> <b>LEIGH MILLER</b> <a href="mailto:millerleigh13@gmail.com">millerleigh13@gmail.com</a>	16
17	18	19	20	21	22	23
24 31	25	26	27	28	29	30

For more event information see PAGE 11 or visit [www.apwcolorado.org](http://www.apwcolorado.org)

## AUGUST 2016

S	M	T	W	T	F	S
	1	2 <b>Networking Events Committee Meeting</b> 11:30 am - 1:00 pm, Natural Grocers, Colorado Blvd and Evans, <b>LYNNE AMERSON</b> <a href="mailto:lynne.amerson@myfw.com">lynne.amerson@myfw.com</a>	3 <b>Outreach Committee Meeting 5:30 pm</b> Home of <b>PAM FISCHER</b> , 2218 Franklin Street, Denver 80205 RSVP - <b>BETH JOHNSON</b> <a href="mailto:bethanyjohnson@moyewhite.com">bethanyjohnson@moyewhite.com</a>	4	5	6
7	8	9	10	11 <b>Networking Luncheon</b> 11:30 am - 1:00 pm Denver Country Club WATCH for Registration link on Website...soon.	12	13
14	15	16	17 <b>Member Support Committee Meeting</b> 11:30 am, Woody Creek Bakery, DTC, <b>MELISSA RICHARDS</b> , <a href="http://www.melissarichards.com">www.melissarichards.com</a>	18	19 <b>Coffee Connections</b> 8:30-10:00 am, NEW location: Espresso Americano at the Landmark, Greenwood Village. <b>LAUREN KAPLAN</b> , 303-912-2576 <a href="mailto:lauren@thekaplan.com">lauren@thekaplan.com</a>	20
21	22	23	24	25	26	27
28	29	30	31			