



# COMMUNIQUE

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## Connecting Women Personally, Professionally and Philanthropically

### A Message from The APW President

**Happy New Year from The Alliance of Professional Women.** The New Year is often a time to re-evaluate and reinvent ourselves, and the APW is the perfect place to help with that.

Our year promises to be both inspiring and rewarding, and we waste no time getting started. At our January monthly Networking Luncheon, we welcome guest speaker **KAMI GILDNER**. Kami will show us how to awaken our inner fire while we concentrate on the aspects of our lives that mean the most to us.

Getting involved is very rewarding, and I urge you to attend our February Networking Luncheon to experience our yearly Committee Fair. Meet the co-chairs and find out how you can join a committee and give back to the organization and our community.

In September, we will be celebrating our 6th annual Helping Women + Changing Lives luncheon. The luncheon may seem far off, but now is the time to consider being a sponsor to give your business the maximum amount of exposure.

**Here's to a healthy and happy 2017, full of meaningful personal and professional connections.**

*Sheila Drew*



### January Networking Luncheon

Join the Alliance of Professional Women for our **January 2017 Networking Luncheon** and **kick-off the New Year** at family-owned-and-operated **Chinook Tavern**, 6380 S Fiddlers Green Circle, Greenwood Village, CO 80111.

**Thursday, January 12 from 11:30am - 1:00pm**  
**11:00am New Member Orientation**

We are excited to announce that our speaker for the luncheon will be **KAMI GILDNER**. Kami will show you how to Awaken your Inner Fire.

Are you ready to ignite passion, purpose and meaning into your work and life? Shine a light on your gifts and talents and tune into the part of your work you love most!



KERRY HAMMOND

THE ALLIANCE OF PROFESSIONAL WOMEN

#### Executive Director

Kerry Hammond 303-368-4747  
E-Mail: [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org)  
Website: [www.apwcolorado.org](http://www.apwcolorado.org)  
P.O. Box 480384, Denver CO 80248

**Communiqué Committee**

Kerry Hammond, Editor  
Chelsey Burns, Co-Editor  
Sandy Smith, Co-Chair

**Communiqué Sponsors**

Sandy Smith/Alexander Smith Design  
[www.alexandersmithdesign.net](http://www.alexandersmithdesign.net)



**BRECKENRIDGE ULLR FEST:**  
JAN. 11-14, 2017

Snow lovers celebrate Norse mythology dressed as vikings with Ulllympic competitions (such as frying-pan flinging), a downtown Breckenridge parade and bonfire, nighttime snowshoeing, ice-skating and fat-bike racing.

**ESTES PARK WINTER FESTIVAL**  
JAN. 14-15, 2017

The Estes Park Events Complex comes alive with winter fun, including a chili cook-off, ski and snowboard demonstrations, ice-skating, beer and wine tasting and tons of other family activities.

**ULLRGRASS IN GOLDEN**  
JAN. 27-29, 2017

Put on your faux fur and Viking horns for this family-friendly winter music and beer fest surrounded by the beauty of the Rocky Mountain foothills in Golden. Highlights include the UllrGrass Parade, music from local and national bluegrass musicians and tons of local food and craft vendors.

**WINTER PARK WINTER CARNIVAL**  
FEB. 6-14, 2017

This fest is a birthday party for one of the area's colorful early residents — a gal named Mary Jane — with live music, fireworks, ice-skating lessons, sled races, horse-drawn carriage rides and more in Winter Park.

Be advised that the Communiqué is not private, only the APW Member Directory is restricted to members only and can be viewed on the Internet.

The Alliance is a member of and proudly supports: Colorado Women's Lobby, and The International Alliance for Women

**January Networking Luncheon**

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Kami will help you explore what brings a fire to your life and help you tune into what your heart wants you to know! You'll jumpstart your year with a Yes-to-You intention!

No playing small allowed! This is your year!

**Choice of Entrée**

Chinook Pan Seared Salmon Cake - Canadian salmon cake, pickled red onions, and remoulade served with artisan greens, petite tomatoes, English cucumbers and Champagne vinaigrette **OR**

Classic Chinook Chicken Picatta - garlic mashed potatoes, seasonal vegetable medley and white wine, lemon caper, tomato butter sauce **OR**

Quinoa Roasted Vegetable Piperade (Vegetarian option) - toasted almonds, sun-dried cranberries, crumbled goat cheese and mild mustard crème fraîche

**Dessert**

Artisan Baked Pick-Up Pastries - chocolate coffee opera, raspberry frangipane, and vanilla cream puff

**CLICK HERE**  
to **REGISTER NOW**  
for this New Year Event!

**From Our January Speaker****The Great Hoax: "The Time's Not Right" by KAMI GUILDNER**

In your heart you know. You know there is something more for you to do in this lifetime. You're hearing a calling for more, a longing to matter. The foundation of the world you have always known is shifting restlessly. Flashing visions of possibility, or perhaps the full potential is fuzzy and unclear. You just feel it at a gut-level. Your soul is calling.



Kami Guildner

If you are feeling this pull, chances are it is showing up in your dreams, waking you abruptly in the middle of the night. The conversations that you find yourself in, keep taking you back to new awareness in repeated themes. Perhaps new people are walking into your life with similar interests. The signposts are there.

And in the rare moment, you find a moment of quiet personal reflection, wild and uplifting ideas are birthed. Ideas that pose the question, "What if..."

But how can you possibly heed to this calling? After all, life is crazy busy and the time isn't right to really let this idea blossom. You say, "The time's just not right."

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## From Our January Speaker

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Here's what I know about these powerful callings and the accompanying excuse that "The time's not right..."

1. **These callings are a gift.** You are feeling them now—because they are yours and yours alone. Your journey has prepared you for them. You have the tools and resources to listen and build. It will feel like a stretch and it will feel uncomfortable. It is a calling to step into a bigger platform of your life. To play big.
2. **Your self-critic shows up in a big way when you get a calling for something more.** She will tell you you're not smart enough, clever enough or strategic enough. She will throw you into a swirl of scarcity-thinking: not enough resources and not enough time. Your self-critic is wrong.
3. **Fear feeds your claim that "the time's not right."** You may push fear aside and ignore it. You may even say it's not there. When you step into your fear and become intimately connected to it, you can transform the energy of fear to an energy of courage. A fire that can't stop you.
4. **When we don't heed our calling, the universe will eventually take over with a course correction.** Health issues, job problems—major catalytic shifts make their way into our lives until it forces new decisions. It is more efficient to move into action on our callings with a solid foundation beneath our feet, and before a major course correction.
5. **Take it from someone who has found her calling.** When you step into your own calling, you will live a passionate, meaningful life full of vitality and purpose. There is no greater gift to you and those in your life. You will be a shining example of really living life to its fullest. Is that not a model of life you'd like to portray?
6. **Several years ago, my own coach said to me, "Your gift is meant to matter and today, right now, there are people who need your gift."** Who are you to withhold this from the world?" That hit me hard. It gave me new courage. And so I say to you, "Your gift is meant to matter and today, right now, there are people who need your gift. Who are you to withhold this from the world?"

I invite you to transform your "It's not the right time" excuse you tell yourself, to "Hell yes, let's do this!" Just making this declaration will spark a courageous fire in your heart. And if you want some help adding more fuel to the flame, sign up for one of my **Yes-to-You Strategy Sessions** and we'll uncover the next layer of your calling. You'll discover ways to rein in your inner critic and shift from scarcity-thinking to abundant-living. You'll unleash the possibilities that are so ready to be set free. And best of all, you'll breathe life into your gift that the world is awaiting. The time IS right!

### KAMI GUILDNER

Life & Leadership Empowerment Coach and  
Founder of Syzygy Coaching and Extraordinary Women Connect Series  
303.670.7244 | [syzygy-co.com](http://syzygy-co.com) | [kami@syzygy-co.com](mailto:kami@syzygy-co.com)

## Leadership

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**Melissa Richards**, At Large  
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### EMERITUS BOARD MEMBERS

Emilie Ailts, Melinda Harper,  
and Charlene Wilson

## Make a New Year's Resolution to Join a Committee

The **Annual Committee Fair** will take place at the **February Networking Luncheon**. To get a head start, **here is a list of the Committees you can join:**

### MEMBER SUPPORT COMMITTEE (Co-Chairs: **LAUREN KAPLAN & JULIE SEQUEIRA**)

The Member Support Committee welcomes new members, hosts new member orientations and helps new members connect with others in the APW. The committee meets the third Thursday of every other month. Contact: [lauren@thekaplans.com](mailto:lauren@thekaplans.com) or [jsequeir@amfam.com](mailto:jsequeir@amfam.com).

### FUNDRAISING EVENTS COMMITTEE (Co-Chairs: **KELLY SNODGRASS & LEE LIPNISKIS**)

The Fundraising Events Committee is responsible for planning the Alliance Foundation's annual fundraising luncheon. The Alliance Foundation funds the Village Bank Program, Scholarship Program, and local community outreach programs coordinated by the Outreach Committee. Contact: [kelly@willoughbylaw.com](mailto:kelly@willoughbylaw.com) or [llipniskis@coredoes.com](mailto:llipniskis@coredoes.com).

### NETWORKING EVENTS COMMITTEE (Co-Chairs: **LYNNE AMERSON & PAM FOLEY**)

The Networking Events Committee is responsible for planning our monthly networking luncheons in popular restaurants throughout the city. The committee meets on the first Tuesday of the month, over lunch. Contact: [lynne@chasefield.co](mailto:lynne@chasefield.co) or [pam@renewandredo.com](mailto:pam@renewandredo.com).

### OUTREACH COMMITTEE (Co-Chairs: **BETH JOHNSON & WILLY WILSON**)

The Outreach Committee is the community service arm of The APW. They provide volunteer opportunities for members that promote the health, welfare, education and employment of underserved women and children in our community. The committee meets in the evening of the first Wednesday of the month.

Contact: [bethany.johnson@moyewhite.com](mailto:bethany.johnson@moyewhite.com) or [wilson@lifeunstill.com](mailto:wilson@lifeunstill.com).

### PUBLIC AFFAIRS COMMITTEE (Chair: **NORA KELLY**)

The Public Affairs Committee is dedicated to providing opportunities for members to become politically informed. The committee meets for breakfast on the third Tuesday of most months, taking summers off. Contact: [nvkesq@gmail.com](mailto:nvkesq@gmail.com).

### THE SCHOLARSHIP COMMITTEE (Co-chairs: **ANNE MOORE & LORNI SHARROW**)

The Scholarship Committee's mission is to engage scholars in the activities of The Alliance of Professional Women, further advancing the power of the scholarship through personal relationships. The committee meets the fourth Thursday of every other month.

Contact: [avatar.anne@gmail.com](mailto:avatar.anne@gmail.com) or [lorni.sharrow@moyewhite.com](mailto:lorni.sharrow@moyewhite.com).

### THE COMMUNIQUÉ NEWSLETTER

The Communiqué is The APW's monthly newsletter, distributed electronically at the beginning of every other month. It aims to help fulfill the APW's mission to connect women personally and professionally. We are always looking for members who want to write an article for an upcoming issue. Contact: [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org).

If you are interested in joining any of the above committees, you don't need to wait until February, please contact **KERRY HAMMOND**, [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org) at any time.



## February Networking Luncheon and Annual Committee Fair

Since our **February Networking luncheon** is *also* our **annual Committee Fair**, each APW Committee, and The APW and Alliance Foundation Boards, will have a table set up so that you can stop by and get more information. This is a great way to learn about each, determine which might be a good fit, and learn how you can get more involved.

**Plan to JOIN us at Eddie Merlot's, located at 10110 E. Dry Creek Road, Centennial, CO 80112.**

**Thursday February 9, 2017 from 11:15am - 1:00pm**  
**There will be no New Member Orientation at this luncheon**

Stay tuned for our menu options and reservation link. We will provide entrée options and a registration link in an upcoming What's Happening email, as well as on our website.

Our **February luncheon sponsor** is **LESLIE GARSKE** of **AXA Advisors, LLC**. Leslie is excited to tell us about a new specialty she's added to her practice, Divorce Financial Planning.



## Outreach Updates and Events

On November 6, APW Member **GINA MILLER** convinced a few APW ladies to get up early and volunteer with the **Girls on the Run**. Each member became a buddy runner to one or two younger girls, ages 8-13, and finished a 5k in Wash Park. Most of The APW members did not train for this event, but the girls did. Luckily, The APW non-runners were all able to keep up with the youngsters and had a wonderful time doing it. Thank you to The APW members who participated: **GINA MILLER, BETH JOHNSON, JUDY SUTTON, GRETCHEN MOORE** and **KERRY HAMMOND**.



Judy Sutton, NormaJean Perney, Gina Miller, Kerry Hammond, and Gretchen Moore

In case you aren't familiar with **Girls on the Run**, here is a little bit about what they do:

### THEIR MISSION:

To inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running. Girls on the Run helps girls activate their limitless potential and boldly pursue their dreams.

### THEIR PROGRAM:

An innovative health education and wellness program that uniquely combines training for a 5k run/walk event with life-changing, self-esteem enhancing lessons that encourage healthy habits and an active lifestyle in 8-13-year-old girls.



Beth Johnson, Gina Miller, and NormaJean Perney

### WHAT WE DO:

Girls on the Run is a 501c3 physical activity-based positive youth development (PA-PYD) program designed to develop and enhance girls' social, psychological, and physical competencies to successfully navigate life experiences. The Girls on the Run program combines training for a 5k with an interactive curriculum targeting the promotion of competence, confidence, connection, character, caring, and contribution.

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## Outreach Updates and Events Continued from Page 5

### Girls on the Run creates

a psychologically safe environment for girls to learn about themselves, connect with others, and contribute to the community. Focus on competition and ability in physical activity contexts is often a barrier for participation for girls. Girls report more enjoyment, satisfaction and positive relationships with others in climates focused on improvement, skill mastery, effort, and peer support.



Elizabeth Moore and Jenny Glick



Lauren Hulse, Katarina Conway, and Judy Sutton



Allyn Bader Barclay

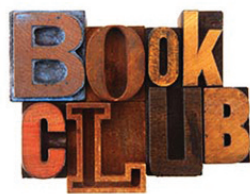
### Arapahoe House & Excelsior

APW members did some secret Santa shopping for both **Arapahoe House and Excelsior** for this year's **Adopt-a-Family** event. The gift wrapping party at **PAM FISCHER'S** home on December 7 was festive and lively. Members wrapped the gifts, ate, drank, and mingled. Everyone had a great time and got into the holiday spirit.

The old adage that it feels better to give than receive is very true. As we wrapped gifts for Arapahoe and Excelsior, we talked about how great it is to make someone's holiday wish come true. It was also touching that many of the items on the wish lists were items that we take for granted, like sheets, pajamas, or shoes. Kudos to everyone who participated this year and gave back to these two wonderful organizations.

The Outreach Committee is busy planning events for 2017, so stay tuned for your opportunity to help out. If you know of a local women's organization that needs volunteers, please contact **WILLY WILSON** ([wilson@lifeunstill.com](mailto:wilson@lifeunstill.com)).

## QUARTERLY BUSINESS



### A Members-Only Event

Join us in a relaxed and friendly atmosphere where we gather with a desire to share our views of the current read and how it applies to us and/or, our businesses.

On **January 16**, from 7:00pm – 8:30pm, we will be discussing *My Life on the Road* by **GLORIA STEINEM**.

**RSVP** to **KERRY HAMMOND** if you plan to attend at [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org)

*My Life on the Road* by **GLORIA STEINEM**. Here's a little bit about the book:

When people ask me why I still have hope and energy after all these years, I always say: Because I travel. Taking to the road, by which I mean letting the road take you, changed who I thought I was. The road is messy in the way that real life is messy. It leads us out of denial and into reality, out of theory and into practice, out of caution and into action, out of statistics and into stories. In short, out of our heads and into our hearts.

**GLORIA STEINEM** had an itinerant childhood. When she was a young girl, her father would pack the family in the car every fall and drive across the country searching for adventure and trying to make a living. The seeds were planted: Gloria realized that growing up didn't have to mean settling down. And so began a lifetime of travel, of activism and leadership, of listening to people whose voices and ideas would inspire change and revolution.

*My Life on the Road* is the moving, funny, and profound story of Gloria's growth, the growth of a revolutionary movement for equality, and the story of how surprising encounters on the road shaped both. From her first experience of social activism among women in India to her work as a journalist in the 1960s; from the whirlwind of political campaigns to the founding of Ms. magazine; from the historic 1977 National Women's Conference to her travels through Indian Country, a lifetime spent on the road allowed Gloria to listen and connect deeply with people, to understand that context is everything, and to become part of a movement that would change the world.

## Public Affairs Meetings

The **Public Affairs Committee** is back for 2017 with a line-up of exciting speakers. The first meeting will be Tuesday, **January 10, 2017**. The speakers will be **REV. LAURA ROSSBERT**, Deputy Director, and **SIERRA TRUJILLO**, Volunteer Director, from **The Delores Project**.

The **Delores Project** is a low barrier shelter in Denver for homeless women and transgender individuals. (The APW often sponsors volunteer projects with The Delores Project, so you have probably seen it mentioned in the Communiqué.) Laura and Sierra will talk about the history of The Delores Project and about the needs and issues confronting its clients.

Our February Public Affairs Committee meeting will be held on Tuesday, **February 14, 2017**. The speaker will be **Melissa Theesen**, Managing Director of the **African Community Center**.

The **African Community Center** works to resettle refugees from countries all over the world (not just Africa) in the Denver area. This last Thanksgiving, the African Community Center hosted a “first Thanksgiving for refugees” that over 600 people attended. Melissa will describe the refugee resettlement situation in Denver.

The Public Affairs Committee meets at **Zaidy's Restaurant** at First Avenue and Adams Street in Cherry Creek. The meeting starts at 7:00am for networking, with breakfast and speaker at 7:30am. We usually wrap up at 9:00am. We eat while listening to the speaker, and the format is casual. You will buy your own breakfast. If interested in attending, or if you have any questions, please contact **NORA KELLY** at [nvkesq@gmail.com](mailto:nvkesq@gmail.com) or at 303-377-5518.



**Join APW members or prospective APW members at upcoming Coffee Connections.**

**Wish you had more time with APW members?**

Join us for Coffee Connections. Grab a cup of coffee, tea or breakfast, and join other APW members and prospective members to talk about your business and discuss business-related topics. Leave when you need to, our end time is approximate.

**When:** Friday, **January 20**, 8:30am - 10:00am

**Where:** **Trompeau Bakery**, 2950 S. Broadway (between Yale/Evans)

**RSVP:** **LAUREN KAPLAN** at [lauren@thekaplans.com](mailto:lauren@thekaplans.com) or 303-912-2576

**When:** Friday, **February 17**, 8:30am - 10:00am

**Where:** **Espresso Americano** at The Landmark, 5370 Greenwood Plaza Blvd. #109, Greenwood Village, 80111

**RSVP:** **LAUREN KAPLAN** at [lauren@thekaplans.com](mailto:lauren@thekaplans.com) or 303-912-2576

**When:** Friday, **February 17**, 8:30am - 9:30am (end time is flexible)

**Where:** **Panera Bread**, The Shops at Walnut Creek, 10450 Town Center Dr., Westminster, 80021

**RSVP:** **CHELSEY BURNS** at [Chelsey@bemindfullyhealthy.com](mailto:Chelsey@bemindfullyhealthy.com) or 303-748-1526



**Luncheon Sponsors****Lee Weisbard, DDS****Weisbard Dental**

November 2016

**Patsy Butterfield****HM Brown Auto Brokers**

October 2016

**Leigh Miller, Juice Plus+**

August 2016

**Lee Lipniskis, Core Contractors**

July 2016

**Alliance Foundation**

June 2016

**Jill Klancke****Klancke and Cooke,****Attorneys at Law**

April 2016

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March 2016

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July 2015

**Alliance Foundation**

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## Networking Luncheon Sponsorship – Sign Up Now!

Showcase your business. APW has only a few available months in 2017.

**A Networking Luncheon Sponsor receives the following benefits:**

- A 10-minute promotional presentation at the sponsored APW lunch meeting. Fee includes lunch for the sponsor and a guest. Sponsor will be asked to provide a small gift for a drawing during lunch (i.e. complimentary one-hour consultation, a gift certificate to a restaurant, etc).
- A full-page article in the newsletter as well as a full-color business card size ad with a link to the article and sponsor's website.
- Exclusive distribution/display of your company's promotional materials at place settings or on chairs at luncheon.
- Electronic spreadsheet of all luncheon attendees sent to you after the luncheon upon request.
- An active link to your company website on the front page of APWcolorado.org. This 12-month listing will boost your own website's search engine ratings because APW consistently returns top level results in search queries.
- Spotlight follow-up mention in the Communicate a month after your sponsorship.

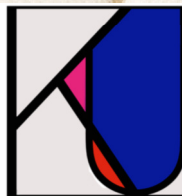
The cost of a Network Luncheon Sponsorship is \$300. Sole Proprietors may split the cost and benefits of hosting a networking luncheon.

Networking Luncheons will be reserved on a first-come-first-served basis, so reserve your month today by contacting **KERRY HAMMOND** at 303-368-4747 or [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org).

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## Member News &amp; Information

## Alliance Networking Opportunities

**WHAT: NETWORKING EVENTS COMMITTEE MEETING**

When: Tuesday, **January 3** and **February 7**,  
11:30am – 1:00pm

Where: **Natural Grocers**, Colorado Blvd. and Evans

RSVP: **LYNNE AMERSON**, [lynne@chasefield.co](mailto:lynne@chasefield.co)

**WHAT: OUTREACH COMMITTEE MEETING**

When: Wednesday, **January 4** and **February 1**,  
5:30pm – 7:00pm

Where: Home of **PAM FISCHER**, 2218 Franklin Street,  
Denver, CO 80205

RSVP: **WILLY WILSON**, [wilson@lifeunstill.com](mailto:wilson@lifeunstill.com)

**WHAT: PUBLIC AFFAIRS COMMITTEE MEETING**

When: Tuesday, **January 10**, 7:00am Networking,  
7:30am Speaker

Where: **Zaidy's** in Cherry Creek, 1st & Adams

RSVP: **NORA KELLY**, [nvkesq@gmail.com](mailto:nvkesq@gmail.com) or 303-514-3143

Speaker: **REV. LAURA ROSSBERT** and **SIERRA TRUJILLO** from  
**The Delores Project**

**WHAT: JANUARY NETWORKING LUNCHEON**

When: Thursday, **January 12**, 11:30am – 1:00pm  
(11:00am New Member Orientation)

Where: **Chinook Tavern**, 6380 S Fiddlers Green Circle,  
Greenwood Village, CO 80111

Cost: Members \$35; non-members \$45

RSVP: **CLICK HERE** to attend

**WHAT: MEMBERS-ONLY BOOK CLUB**

When: Wednesday, **January 16**, 7:00pm – 8:30pm

Where: To be determined

RSVP: **KERRY HAMMOND**, [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org)

**WHAT: COFFEE CONNECTIONS CENTRAL DENVER**

When: Friday, **January 20**, 8:30am – 10:00am

Where: **Trompeau Bakery**, 2950 S. Broadway  
(between Yale and Evans)

RSVP: **LAUREN KAPLAN**, [lauren@thekaplans.com](mailto:lauren@thekaplans.com)

**WHAT: FEBRUARY NETWORKING LUNCHEON & COMMITTEE FAIR**

When: Thursday, **February 9**, 11:15am – 1:00pm

Where: **Eddie Merlot's**, 10110 E Dry Creek Rd, Centennial, CO

RSVP: Watch for link on the website soon

**WHAT: PUBLIC AFFAIRS COMMITTEE MEETING**

When: Tuesday, **February 14**, 7:00am Networking,  
7:30am Speaker

Where: **Zaidy's** in Cherry Creek, 1st & Adams

RSVP: **NORA KELLY**, [nvkesq@gmail.com](mailto:nvkesq@gmail.com) or 303-514-3143

Speaker: **MELISSA THEESEN**, Managing Director of the  
**African Community Center**

**WHAT: MEMBER SUPPORT COMMITTEE MEETING**

When: Wednesday, **February 15**, 11:30am – 1:00pm

Where: We're working on a new location, stay tuned

RSVP: **LAUREN KAPLAN**, [lauren@thekaplans.com](mailto:lauren@thekaplans.com)

**WHAT: COFFEE CONNECTIONS SOUTH**

When: Friday, **February 17**, 8:30am – 10:00am

Where: **Espresso Americano** at The Landmark, 5370  
Greenwood Plaza Blvd #109,  
Greenwood Village, 80111

RSVP: **LAUREN KAPLAN**, [lauren@thekaplans.com](mailto:lauren@thekaplans.com) or  
303-912-2576

**WHAT: COFFEE CONNECTIONS NORTHWEST**

When: Friday, **February 17**, 8:30am to 9:30am  
(end time is flexible)

Where: **Panera Bread**, The Shops at Walnut Creek,  
10450 Town Center Dr., Westminster, 80021

RSVP: **CHELSEY BURNS**, [Chelsey@bemindfullyhealthy.com](mailto:Chelsey@bemindfullyhealthy.com)  
or 303-748-1526.

## Save the Date: 6th Annual Helping Women + Changing Lives Luncheon

On **September 14, 2017**, we will celebrate our **6th annual Helping Women + Changing Lives Luncheon**. Over the past four years, this event has raised \$170,000, funded more than 20 Village Banks in 9 developing countries, provided approximately 15 two-year college scholarships to women in the Denver area for their junior and senior years, and helped families and children throughout the year through local outreach. The success of this event is due to the overwhelming support provided by the APW membership and our sponsors. **It's an event you won't want to miss, so mark your calendars.**

## Member News &amp; Information

## New Members

---

**KATARINA CONWAY**, Fashion Consultant, **LuLaRoe**,  
[lularoebykatarina@gmail.com](mailto:lularoebykatarina@gmail.com)

**JESSICA REAGAN**, Event Sales Consultant, **Topgolf Centennial**,  
[jessica.reagan@topgolf.com](mailto:jessica.reagan@topgolf.com)

**MOLLIE SAVAGE**, Wealth Management Advisor,  
**GCG Financial**, [mollie956@gmail.com](mailto:mollie956@gmail.com)

**NATALIE SERKOVA**, Professor of Anesthesiology,  
**University of Colorado Hospital, Anschutz Medical**,  
[Natalie.Serkova@ucdenver.edu](mailto:Natalie.Serkova@ucdenver.edu)

## New Member Fun Facts

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**KATARINA CONWAY**, Fashion Consultant, **LuLaRoe**

**Why did you join the APW?** I was first introduced to the APW through the Holiday Market event in November where I was a vendor. The positive energy and the support and love that I received from women who I literally just met was overwhelming. I knew that I wanted to join the APW right after this event so that I could continue to foster the connections and friendships that I had already made that day.

**What are your hobbies?** I have a full-time job on top of owning a business, so free time doesn't come very often. If and when I can, I love going up to the mountains and hiking during the summertime. I really enjoy doing anything outside. I enjoy playing volleyball in the summertime, and I hibernate during winter.

**What is your profession?** I am a Fashion Consultant for LuLaRoe which offers a variety of fun, unique, and comfortable clothing. For my day job, I am a Business Analyst at Red Robin.

**What is something that most people don't know about you?** Many people know that I am passionate about volunteering and giving back to the community, however, I have kept my ultimate dream pretty close to heart. I am slowly beginning to share it to more and more so that I can make it a reality. My ultimate goal in life is to open my own suicide prevention foundation. I hope to focus on children and adolescents through sharing my story and changing their perspective on life, as I was eventually able to.

**MOLLIE SAVAGE**, Wealth Management Advisor, **GCG Financial**

**Why did you join the APW?** I joined the APW because I wanted to become more involved with the successful, professional woman in my area and throughout the state. In getting to know other career-driven women I hope to learn more about myself and how to become more independently successful. I have become more active in my community and this was the first thing I wanted to be involved with because I truly believe that women can lean on one another in many ways, not just networking.

**What are your hobbies?** I love to read, run, hike and bike (in the mountains). My main passion is traveling, I traveled while studying abroad in Spain and hope to do this again.

**What is your profession?** I am a Wealth Management Advisor at GCG Financial, which is an independent, large firm that provides comprehensive financial planning for both individuals and small business owners. We have 3 main businesses, including wealth management, where we do financial planning, investment management, and insurance planning. We also have a large employee benefits division and risk management sector.

**What is something that most people don't know about you?** Most people don't know that I speak Spanish fluently.

## November Networking Luncheon

We returned to the **Curtis Ballroom at Comedy Works Landmark** in November. We also hosted our **first ever Holiday Marketplace**. This was a great success and members enjoyed shopping at our ten vendor tables.

Our **luncheon hosts** were **KRYSTA GERSTNER** from **FirstBank** ([Krysta.Gerstner@efirstbank.com](mailto:Krysta.Gerstner@efirstbank.com)) and **PAM FOLEY** from **REnew** and **REdo Holistic Decor** ([pam@renewandredo.com](mailto:pam@renewandredo.com)). Both ladies did a great job of arranging and co-hosting this luncheon.

We **thank our Luncheon Sponsor, LEE WEISBARD of Weisbard Dental**. Lee told us about not only her practice but her passion for making your dental experience anything but scary. Her office prides itself on making patients feel comfortable and safe. They handle all of your dental needs, from cleanings to cosmetic dentistry. APW Member **JILL KLANCKE** gave a testimonial. She told us about her personal experience with Weisbard Dental, and she raved about Dr. Lee's skills and caring personality.

**We want to thank all of our Marketplace vendors, feel free to click on each for more information:**

Arbonne International  
 Essence Laser & Wellness  
 Juice Plus  
 Ku Interior Design  
 LPGA Teaching Professional  
 LuLaRoe  
 Rocky Mountain Jewelers  
 Rodan + Fields  
 Thirty-One Gifts  
 Weisbard Dental  
 AXA Advisors, LLC  
 Hulse Law Firm  
 Willoughby & Associates  
 The Counseling Center of Cherry Creek  
 3i Law



Above: Lee Weisbard and Jill Klancke  
 On the Left: Anne Wolta Blackstone

We had a record number of prizes that were given away, thanks to our Marketplace vendors for providing so many great prizes. *They included:*

**LEE WEISBARD** of **Weisbard Dental** donated an Oral B Braun electric toothbrush (with two heads, travel case, toothpaste, and mouthwash).

**PAULINE HUDDLESON** of **Arbonne International** donated Pampermint® Arbonne Foot Scrub and Foot Cream, plus fuzzy holiday socks.

**ANN WOLTA BLACKSTONE** of **Juice Plus** donated a shaker bottle with Complete bars and Complete sample smoothie mix.

**DR. MELINDA O'ROURKE** of **Essence Laser** donated a Microdermafacial (A treatment designed to provide a deep level of exfoliation and includes not only a microdermabrasion, but also includes powerful botanical enzymes and an antioxidant-rich mask to leave your skin looking refreshed and youthful).

**JENNIFER BARRETT** of **Thirty-One Gifts** donated Littles Carry-All Santa Caddy.

**KATARINA CONWAY** of **LuLaRoe** donated a pair of leggings.

**LAUREN KAPLAN** of **Rodan + Fields** donated Essentials Daily Body Moisturizer and samples of Enhancements Micro-Dermabrasion Paste, Redefine Night Renewing Serum, and Redefine Lip Renewing Serum.

The ladies of **Family Solutions** (**LESLIE GARSKE, JENNY GLICK, LAUREN HULSE, KELLY SNODGRASS, and NICOAL WOLFE**) donated a gift basket full of wine, chocolate, and other goodies.

## December Networking Luncheon

The historic **Brown Palace Hotel & Spa** is a very special venue, and we were fortunate enough to continue our tradition and host our holiday networking luncheon in their Club Room. Downtown is always festively decorated, and when you walk into the elegant hotel the decorations take your breath away. Our location on the second floor allowed us a 360-degree view of the two story lobby and all its holiday cheer. Many members walked around and took photos before lunch. The decorations outside the Ship Tavern was also featured in many group photos.

Back by popular demand was the butternut squash soup, en croute, which was a much-anticipated beginning to a great meal. Our wonderful luncheon hosts were **PAM FOLEY** of **REnew** and **REdo Holistic Decor** ([pam@renewandredo.com](mailto:pam@renewandredo.com)) and **GINNY TAYLOR** of **A Better View Décor** ([ginny@ABetterViewDecor.com](mailto:ginny@ABetterViewDecor.com)). The ladies did a great job of hosting this special once-a-year event

We **thank The Brown Palace** for donating a one-night stay at the hotel, and **BRENDA MAHONEY** for donating a beautiful Cabi scarf. Ten people took a beautiful Poinsettia home for the holidays, courtesy of the **Home Depot** of Glendale.

We heard from the Brown Palace's historian, **DEBRA FAULKNER**, who gave us some very interesting information about the hotel and its background. We also heard from **ODYSSE**, a 15-year-old youth who has benefitted from **Excelsior**, one of the recipients of the Outreach Committee's volunteer support.



Board Members Pam Fischer and Cari Harris



Hosts Pam Foley and Ginny Taylor

## Member Thanks

We thank **KELLE GRAHAM** of **Rocky Mountain Jewelers** for referring **MARY ZILHAVER**; **LEAH DIRKS** of **FirstBank** and **LAUREN HULSE** of **Hulse Law Firm, PC** for referring **AMY STANTON**; and **LEIGH MILLER** for referring **JESSICA REAGAN**.

**Refer a new member and receive a FREE ad in the newsletter!** It's that simple. Sometimes when you have a good thing you want to keep it all to yourself, and sometimes you want to shout it from the rooftops. Feel free to shout your love for The Alliance of Professional Women from the rooftops and encourage your friends and co-workers to join. Anytime a referred member joins, we will list your business card ad in the Communiqué. Happy New Year!



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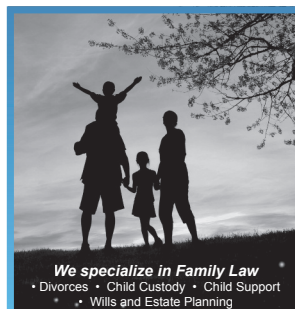
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# calendar of events

You can now find an RSVP link to upcoming Alliance Events on our homepage! Go to [www.apwcolorado.org](http://www.apwcolorado.org) and click on the bold RSVP link – it will take you directly to the BlackTie RSVP page for the event for ON-LINE REGISTRATION See PAGE 9 for event information, event codes or contact for the event.

## JANUARY 2017

S	M	T	W	T	F	S
1 LAST DAY OF CHANUKAH  NEW YEAR'S DAY	2	3 <b>Networking Events Committee Meeting</b> 11:30 am - 1:00 pm, <b>Natural Grocers</b> , Colorado Blvd and Evans, <b>LYNNE AMERSON</b> <a href="mailto:lynne@chasefield.co">lynne@chasefield.co</a>	4 <b>Outreach Committee Meeting</b> 5:30 pm, Home of <b>PAM FISCHER</b> , 2218 Franklin Street, Denver 80205, <b>WILLY WILSON</b> , <a href="mailto:wilson@lifeunstill.com">wilson@lifeunstill.com</a>	5	6	7
8	9	10 <b>Public Affairs CM</b> 7:00 - 7:30 am, Speaker - 7:30 <b>Zaidy's of Cherry Crk</b> <b>NORA KELLY</b> <a href="mailto:nvkesq@gmail.com">nvkesq@gmail.com</a>	11	12 <b>Networking Luncheon</b> 11:30 am - 1:00 pm, New Member Orientation at 11:00am <b>Chinook Tavern</b> , 6380 S Fiddlers Green Circle, Greenwood Village, CO 80111 <b>CLICK HERE</b> to attend	13	14
15	16 <b>Members-only Quarterly Book Club</b> 7:00 - 8:30 pm, Location: Kerry's Home <b>Kerry Hammond</b> <a href="mailto:execdir@apwcolorado.org">execdir@apwcolorado.org</a>  MARTIN LUTHER KING DAY	17	18	19	20 <b>Coffee Connections CD</b> 8:30 - 10:00 am, <b>Trompeau Bakery</b> <b>LAUREN KAPLAN</b> <a href="mailto:lauren@thekaplans.com">lauren@thekaplans.com</a>	21
22	23	24	25	26	27	28
29	30	31				

For more event information see PAGE 9 or visit [www.apwcolorado.org](http://www.apwcolorado.org)

## FEBRUARY 2017

S	M	T	W	T	F	S
			1 <b>Outreach Committee Meeting</b> 5:30 pm, Home of <b>PAM FISCHER</b> , 2218 Franklin Street, Denver 80205, <b>WILLY WILSON</b> , <a href="mailto:wilson@lifeunstill.com">wilson@lifeunstill.com</a>	2	3	4
5	6	7 <b>Networking Events Committee Meeting</b> 11:30 am - 1:00 pm, <b>Natural Grocers</b> , Colorado Blvd and Evans, <b>LYNNE AMERSON</b> <a href="mailto:lynne@chasefield.co">lynne@chasefield.co</a>	8	9 <b>Networking Luncheon and Committee Fair</b> 11:15 am - 1:00 pm, <b>Eddie Merlot's in Centennial</b> <b>Registration link COMING SOON!</b>	10	11
12	13 LINCOLN'S BIRTHDAY OBSERVED	14 <b>Public Affairs CM</b> 7:00 - 7:30 am, Speaker - 7:30 <b>Zaidy's of Cherry Crk</b> <b>NORA KELLY</b> <a href="mailto:nvkesq@gmail.com">nvkesq@gmail.com</a>  VALENTINE'S DAY	15 <b>Member Support Committee Meeting</b> June 15, 11:30 am Location TBD <b>LAUREN KAPLAN</b> <a href="mailto:lauren@thekaplans.com">lauren@thekaplans.com</a>	16	17 <b>Coffee Connections S</b> 8:30 - 10:00 am, <b>Espresso Cafe</b> Greenwood Village, <b>LAUREN KAPLAN</b> , <a href="mailto:lauren@thekaplans.com">lauren@thekaplans.com</a> <b>Coffee Connections NW</b> 8:30 - 10:00 am, <b>Panera Bread</b> Westminster, <b>CHELSEY BURNS</b> , <a href="mailto:Chelsey@bemindfullyhealthy.com">Chelsey@bemindfullyhealthy.com</a>	18
19	20 PRESIDENT'S DAY	21	22	23	24	25
26	27	28				