

# COMMUNIQUÉ



January/February 2014

**What's Inside**

January  
Networking Luncheon.....1-2

Remember — Panties!  
Undies! Bun Covers!  
We need them all! .....2

APW & CWEE Literacy Day .....3

Coffee Connection .....3

February  
Networking Luncheon .....4

Networking Luncheon  
Sponsor – Update .....4

Just Tips.....4

**NEWS AND INFORMATION:**  
Alliance Networking  
Events, Member News  
and Information .....5-9

Business Source .....10-12

Calendar .....13

**Connecting Women Personally, Professionally and Philanthropically**

## January Networking Luncheon

**Happy 2014!** Start the New Year off in the right direction — making connections, catching some motivation, and enjoying good food and fun with our dynamic members this month. **Join The Alliance of Professional Women** at a delightful luncheon spot, **La Piccola Venezia**...a little piece of Venice transplanted in Cherry Creek North.



We are looking forward to welcoming **KIM SHANNON** as our speaker for this event. Kim Shannon is an author, professional speaker, intuitive coach, and recovering good girl. Kim's title for our presentation is, **The Power of YES; Subtitle: Knowing When To Say NO.**



### Menu:

**Salad for all:** spring mix with micro greens, aged red wine vinegar, dried cranberries and pine nuts

### Soup options: Your choice of —

1. **Tuscany Soup:** onions, potatoes, kale, dry red pepper, Italian sausage & a touch of cream
- OR**
2. **Butternut Squash Soup:** roasted butternut squash, a touch of ginger, salt and pepper, topped with a touch of cream

**La Maschera Sandwich for all:** Mortadella with basil, cracked pepper, mozzarella and a mustard-mayo mix on baguette

**Dessert:** Cannoli (Cinnamon infused shell, dipped in chocolate and dusted with pistachios filled with fresh ricotta) and Chocolate square truffle

**Date:** Thursday, January 9, 2014

**Location:** La Piccolo Venezia, 250 Steele Street #200, Denver CO 80206

**Cost:** \$30 members; \$40 non-members

**RSVP:** Reservations needed by 5 pm, Monday, January 6, 2014  
\$5 late charge applies thereafter

**CLICK HERE  
To RSVP**

THE ALLIANCE OF PROFESSIONAL WOMEN

**Executive Director**

Pauline Huddleson 303-368-4747

E-Mail: [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org)

Website: [www.apwcolorado.org](http://www.apwcolorado.org)

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Continued on Page 2

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Be advised that the Communiqué is not private, only the APW Member Directory is restricted to members only, and can be viewed on the Internet.

The Alliance is a member of and proudly supports: Colorado Women's Lobby, and The International Alliance for Women

**Communiqué Committee**

Pauline Huddleson, Editor  
 Sandy Smith, Co-Chair  
 Cindy Rold

**January Networking Luncheon**

Continued from Page 1

**Door Prizes being provided by: ZARA SARFARAZ of La Piccola Venezia.** Gift Certificate for two to the restaurant for mask painting \$70 value; one Imported Venetian mask \$50 value; one imported Venetian mask \$30 value.

**More about our speaker: KIM SHANNON** motivates women to own their power and live life on their own terms. She speaks passionately about **The Power of YES, Breaking Through Your Inner Glass Ceiling, Compassion Fatigue and the importance of Sacred Self Care.**

Kim is the Founder of **Good Girls Anonymous™**, an internationally recognized empowerment program helping women ready to break the rules of perfectionism and people pleasing. Through Kim's one-on-one and group coaching programs, her clients have achieved results in both their personal and professional lives including more fulfilling relationships, less stress, increased confidence and overall happiness. Kim helps women take care of themselves as well as they take care of everyone else.

Kim is a bestselling author about to publish her next book, **The Good Girl Addiction™** in May 2014.

As Kim's gift, get your copy of her e-book, **Give Me A Break: 101 Things You Can Do For You In Only 5 Minutes** today at: [www.goodgirlsanonymous.com](http://www.goodgirlsanonymous.com).

## Remember — Panties! Undies! Bun Covers! We need them all!

The APW Outreach continues to sponsor a panty drive (a big thank you to all who have already donated, they were delivered Last week) to benefit, **The Delores Project**, a small, safe, comfortable overnight shelter for adult unaccompanied women. All sizes are welcomed and needed. They tend to run out of the smaller sizes more quickly. We will continue to have a collection box at the check-in table at our luncheons. Thanks in advance for your donations and participation.

For questions, contact **NINA SLOAN** at 303-883-7699 or [nbs@ninabsloan.com](mailto:nbs@ninabsloan.com).

**Communiqué Sponsors**

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**Editor Notes****From The Editor**

The deadline for submitting articles for the COMMUNIQUÉ is Noon on the **15th** of each month. All submissions must be **electronic**. The COMMUNIQUÉ provides stories of interest & information to Alliance members. Please send **ideas, comments, contributions, and questions** to Pauline Huddleson at [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org)

[Back to What's Inside]

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**Emilie Ailts**, **Melinda Harper**,  
and **Charlene Wilson**

**APW & CWEE Literacy Day**

**Thanks** APW volunteers, for another successful “**Literacy Day**” at **CWEE**. Last November 11, the volunteers worked with the kids who have moms participating in the CWEE program. CWEE fosters personal and professional transformation for low income single-parent families through confidence building, customized skills training, and career advancement. CWEE believes that when an appropriate level of education and support is provided, individuals can and will succeed, regardless of personal situations and other barriers to employment.

The kids were split up into groups by age and participated in one interactive activity and one reading activity. Each kid also received a book to take home and were able to sign up for his/her first library card.

Our volunteers helped out during the day with the interactive project and read out loud to the kids. Desserts and drinks were provided for the lunch the moms and kids shared.



Grab a cup of coffee, tea, or breakfast and join other APW members, or if you are considering becoming a member —**JOIN US**. **Coffee Connections** is an opportunity to meet and share about our business

and discuss business-related topics. Leave when you need to, the start and end times are approximates. There are two locations to choose from, they rotate each month. The **third Friday of the month** is typically when the Coffee Connections gatherings are held.

**Upcoming dates:**

Downtown:

Friday, **January 17**, 8:30 - 10:00 am, **Corner Bakery**, 500 16th Street #150 Denver Pavilions, Denver 80202. RSVP attendance to **LESLIE GARSKE**, 720-635-2686 or [lgarske@BAMadvisorygroup.com](mailto:lgarske@BAMadvisorygroup.com).

Denver Tech Center:

Friday, **February 21**, 8:30 - 10:00 am, **Woody Creek Bakery**, 5073 S. Syracuse Street, Denver 80237. RSVP attendance to **LAUREN KAPLAN**, 303-912-2576 or [lauren@thekaplans.com](mailto:lauren@thekaplans.com).

## February Networking Luncheon

**SAVE THE DATE, February 13**, at 11:30 am – 1:00 pm, for a sweet APW luncheon and our **Annual Committee Fair**. We will have members of each APW committee available to answer questions about their committee. It is a great time to learn how YOU can get more involved with this great organization and get to know more members.

**Public Affairs, Networking Events, Outreach, Member Support, APW Foundation, and Communication Committee's** will all be present, plan to come and learn about them all.

Look for location details on our website **SOON**; we are still working out menu options etc.

## Networking Luncheon Sponsor – Update

### A Networking Luncheon Sponsors receive the following benefits:

- **A five-to-ten minute promotional presentation** at the sponsored APW lunch meeting. Fee includes lunch for the sponsor and a guest. Sponsor will be asked to provide a small gift for a drawing during lunch (i.e. complimentary one hour consultation, gift certificate to a restaurant, etc).
- **Newsletter sponsorship**, which includes a full-page article in the newsletter as well as a full-color business card size ad and link to the article and sponsor website in the newsletter e-mail. This full-color, formatted newsletter e-mail is distributed to over 1,500 professional women in Denver!
- **Exclusive distribution/display** of materials at place settings or on chairs at luncheon.
- **Business cards or electronic spreadsheet** of all luncheon attendees collected and sent to you.
- **Recognition as a sponsor** at each of the monthly luncheons.
- **Active link** to your company website on the front page of APWcolorado.org. This 12-month listing will boost your own website's search engine ratings because APW consistently returns top level results in search queries.
- **Highlighted as a sponsor** in the Communiqué every other month with a feature article on the sponsor during the month of your sponsorship.
- **Spotlight piece** on you as a sponsor, a month after your sponsorship, in the Communiqué.

The cost of a Network Luncheon Sponsorship is \$300. Sole Proprietors may split the cost and benefits of hosting a network luncheon. Our member feedback has been that it takes approximately three weeks to one month to recoup the cost of business gained through exposure at the luncheon and in our newsletter.

Networking Luncheons will be reserved on a first-come-first-serve basis, call to reserve your month by contacting **PAULINE HUDDLESON** at 303-368-4747 or [execdir@apwcolorado.org](mailto:execdir@apwcolorado.org).

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# Alliance Networking Opportunities

## JANUARY

### WHAT: NETWORKING EVENTS COMMITTEE MEETING

When: Tuesday's, **January 7**, and **February 4**,  
11:30 am – 1:00 pm  
Where: **Vitamin Cottage**, Colorado Blvd and Evans  
RSVP: **ANNE MOORE**, [avatar.anne@gmail.com](mailto:avatar.anne@gmail.com) or 773-551-2810

### WHAT: OUTREACH COMMITTEE MEETING

When: Wednesday's, **January 8**, and **February 5**, 5:30 pm  
Where: Home of **PAM FISCHER**, 2218 Franklin Street,  
Denver 80205  
RSVP: **SAMANTHA DARDANO**,  
[Sam@DardanoProperties.com](mailto:Sam@DardanoProperties.com) or 303-331-6700

### WHAT: JANUARY NETWORKING LUNCHEON

When: Thursday, **January 9**, 11:30 am – 1:00 pm  
Where: **La Piccola Venezia**, Cherry Creek  
Cost: \$30 for Alliance members and \$40 for guests  
RSVP: By 5:00 PM, Monday, January 6, \$5 late fee thereafter!  
[CLICK HERE](#) to be there!  
Parking: Free parking lot in back or street meters

### WHAT: COFFEE CONNECTIONS

When: Friday, **January 17**, 8:30 – 10:00 am  
Where: **Corner Bakery**, 500 16th Street #150  
Denver Pavilions, Denver 80202  
RSVP: **LESLIE GARSKE**, [lgarske@BAMadvisorygroup.com](mailto:lgarske@BAMadvisorygroup.com)  
or 720-635-2686

## FEBRUARY

### WHAT: FEBRUARY NETWORKING LUNCHEON + COMMITTEE FAIR

When: Thursday, **February 13**, 11:30 am – 1:00 pm  
Where: Stay tuned for details on the location and reservations

### WHAT: PUBLIC AFFAIRS COMMITTEE MEETING

When: Tuesday, **February 18**, 7:00 am – Networking, 7:30 am – Speaker  
RSVP: **ARLENE ABADY**, [gazebo1@q.com](mailto:gazebo1@q.com) or 303-237-0360

### WHAT: PUBLIC AFFAIRS COMMITTEE MEETING

When: Tuesday, **January 21**, 7:00 am – Networking,  
7:30 am – Speaker  
Where: **Zaidy's** in Cherry Creek, 1st & Adams  
RSVP: **NORA KELLY**, [nvkesq@qwestoffice.net](mailto:nvkesq@qwestoffice.net) or  
303-866-9868

The Colorado legislative session begins January 8, 2014. At the January Public Affairs Committee breakfast meeting, **CHAER ROBERT** will discuss the issues and possible bills that might be introduced in this next legislative session. Chaer Robert is Manager of the Family Economic Security Program for the **Colorado Center on Law and Policy (CCLP)**. The CCLP is a leading advocacy organization dedicated to promoting justice, economic security, access to health care and sound fiscal policies. Chaer also currently serves as Co-chair of the Women's Lobby Issues Committee, is an executive committee member of the All Families Deserve a Chance Coalition, and is Vice-chair of the Colorado Social Legislation Committee. Prior to joining CCLP, she served as the director of the Denver Women's Commission.

Our meetings are informal. We buy our own meals and chip in to cover the breakfast of our speaker. We start at 7:00 am. to allow a half hour of networking and the speaker to order breakfast before the formal meeting begins at 7:30 am. The meeting is generally over by 9:00 am. **Please join us!**

### WHAT: MEMBER SUPPORT COMMITTEE MEETING

When: Wednesday, **February 19**, 11:30 am  
Where: **Woody Creek Bakery, DTC**  
RSVP: **LEAH DIRKS**, [leah.dirks@efirstbank.com](mailto:leah.dirks@efirstbank.com)

### WHAT: COFFEE CONNECTIONS

When: Friday, **February 21**, 8:30 – 10:00 am  
Where: **Woody Creek Bakery**, 5073 S. Syracuse St., Denver 80237  
RSVP: **LAUREN KAPLAN**, [lauren@thekaplans.com](mailto:lauren@thekaplans.com) or  
303-912-2576

Where: **Zaidy's** in Cherry Creek, 1st & Adams

One of the biggest problems in Denver Metro today is the lack of affordable housing. Many women and families are now homeless and local services are scarce. Single women without children are often overlooked as a segment of this homeless population. The principal program of The Delores Project provides safe, comfortable overnight shelter for adult unaccompanied women in a welcoming and peaceful environment. Come hear **TERRELL CURTIS**, Executive Director of **The Delores Project**, talk about the problems of homeless women and how The Delores Project provides hospitality, respect and regard for the dignity of each guest. Prior to beginning her tenure at The Delores Project in 2007, Terrell Curtis served for 8 years as Director of Communications at The Gathering Place, a drop-in daytime center for women and children in poverty. Terrell has spent more than 20 years in non-profit management with homeless service providers and arts organizations.

Our meetings are informal. We buy our own meals and chip in to cover the breakfast of our speaker. **Please join us!**

[\[Back to What's Inside\]](#)

## Other Networking Opportunities

**WHAT: BOOK LAUNCH – CATHERINE TIDD**

**When:** Tuesday, **January 7**, 7:30 pm

**Where:** **Tattered Cover**, 9315 Dorchester Street, Highlands Ranch, 80129

I'm so excited that the official launch of the book will be at the Tattered Cover in Highlands Ranch, Colorado. Any and all are welcome to attend. I'm not only excited about the birth of the book (FINALLY. This has felt like the longest pregnancy ever and I just want this baby out), I also can't wait to see old friends (well, not that old) and meet new ones. Bring guests if you'd like to!



## New Members

**HANNA KUBIAK**—Independent Consultant, **Rodan + Fields Dermatologists**, 720-675-8889, [hanna.e.kubiak@gmail.com](mailto:hanna.e.kubiak@gmail.com)

**BONNIE BOWLES**—Personal Family Lawyer, **Wills & Wellness**, 720-266-8190, [bonnie@willsandwellness.com](mailto:bonnie@willsandwellness.com)

**LAURIE SARACENO**—Administrative Director, **University of Denver Sturm College of Law**, 303-871-6150, [lauriesaraceno@comcast.net](mailto:lauriesaraceno@comcast.net)

**HEATHER RZEPIENNIK**—Sales, **Halo Branded Solutions**, 303-775-1795, [Heather.Rz@halo.com](mailto:Heather.Rz@halo.com)

**JENNY GLICK**—Owner/ Licensed Therapist, **Counseling Center of Cherry Creek**, 720-457-3342, [jenny@jennylicklmft.com](mailto:jenny@jennylicklmft.com)

**PAULA YOUNG**—President/Attorney, **Paula Constantakis Young, P.C.**, 303-756-9419, [pconstanyoung@aol.com](mailto:pconstanyoung@aol.com)

**ELIZABETH LOWEY**—Broker Owner, **Assured 8z Real Estate**, 303-359-3050, [elizabethlowey@gmail.com](mailto:elizabethlowey@gmail.com)

**LEE LIPNISKIS**—Operations Manager, **Core Contractors**, 720-383-1110, [llipniskis@coredoes.com](mailto:llipniskis@coredoes.com)

**SYDNEY LAPIDUS**—Owner, **Qb Worx Consulting**, 303-393-9721, [qbworx@gmail.com](mailto:qbworx@gmail.com)

**HILARY SILVER**—Owner/Therapist, **Silver Therapy Group, Inc.**, 303-321-3750, [hilary@silvertherapygroup.com](mailto:hilary@silvertherapygroup.com)

**LESLIE SCOTLAND-STEWART**—Sales, **Blu Homes, Inc.**, 720-982-5182, [leslie.scotlandstewart@bluhomes.com](mailto:leslie.scotlandstewart@bluhomes.com)

## New Member Profiles

**HANNA KUBIAK**—Independent Consultant, **Rodan + Fields Dermatologists**, 720-675-8889, [hanna.e.kubiak@gmail.com](mailto:hanna.e.kubiak@gmail.com)

### 1. Why did you join The Alliance of Professional Women?

I was impressed with the caliber of women I met through the APW, and the outreach and charitable work the organization is involved with. I am glad to have found a great combination of business networking and paying it forward.

### 2. What are your hobbies?

I am an avid skier, scuba diver, motorcyclist and surfer. Is eating considered a hobby? I love that too. Especially when followed by wine and chocolate. Hence I also have the hobby of going to the gym.

### 3. What is your position/business?

I am an entrepreneur. My Rodan + Fields business helps women get the best skin of their lives; I am absolutely in love with our products. I am passionate about mentoring other women and use my business in that way also. I am also incubating a startup centered on mentoring.

### 4. What is something that few people know about you?

In Africa, I once locked eyes with a lion with nothing but air between us. Thousands of years of civilization have done nothing to dim the feeling of "I'm lunch."

**BONNIE BOWLES**—Personal Family Lawyer, **Wills & Wellness**, 720-266-8190, [bonnie@willsandwellness.com](mailto:bonnie@willsandwellness.com)

### 1. Why did you join The Alliance of Professional Women?

I joined The Alliance of Professional Women for the opportunity to meet and interact with like-minded professional women in Colorado.

### 2. What are your hobbies?

I enjoy reading (when I can with a toddler running around!), running, spending time with my family, and the watching the Broncos play. I also really enjoy working on my business. I have a passion for what I do and don't actually feel like I'm working—the best of both worlds!

Continued on Page 7

[\[Back to What's Inside\]](#)

## Member News &amp; Information

## New Member Profiles

Continued from Page 6

## BONNIE BOWLES

**3. What is your position/business?**

I am a Personal Family Lawyer and Organized Mom, educating growing families about estate planning and kids protection planning. I host free talks for parents all around Denver about the importance of choosing a guardian and avoiding probate, and I approach my work as a teacher. I also work with small and family-owned businesses to help establish a solid legal foundation and truly operate as a business—vital to ensuring personal assets aren't on the line for business liabilities. I'm licensed in Colorado, Texas, and New Mexico, and am working on my CPA license as well.

**4. What is something that few people know about you?**

Few people know that after law school, I chose to be a ski school instructor instead of being a lawyer! I taught 3-5 year olds and loved every day of it. After two seasons, I figured I did need to do something with that law degree after all!

LESLIE SCOTLAND-STEWART—Sales, **Blu Homes, Inc.**, 720-982-5182, [leslie.scotlandstewart@bluhomes.com](mailto:leslie.scotlandstewart@bluhomes.com)

**1. Why did you join The Alliance of Professional Women?**

To help other professional women build their business and to increase awareness about Blu Homes.

**2. What are your hobbies?**

Hiking, skiing and music but mostly raising my two young children!

**3. What is your position/business?**

I'm a sales consultant at Blu Homes. Blu Homes, Inc. is the leading provider of premium prefab homes in North America. Architect-designed and precision-built in half the time of conventional custom homes, Blu homes provide healthy green features, luxury quality finishes, and high performance systems for convenient and comfortable living.

**4. What is something that few people know about you?**

I worked for two summers at Disney World during college.

HILARY SILVER—Owner/Therapist, **Silver Therapy Group, Inc.**, 303-321-3750, [hilary@silvertherapygroup.com](mailto:hilary@silvertherapygroup.com)

**1. Why did you join The Alliance of Professional Women?**

I've been meaning to join the Alliance for a long time and have finally made the time to make it a priority. I enjoy sharing ideas, successes and strategies with other women in business. My clients trust me and rely on me so when they are in need, I feel it is important to have resources for my clients.

**2. What are your hobbies?**

I have two small children so my hobbies have taken the back burner recently. I continue to make time for exercise, staying in touch with my friends, reading and spending quality time with my partner.

**3. What is your position/business?**

I am Owner of Silver Therapy Group, Inc., a private counseling practice that specializes in relationships.

**4. What is something that few people know about you?**

I am an open book and share most all of myself with the people in my life. Sometimes I forget some of my world travel experiences as it happened 20 years ago, which seems like another lifetime. When I was 22 years old, after graduating from college, I bought a one way ticket to Italy and returned 7 months later from Indonesia. In total, I traveled to 10 countries all on my own. I also taught English in Japan for one year when I was 25, and traveled to many more countries on the way home. I was after adventure and self-discovery, but I was also buying time to decide what I wanted to be when I grew up!

JENNY GLICK—Owner/ Licensed Therapist, **Counseling Center of Cherry Creek**, 720-457-3342, [jenny@jennyglicklmft.com](mailto:jenny@jennyglicklmft.com)

- 1. Why did you join The Alliance of Professional Women?** I was looking for a professional organization that also had a philanthropic focus. I was a guest of KELLY SNODGRASS at the October luncheon and was blown away by the energy, enthusiasm, and generosity in the room. I immediately decided that this would be a great place for me to spend some time!.
- 2. What are your hobbies?** Like everyone else who lives in Colorado, I spend my fair share of time outdoors: hiking, telemark skiing, rock climbing, backpacking, and the periodic winter hut trip with my family. I love CrossFit...the intensity and community so I spend 4-5 days a week at the gym. I have a wheel and kiln at my house and enjoy making pottery both artistic and functional. And, I just love baking healthy paleo treats!
- 3. What is your position/business?** I own the Counseling Center of Cherry Creek and am a licensed marriage and family therapist. I have been working therapeutically with individuals, children, and families for years and just now realized how much I just love being an entrepreneur! I am also one of five Elite Coaches through the Be A Wealthy Therapist program. I coach therapists around the country build and grow their ideal private practices.
- 4. What is something that few people know about you?** I have a regular devotional practice that keeps me rooted to God and the mystery of life. My spiritual life and the connection that I feel with something bigger than me, fuels everything that I do and softens me to experience deep gratitude for all that I get to experience in life.

[\[Back to What's Inside\]](#)

## Member News &amp; Information

## Anniversaries

The Alliance wishes to **recognize** and **thank** the following women who joined The Alliance of Professional Women in January or February. We greatly appreciate your continued support of our organization.

### 14 years

ALEXANDRA TUNE.....Deloitte

### 9 years

STEPHANIE BROOKS .....Daniels College of Business,  
University of Denver  
CINDY ROLD .....Maverick Coaching & Speaking  
KELLY REYNOLDSON .....Kutak Rock, LLP  
HEATHER KENDRICK.....Kutak Rock, LLP

### 5 years

PAULINE HUDDLESON.....APW / Arbonne International

### 3 years

KATHRYN TRUAX .....Wells Fargo Advisors, LLC  
JOANNE PETERSON .....New World Office  
MARLO ALSTON .....Pinnacol Assurance

### 2 years

LIANE HEGGY .....Schuchat, Herzog & Brenman, LLC  
SUSAN BORGOS.....Novacoast, Inc.  
ANN BRODERICK.....Bauerle & Company  
SARAH JACKSON.....Schaus & Associates, LLC  
SARAH BIEHN .....Bauerle & Company  
STEPHANIE JASON .....Bauerle & Company  
MERIDITH GOSS .....Bauerle & Company

### 1 year

CELESTE GAMACHE .....Law Office of Celeste R. Gamache  
KRISTEN HARRIS .....8Z Real Estate  
KATE STARICK.....Kutak Rock, LLP  
KELLY KILGORE.....Kutak Rock, LLP  
NICOLLE LEWIS .....FirstBank  
DEB KLAER .....Believe Fitness  
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PAM SILVERBERG .....Stacy's Helping Hand  
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LYNDSAY ARUNDEL.....Rothgerber Johnson & Lyons  
STEPHANIE JASON .....Bauerle & Company, Inc.  
CAROL DANIEL-WINGET.....DeepWell, LLC  
LINDA FRASER .....College In Colorado  
RENEE COHEN .....Coldwell Banker  
Residential Brokerage  
EDIE TAYLOR .....ANB Bank  
COLLEEN KILDUFF .....Modis  
KATE HAGERTY .....Kate Hagerty, LLC  
LISA CASTRO .....Advanced Skincare  
EVA MARIE DENST .....MakeUpMania, Inc.  
KELLI STOTT .....Universal Lending Corporation  
KELLY SNODGRASS.....Lasher Legal Resolution, P.C.

## New Member Referrals

**Thank you** to all the following members who have referred a brand new Alliance member since our last Communiqué. We are grateful to **KELLY SNODGRASS** for referring **HANNA KUBIAK** and **JENNY GLICK**, **CATHERINE TIDD** and **BETHANY NEUMANN** for referring **BONNIE BOWLES**, **DANA LYNCH** for referring **LAURIE SARACENO**, **SHAE THURMAN** for referring **HEATHER RZEPIENNIK**, **NANCY THAUETTE** for referring **PAULA YOUNG**, and non-member (for now) **JAYNE SANDERS** for referring **ELIZABETH LOWEY**, **ELIZABETH MOORE** for referring **LEE LIPNISKIS**, **JOANNE PETERSEN** for referring **SYDNEY LAPIDUS**, and **SHERE CHAMNESS** for keeping our website such that **LESLIE SCOTLAND-STEWART** and **HILARY SILVER** found us and join—thank you all---good job!

We appreciate you sharing our fabulous organization and are pleased to run complimentary business card ads in the Communiqué for members, as a small token of our appreciation.

## Member News

Congratulations APW member **CATHERINE TIDD**...Catherine authored a book that is being released January 7, 2014. "*Confessions of a Mediocre Widow, Or, How I Lost My Husband and My Sanity*"; below is a review from Publishers Weekly.

"At 31, the author of this heartfelt and surprisingly humorous memoir is the happily married mother of three children under the age of five. In the very first pages, however, her world turns upside down when her 34-year-old husband dies from a brain injury following a motorcycle accident. But the grim and shocking opening (she spends three days in the ICU with her husband, emerging as a widow) is followed by an ultimately uplifting story, and thanks to Tidd's keen sense of humor her tale never becomes maudlin. Instead, she invites readers to come along on her journey of self-discovery, traveling through the stages of grief, healing, and repair, from a state of disbelief and denial to an acceptance and even celebration of life and its capacity to change "in the blink of an eye." Although Tidd attempts to be "the perfect widow," she soon finds that putting pressure on herself is not the answer. So whether she is practicing "retail therapy," facing a meltdown with her youngsters at Costco, or eventually dating, she learns to give herself a pass on perfection. Though the painful loss of her husband is palpable, Tidd eventually realizes that the freedom to find herself again is actually an opportunity for growth. Widowers and other readers will find inspiration and useful advice in her candid story (and in the closing "Tips for Widow(ers) and Those Who Support Them" section)."

Author: **CATHERINE TIDD**, [catherine@thewiddahood.com](mailto:catherine@thewiddahood.com),  
[www.thewiddahood.com](http://www.thewiddahood.com), 720-480-5042

[Back to What's Inside]



## Member News &amp; Information

## 5280 Magazine Article

The December issue of **5280 Magazine** has an article we thought APW members and friends would enjoy. Editors **KASEY CORDELL** and **LINDSEY B. KOEHLER** dug into the current condition of Colorado's female professionals to highlight their achievements. Their story emphasizes influential women of the Centennial State and features their successes.

This inspiring evaluation includes women in various walks of life and occupations. These confident women include the governor's Chief of Staff, a distinguished chef, a Colorado Supreme Court Justice and more.

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*Colorado has the most confident, intelligent, thoughtful, inspiring, dedicated, joyful, influential, resilient, adventurous, independent, gutsy, innovative, groundbreaking women in America...*

CLICK  
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to be taken to the article to read more about the prominent women in our state.

## TIAW News

One of **The International Alliance of Women's** newest benefits, **Dialogue**, an international business leadership magazine.

CLICK  
HERE

to read the issue, password: **tiaw** (all lower case)

In this issue, you will find numerous entrepreneurial articles but also a great feature on global pharmaceuticals giant Novartis, who has built a world-class female talent pipeline. Published quarterly, the next edition in March will include an article regarding the impact that the one billion women entering the global economy will have on for corporate policies and work environments. A favorite quotes from the article is author **SHERYL DUWUNN** stating, "Our focus has to be on changing reality, not laws". Please enjoy this publication, brought to you exclusively by TIAW.

## Public Affairs November Meeting Update

On November 19, 2013, the **Public Affairs Committee** hosted **MELISSA VIOLA**, a representative of **Connect for Health Colorado**. The Colorado healthcare marketplace is now available for individuals, families and small businesses to purchase healthcare plans online. Melissa discussed the services provided and how to choose the best plan for you. For more information, go to [www.connectforhealthco.com](http://www.connectforhealthco.com).

## Alliance Thanks!

**November Networking Luncheon** We had a successful luncheon at **Maggiano's** in the Tech Center in November. Our luncheon hosts were, **NANCY THAUVEITER**, of **U.S. Bank NA**, and **KRISTIN HARRIS**, of **8Z Real Estate**. The ladies did a super job of planning and hosting this fun event. We **thank** our luncheon sponsor, **ELIZABETH MOORE**, of **Ryan, Gunsauls & O'Donnell, P.C.** for her support. We **also thank** our door prize donors, **ELIZABETH MOORE** (gift certificate), **SAMANTHA DARDANO** of **Dardano Properties-Metro Brokers, Inc.** (wine), **JOANNA JOHNSON** with **E2 Business Gifts** (basket of goodies) and **Maggiano's** for the gift certificate.

**December Networking Luncheon** **The Brown Palace Hotel and Spa** was as lovely as ever for our Holiday Networking Luncheon this year. We thank all that attended for your early registration; we certainly filled the room.

**Thanks** to the entire Networking Committee for working to make this event special. Our hosts, **JOANNE PETERSON** and **NANCY THAUVEITE** did a great job of leading this event. The food was delicious as always and a good time was had by all. We **thank** our door prize donors, **The Denver Center for Performing Arts** for tickets to Hamlet, **LAUREN KAPLAN** with **Rodan+Field** for her product and book donation, to **DEB KLAFTER** for her donation of gift certificates to her Boot Camp, and to **CATHERINE TIDD** for donating two of her new books. We also gave away the Poinsettias to 10 lucky winners – thanks to **HELENE SCHMID** for supplying the beautiful plants. **Special thanks** go to **MARY BROZOVICH** and current APW scholarship recipient **Kelsey Hummel**, both from Regis University. Both did a great job of speaking. Kelsey was inspiring to all of us who got to hear her presentation.

# Business Sources

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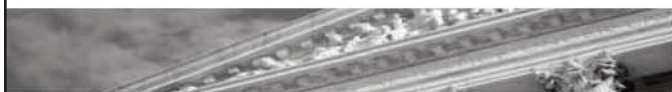
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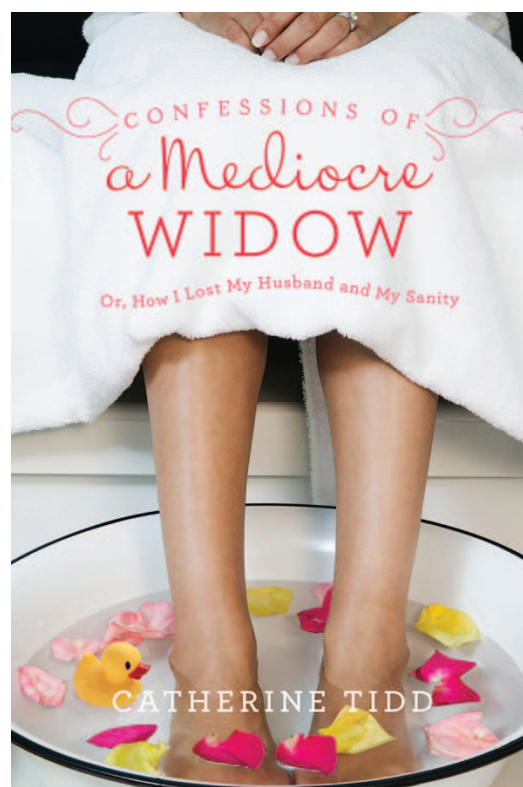


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# calendar of events

You can now find an RSVP link to upcoming Alliance Events on our homepage! Go to [www.apwcolorado.org](http://www.apwcolorado.org) and click on the bold RSVP link – it will take you directly to the BlackTie RSVP page for the event for ON-LINE REGISTRATION See PAGE 5 for event information, event codes or contact for the event.

JANUARY 2014

S	M	T	W	T	F	S
			1 New Year's Day	2	3	4
5	6	7 <b>NTWK Events Committee MTG</b> 11:30 am - 1:00 pm, Vitamin Cottage, CO Blvd and Evans, <b>ANNE MOORE</b> 773-551-2810 <a href="mailto:avatar.anne@gmail.com">avatar.anne@gmail.com</a>	8 <b>Outreach Committee Meeting</b> 5:30 pm. Home of <b>PAM FISCHER</b> , 2218 Franklin Street, Denver 80205 <b>SAMANTHA DARDANO</b> 303-331-6700 <a href="mailto:Sam@DardanoProperties.com">Sam@DardanoProperties.com</a>	9 <b>Networking Luncheon</b> 11:30 AM - 1:00 PM <b>La Piccola Venezia</b> , Cherry Creek <a href="#">CLICK HERE</a> to register	10	11
12	13	14	15	16	17	18
19	20	21 <b>Public Affairs Committee Meeting</b> Networking from 7:00-7:30 am, Speaker at 7:30-9:00 am <b>Zaidy's of Cherry Creek</b> <b>NORA KELLY</b> 303-866-9868 <a href="mailto:nvkesq@qwestoffice.net">nvkesq@qwestoffice.net</a>	22	23 <b>Coffee Connections</b> 8:30 - 10:00 am, Corner Bakery, Downtown Denver, RSVP to <b>LESLIE GARSKE</b> , <a href="mailto:lgarske@BAMadvisorygroup.com">lgarske@BAMadvisorygroup.com</a> or 720-635-2686	24	25
26	27	28	29	30	31	

For more event information see PAGE 5 or for event updates visit [www.apwcolorado.org](http://www.apwcolorado.org)

FEBRUARY 2014

S	M	T	W	T	F	S
						1
2	3	4 <b>NTWK Events Committee MTG</b> 11:30 am - 1:00 pm, <b>Vitamin Cottage</b> , CO Blvd and Evans, <b>ANNE MOORE</b> 773-551-2810 <a href="mailto:avatar.anne@gmail.com">avatar.anne@gmail.com</a>	5 <b>Outreach Committee Meeting</b> 5:30 pm. Home of <b>PAM FISCHER</b> , 2218 Franklin Street, Denver 80205 <b>SAMANTHA DARDANO</b> 303-331-6700 <a href="mailto:Sam@DardanoProperties.com">Sam@DardanoProperties.com</a>	6	7	8
9	10	11	12	13 <b>Networking Luncheon</b> 11:30 AM - 1:00 PM, Stay tune for details on the luncheon location!	14 <b>Happy Valentine's Day</b>	15
16	17	18 <b>Public Affairs CM</b> Networking from 7:00-7:30 AM, Speaker at 7:30-9:00 AM <b>Zaidy's of Cherry Creek</b> <b>ARLENE ABADY</b> , <a href="mailto:gazebo1@q.com">gazebo1@q.com</a> or 303-237-0360	19 <b>Member Support Committee Meeting</b> 11:30 am <b>Woody Creek Bakery</b> , DTC <b>LEAH DIRKS</b> <a href="mailto:leah.dirks@efirstbank.com">leah.dirks@efirstbank.com</a>	20	21 <b>Coffee Connections</b> 8:30 - 10:00 am, Corner Bakery, Downtown Denver, RSVP to <b>LESLIE GARSKE</b> , <a href="mailto:lgarske@BAMadvisorygroup.com">lgarske@BAMadvisorygroup.com</a> or 720-635-2686	22
23	24	25	26	27	28	