DMMUNI

2 0 0 7 • Connecting Personally, Professionally and Philanthropically

What's Inside
City Lights Boardwalk Nights Event Raises Over \$14,000 for The Alliance Foundation 1-2
Down By The Boardwalk Was A Fun Place To Be 3-4
Alliance Foundation Teams Up With TIAW and BoldeReach for 2007 Village Bank Fundraiser
Alliance Networking Events, Member News & Information . 5-11
Business Source
Calendar

Networking Luncheon Sponsors:

Country Insurance and **Financial Services**

August 2006 Networking Luncheon Sponsor

Arbonne International

September 2006 Networking Luncheon Sponsor

CampExperience

February 2007 Networking Luncheon Sponsor

Taylor Made Wealth Coaching

March 2007 Networking Luncheon Sponsor

The Curtis Hotel

April 2007 Networking Luncheon Sponsor

Harper Lutz Zuber Potenza & Associates

May 2007 Networking Luncheon Sponsor

Interested in becoming a Networking Luncheon Sponsor? Call [303]-368-4747

THE ALLIANCE OF PROFESSIONAL WOMEN

Executive Director Mary Carr[303] 368-4747

Fax[303] 282-4968 E-Mail execdir@apwcolorado.org Web site: apwcolorado.org P.O. Box 480384, Denver CO 80248



City Lights Boardwalk Nights Event Raises Over \$14,000 for The Alliance Foundation

On a fabulous Thursday night, Alliance members and friends got together for a night of fun at our City Lights Boardwalk Nights event and helped us raise more than \$14,000 for our Alliance Foundation.

An event like this could not have happened without the support of a number of people and companies. The Alliance and our Foundation would like to extend a special thank you to our sponsors:

PRESENTING SPONSOR - The Curtis Hotel

PLATINUM SPONSOR – Country Insurance & Financial Services

GOLD SPONSOR - Dufford & Brown, PC

SILVER SPONSORS - Harper Lutz Zuber Polenta and Associates; Holland & Hart LLP,

Mind's Eye Resource Management and Ryan, Gunsauls & O'Donnell, P.C.

TABLE SPONSORS - Aquila Group and Much Ado Creative Services

Continued on Page 2

The Alliance Member Benefits:

- Community Activism
- Committee Involvement
- Connecting Women Personally & Professionally
- Dental, Vision Prescription and more through Direct Dental Plans of America, Inc. • Leadership Development
- Discounts on Professional & Business Services
- Educational Programs
- Friendships & FUN
- International Alliance for Women (TIAW) member
- Membership Directory
- Membership in the Eagle Legacy Credit Union
- Member Support
- Monthly Newsletter
- Monthly Networking Luncheons
- · Networking Opportunities
- Personal Growth/Development
- Political Activism
- Social Events
- · Support Networks
- TOM, your Trouble-free Online Manager



Connecting Philanthropically

Leadership

EXECUTIVE COMMITTEE

Suzanne Sanchez, President Emily Rae, President Elect & Secretary Alexandra Tune, Treasurer

Elizabeth Moore, Past President Barbara Crawford, At-Large Kim Monson, At-Large Stephanie Sommers, At-Large Nancy Thauvette, At-Large Peggy Anderson, Advisory

BOARD MEMBERS

Debra Armbruster
Lisa Austin
Davinia Blohm
Janet Boulter
Chris Camper
Joan Fanganello
Patricia Foley Hinnen
Dana Lynch
Elizabeth Mitchell
Robin Peglow
Meghan Pfanstiel
Cindy Rold
Judy Taylor

EMERITUS BOARD MEMBERS

Emilie Ailts Melinda Harper Charlene Wilson

Corporate Members

ATHENA MEMBER

Hein & Associates, LLP Holland & Hart, LLP Kutak Rock LLP

KUAN YIN MEMBER

Great West

Ryan, Gunsauls & O'Donnell, P.C.

CERRID MEMBER

US Bank

Agilent Technologies
Country Insurance
and Financial Services
Denver Woman Magazine
Harper Lutz Zuber Potenza &
Associates, LLC
Liberty Mutual Insurance
McKenna, Long & Aldridge
The Curtis Hotel
Wise Women Communications

The Alliance is a member of and proudly supports: Colorado Women's Lobby, and The International Alliance for Women

City Lights Boardwalk Nights Event Raises Over

\$14,000 for The Alliance Foundation

Continued from Page 1

Special thanks goes to the following committee members for all of their hard work: Elizabeth Moore, Suzanne Sanchez, Meghan Pfanstiel, Stephanie Sommers, Joan Fanganello, Peggy Anderson, Mary Lechuga, Mary Carr and Karen Rosen.

We would also like to **thank Stephanie Sommers** for her graphic design services and **Deb Krier** and **Wise Women Communications** for their media assistance.

Finally, **The Alliance** and the **Alliance Foundation** would like to sincerely **thank** the **following individuals and companies** who donated items to our awesome silent and live auction (if you didn't attend, you missed some fabulous stuff!).

African Eyes Travel Denver Zoo Arapahoe Basin Ski Area Designs of the Interior Durango & Silverton Railroad Amaryllis Therapy Session American Furniture Elitch Gardens **Arkansas River Tours** Elements of Image - Dana Lynch Arvada Center Elway's Steakhouse The Avenue Grill Entrom's Almond Toffee Brown Palace Hotel & Spa Estrella Del Mar Canon City & Royal Flatirons Scuba Gorge Railroad Forney Museum Car Guys Fresh Fish Company Celetial Seasonings Christina Sheridan **Good Times**

Colorado Ballet **Great West Life** Colorado Crush Hammond's Candies Colorado Historical Museum The Insatiable Palate -Colorado Rapids Kathleen Bowen Comedy Works - Denver Sherri Keller - Kennedy Golf Pro The Curtis Hotel Lifestyles Catering - Kaye Lyssy **David Winsor** Manitou & Pike's Peak Railway Co. **Deborah Currier** Mary Carr **Denise Valdes** Mary Hoagland **Denver Botanic Gardens** McCormick & Schmick's

Denver Botanic Gardens

Denver Center for the
Performing Arts

Denver Firefighters Museum

Denver Museum of Miniature,
Dolls & Toys

McCormick & Schmick's

Molly Brown House

Museum of Nature & Science

Noodles & Company

Parisi Restaurant

Red Hat Events

Denver Zoo

Designs of the Interior

Durango & Silverton Railroad

Elitch Gardens

Elements of Image - Dana Lynch

Elway's Steakhouse

Entrom's Almond Toffee

Estrella Del Mar

Flatirons Scuba

Forney Museum

Forney Museum

Glenwood Caverns Adventure Park

Good Times

Savrina Colella, Laura,

Gillen, Mary Jo Nelen

Sheri DiPaglia

String Beads

Tom Reimann and

Dave Christensen

Valerie Bruce

White Fence Farm

Zachem & Co., Zinc & Co.

Anne Gottlieb Angerman MS

Maureen Kanwischer

240 Union

Children's Museum of Denver Monarch Mountain Tamayo Nutrition Wellness Counselor

w.Susan Kimball Robin Peglow & Signs of Life Health

Jessica Lynch & RE/MAX Alliance

Linda McGill,

UBS Financial Services Arvilla Skin Care & Spa

Cindy Keske Rosemary Seiwald

Connecting Philanthropically

Communiqué Committee

Kelly James, Co-Chair & Editor Sandy Smith, Co-Chair Mary Carr, Suzanne Sanchez, and Karen Rosen

Sustaining Alliance Members

Peggy Anderson Anne Vitek **Deb Armbruster** Kathleen Bowen **Bonnie Busekrus** Monica Thompson Charlene Wilson

Communiqué Sponsors

Alexander Smith Design www.alexandersmithdesign.net

Editor Note From The Editor

KELLY JAMES The deadline for submitting articles for the Communiqué is Noon on the **15th** of each month. All submissions must be **electronic**. The Communiqué provides stories of interest & information to Alliance members. Please send ideas.

comments, contributions, and

questions to kjames@ christianlivingcampus.com

Down By The Boardwalk Was A Fun Place To Be

Re-printed with permission from Blacktie-Colorado

Under the boardwalk, down by the sea, on a blanket with my baby, that's where I'll be. It was the place to be Thursday, May 17 as The Alliance of Professional Women hosted their 5th Annual Fundraiser to benefit the Alliance Foundation.

It was a night for games of chance, carnival games and lots o' food and & drink for those who attended this festive event. The Marco Polo Room at the Curtis Hotel in downtown Denver was transformed into a boardwalk with carnival games, gambling tables complete with fun money, popcorn, pretzels and cotton candy.

Even the tables filled with silent and live auctions items had a bright and colorful touch. Guests caught a glimpse of themselves in the fun mirrors as they entered the room. Then one could stroll up one side of the boardwalk to play Ring-A-Rascal, Tip the Clown or a few other games. And then stroll down the other side to play a little poker or 21. Something for everyone. There was plenty of food, fun and drink.

Guests got to try a signature martini created by the Curtis Hotel just for the Alliance as they chatted, dined and looked over a sea of silent auction items. There were a number of live auction items such as a golf getaway in Mexico, a wine tasting for 10 guests, a 6-day African Safari, private golf lessons with a new set of clubs and a couple of very nice downtown Denver packages, to name a few.



Darla Funk and Lisa Austin have a little fun on the boardwalk.



Photographs provided by Blacktie-Colorado



Jessica Lynch, left, Dana Lynch and Sheryl Williams are just getting started on a fun evening.

- Rubi Nicolas, Nick at Nite's Funniest Mom in America2, entertains the crowd at The Alliance of Professional Womens City Lights Boardwalk Night.
- Cathy Keys, left, Kathleen Bowen and Elizabeth Cowan having fun at the carnival games.



Continued on Page 4

Connecting Philanthropically

Alliance Foundation Teams Up With TIAW and BoldeReach for 2007 Village Bank Fundraiser

The Alliance Foundation is excited to team up with **BoldeReach**, a women's organization out of Boulder, for our **2007 Village Bank Fundraiser**. Each year, BoldeReach selects a non-profit organization(s) to support and this year it is microcredit. Their 2007 Gala benefits **Friendship Bridge,TIAW** and our **Village Bank** program through TIAW.

Mark your calendars for Saturday, October 6, 2007.

The Gala will be held at a fabulous private home in Pinebrook Hills outside of Boulder. This expansive home is perched high among the rocks, with gorgeous vies of Boulder below. It features a waterfall cascading among natural Colorado sandstone boulders in the atrium and wonderful architectural details throughout. We know that everyone is asking...BOULDER? Once you see this home, you will know why (You can checkout some of the photos of the home at www.boldeReach.org and click on past galas). AND we are going to reserve a couple of buses to pick us up and ferry us to Boulder in style (and more importantly back to Denver).



As you may remember back in November the **Nobel Peace Prize** was awarded to **Professor Muhammad Yunus** and the **Grameen Bank** for their work on alleviating poverty around the world through microcredit. Microcredit and our Village Bank program is one of the two programs we support through The Alliance Foundation. In the past five years, we have successfully opened Village Banks in seven countries and have helped hundreds of women build a better live for themselves and their families.

Your attendance at this event will help us continue to help women who live on less than \$2 a day.





It is a one-of-a-kind event that you don't want to miss. Look for more information soon. Mark you calendars for this fabulous event!

Down By The Boardwalk Was A Fun Place To Be

Continued from Page 3

After the fun and games, **Kathleen Bowen**, an Alliance Foundation board member and sponsor, took the stage to welcome everyone and introduced **Suzanne Sanchez**, President for The Alliance of Professional Women. Suzanne introduced and thanked each of the event sponsors. Then **Shari Lutz**, President of the Alliance Foundation, spoke about the foundation and their Scholarship and Village Bank Programs.

Then auctioneer **CATHY HALL KEYS** took the stage to get the live auction started. When the last of the fabulous live items where bid on, it was time to get down to some serious entertainment. **STEPHANIE MCHUGH**, a 2007 funniest mom in America contestant for Nick at Nite, had the crowd laughing out loud with her comical versions of "divorced and dating adventures of a single-mom" humor. And if that wasn't enough, the crowd got a second wave of laughter from **Rubi Nicolas**, who was the 2006 Nick at Nite's Funniest Mom in America 2. These were two seriously funny moms.

And with that, it was time to shake off the sand, gather up carnival prizes and head home with memories of fun under the board-walk. Proceeds from the event will benefit the Alliance Foundation, whose mission is to help women and girls in the community and around the world achieve self-sufficiency and economic independence. The Alliance Foundation is dedicated to supporting women both locally and globally and have created two programs to achieve these goals. The Scholarship Program helps women in the community achieve their dreams of completing their education to create a better life for themselves and their families. The Village Bank program targets the poorest of the poor, women who live on less than \$2 a day, by extending small loans for them to start or expand a business.

MEMBER NEWS & INFORMATION

Alliance Networking Opportunities, Events, Activities & More

You can now find an RSVP link to upcoming Alliance Events

on our homepage! Go to www.apwcolorado.org

and click on the bold RSVP link – it will take you

directly to the **BlackTie RSVP** page for the event!

WHEN: AUGUST 9TH, 2007 • 11:30A - 1P

What: **August Networking Luncheon**

Where: Cool River Café, 8000 E Belleview Ave.,

Greenwood Village, CO 80111

Cost: \$25 members. \$35 non-members MARY CARR [303] 368-4747 RSVP:

Register on-line at www.blacktie-colorado.com/rsvp and

enter the event code - apwaug07.

WIN tickets to 'The Great American Trailer Park' - See page 10

WHEN: AUGUST 23RD, 2007 • 11:45A - 1P

What: **Networking/Events Committee Meeting**

Where: TBD

RSVP: MARY CARR (303) 368-4747

execdir@apwcolorado.org

WHEN: SEPTEMBER 5TH, 2007 • 5:30P

What: **Outreach Committee Meeting** Where: Whole Foods, Tamarac Square

RSVP: Megan Wegner 1-800-340-5653 x52760 or

megan.Wegner@jnli.com

WHEN: SEPTEMBER 13, 2007 • 11A – 1P

What: **September Member Appreciation Luncheon** Where: Sparrow, 410 E. 7th Ave., Denver, CO 80203 Cost: \$30 members and guests, \$40 non-members

RSVP: MARY CARR [303] 368-4747

Register on-line at www.blacktie-colorado.com/rsvp and

enter the event code – apwsept07.

Please join us for our first Annual Member **Appreciation Luncheon!** Enjoy delicious food, complimentary valet parking, and special gifts. Member, speaker and life coach, ROBIN PEGLOW, will be speaking on: The Power of Inspiration As professionals you are managing multiple aspects of yourself constantly. You may play the role of wife, mother, administrator, or support person while trying to integrate the drive to be successful, the desire to make a difference, the question of whether you are on your "path," and the concern whether you are fulfilling your deepest desires. No wonder we often get tired

or discouraged!

There IS Such A Thing As A Free Lunch!

Join the APW at one of our Networking Luncheons and your lunch is FREE! Attending a Monthly Networking Luncheon is a fabulous way to get to know the organization and see if it's a fit for you! Don't miss our August 9th Networking Luncheon at Cool River Cafe in the Denver Tech Center!

OFFICE SPACE FOR RENT

Five offices (with two paralegal/secretary spaces) available for immediate occupancy. Located at 19th and Sherman, two blocks from the Brown Palace. Offices are fully furnished, with state of the art amenities, high speed DSL connectivity, high speed copier/scanner, approximately 184 square feet each. Large conference room with audio/video five channel surround sound capability. The available services include receptionist, telephone, copier, fax, conference room and breakroom. Contact **RODNEY** BERNHARDT at Kritzer/Zonies, LLC., (303) 393-1111 or rodney@kritzerzonies.com.

MEMBER NEWS & INFORMATION

THINK PINK!!!

Register today for Team Alliance and make a difference in the fight against Breast Cancer! Race Day is Sunday, October 7th at the Pepsi Center – online registration closes at 12 noon on October 5th. We will be meeting at our secret location beforehand for a continental breakfast and pink lemonade mimosas and/or cosmos! There will be free parking and we will be within easy walking distance to the start of the race. Team members should pick up unique pink items, if they come across them such as pink boas, sunglasses, socks, leggings, t-shirts, antenna, face paint, rings, silly string, etc. More information will come after you register.

To register, go to **www.raceforthecure-denver.com** and click on Register and then Join A Team, the APW team is registered under the keyword "Alliance of Professional Women." The Alliance Team will be doing the 8:30a Co-ed 5K Walk/Run, feel free to sign up spouses, children, or invite friends or co-workers to join in the fun! It will be fine if you would like to do the Competitive Race or the Family Fun Walk instead, you will just not be walking with the group. The registration fee for Adults is \$30 and \$20 for Seniors 65 and older and Children 18 and under or you can do a Family Four Pack (2 Adults/2 children) for \$90. Don't want to come on race day? Register for one of these great alternatives: Sleep In, Work Out, K9 for the Cure or you can just register as a Fundraiser Only.

Read the following article to help you with your training, by participating in the Race for the Cure you will be supporting the Komen Foundation, one of the greatest advocates for women's health! Contact Team Captain, JOAN FANGANELLO, at [720] 289-2129.

"Fitness Walking"

by Jo Ann Taylor

Women have to be smart when they are walking outside. Taking a few extra precautions can reduce the chances of becoming a victim of a crime. **Here are a few tips:**

- Stay Alert Be aware of the entire environment around you.

 If you wear headphones, keep the volume low enough that you can hear what's going on around you.
- ALWAYS walk facing traffic.
- Avoid isolation Walk in areas where there are other people.
- Tell someone where you will be walking and when you will be back.
- Carry identification and don't wear jewelry.
- Carry a noisemaker such as a whistle or personal alarm.
- Best of all Walk with a Friend!

"Did You Know?"

Side Walk!

Walking sideways burns 78 percent more calories than walking forward. Lateral motion takes extra effort by putting your body to work in unfamiliar ways.

Walk Away From Trouble

A study done at the University of Pittsburgh found that postmenopausal women who had walked regularly for more than a decade, avoided heart disease, falls, hospitalization and surgeries far more successfully than their inactive peers.

Do You Have A Need For Speed?

Ouick! Check out this web site: www.racewalk.com

A Walker's Motto

Always be prepared. Keep a pair of your old walking shoes in your car. You never know when you'll have the opportunity to squeeze in a 10-minute walk.

Why Weight?

A weight gain of 11 to 18 pounds increases your risk of heart disease by 25%. More than 25 pounds increases your risk by 200% -300%!

Step'n Out!

The average person takes 9000 steps each day. In a lifetime that is 3.5 trips around the Earth.

New Soles!

Your walking shoes should be replaced about every 500 miles. Special tip: Buy two pair of shoes to walk in. Wear one pair to walk in regularly and wear the other pair just on Sundays. When you begin to feel the difference between the two pair of shoes, it's time to buy a new pair. Now use your previous Sunday pair for your regular walks and your new shoes as your Sunday pair.

Continued on Page 7



Member News & Information

"Fitness Walking"

Continued from Page 6

Head For The Hills!

To increase body toning, cardiovascular fitness and calorie burn, walk uphill.

Man's and Woman's Best Friend

Does your dog insist you take her (or him) for a walk? Look for a retractable leash. It can help free up your arms so you can keep pumping them, and that will help you get as much or more benefit from your walk as Fefe (or Fido)!

Keep on Walkin'

About 80% of hospital admissions are the result of bad health habits such as leading a sedentary lifestyle. Don't let yourself or some one you love become a statistic. Get up, out and walking!

A Good Idea

Freeze your water bottle. It will melt slowly while you walk so you'll have a constant supply of cold, refreshing water.

More work, less play?

Since 1970, working Americans have seen their leisure time drop from 26 to 17 hours per week. A Walking Vacation is a perfect way to fill this precious time. We make all the plans! You sit back and relax!

Don't be a statistic!

25% percent of people who start an exercise program quit the first week. Another 25% quit within the first six months.

Roughing it!

Walking on a rough but level track requires 50% more energy than walking on a paved road.

In The Fast Lane! Do you know how fast you are walking?

To get a close estimate, count the number of steps you take in one minute and divide by 30. For an example, if you take 120 steps you would be walking about 4 mph.

Fight The Fat!

Blend equal portions of nonfat yogurt with your favorite salsa for a fat-free, low-calorie dressing for salads, chicken and fish.

A Little Bit Goes A Long Way

Your risk of heart disease, high blood pressure, cancer and diabetes can be reduced just by taking the dog for a walk, climbing the stairs, or by sweeping the driveway.

More training tips and advice can be found at **www.walkingconnection.com**

Wise Women Communications

Receives Silver Peak Award

Wise Women Communications, an Alliance of Professional Women corporate member, recently received a Silver Peak award from the Colorado Chapter of the American Marketing Association for the direct marketing campaign it created for Play! Stay! & More (PSM), a full-service facility in Brighton that provides daycare, boarding, grooming and training for dogs and cats. Working closely with PSM, WWC created six oversized postcards. The cards were very humorous, with each card focusing on a product or service provided by PSM. The images were very whimsical and the text was amusing. Each card also included a call to action and information on how to contact PSM.

In addition to designing the direct mail campaign, WWC provided full-scale marketing support to PSM, including the creation of a logo, brand identity, Web site, advertising, building signage and tri-fold brochure. WWC is a corporate partner of APW, providing ongoing public relations support.

8

Member News & Information

New Members

- MEGAN HERALD Health and Wellness Consultant or Simply Healthy, Inc. (303) 669-1906 megan@simplyhealthy4life.com. Megan helps people to learn how to eat healthfully, lose weight, work on time management and smoking cessation. She also partners with Supper Solutions to provide healthy meals delivered to your door!
- **KATHRYN CODO** President, **Artistic Computing, Inc.** (303) 885-3366 kc@artisticcomputing.com. Kathryn provides on-site computer and network support, installation and repair to small companies.
- **DONNA DENOMME** Founder and President of **Inlightened Source Productions, Inc.** (303) 271-0510 donna@inlightenedsource.com. Donna is an author, speaker, licensed spiritual coach, energy teacher and workshop facilitator.
- **ANNE O'BRIEN** Communications Director, Colorado for the **American Heart Association**. (303) 996-8057 anne.obrien@heart.org. Anne also owns a company called **LVD Media**.
- **KELLE ANNE McCarter** Owner for **designsgirl**. (303) 453-9235 kelleannemccarter@yahoo.com. Kelle is the creator of a graphic design company specializing in corporate logo design. She is also a calligrapher.
- **LISA JOHANNES** CEO of **Marquis Banking Partners**. (303) 908-6400 ljohannes@marquisbp.com. Lisa provides interim executive placement services for banks.
- NANCY M. HEMMING Director of External Relations for The Women's College of the University of Denver. (303) 871-6221 nhemming@du.edu. Nancy is responsible for the community outreach, new student recruiting and marketing for The Women's College.
- KIM KIRMMSE TOTH Owner and president of My Retirement by Design / Transitioning Women. (720) 922-1201 kkirmmse@comcast.net. Kim is a licensed clinical social worker in private practice as a certified life coach. She works with baby boomers on the non-financial side of retirement planning, the "what are you going to do with the rest of your life" piece.
- **ELAINE DEBASSIGE D'AMATO**, Licensed Professional Counselor for **Turtle Lotus**. (720) 240-7433 turtlelotus@comcast.net. Elaine leads stress management workshops to help people lead healthy and happy lives.
- **KELLYN PREHM** Team Leader for **Synergy Worldwide**. (303) 954-8442 prehm@comcast.net. Kellyn is responsible for developing a team interested in helping people overcome serious health issues through the use of natural products.
- **JANET SQUIRE** Liability Management Advisor for **Gulfstream Financial**. (303) 790-9631. Janet helps homeowners relieve stress and achieve financial dreams by eliminating debt, without increasing payments, without ruining credit ratings and with no out of pocket fees.
- **ANDREA CONSTANTINE** Mortgage Specialist with **Priori Mortgage**, **LLC**. (720) 274-9747 aconstantine@priorimtg.com. Andrea is a mortgage specialist, helping clients with their residential loans.
- **DONNA CHURCHEY** AVP Healthcare Operations for **Great West Healthcare** (303) 737-2793 donna.churchey@gwl.com Donna oversees Customer Service and Claims operations nationally for Great West Healthcare.



Member News & Information

Thanks

The Alliance would like to thank the following members who referred new members to our organization.

CINDY ROLD Maverick Coaching & Speaking

DANA LYNCH Elements of Image

Receive a Free Ad for referring new members to The Alliance!

In an organization like The Alliance, we depend on referrals to increase our membership. As a small thank you for referring a new member to The Alliance, you will receive a complimentary business card ad in the Communique.

Anniversaries

The Alliance recognizes and thanks the following women who joined The Alliance of Professional Women in August. We greatly appreciate your continued support of our organization.

17 Years	MAUREEN REIDY, Witt, Holland & Hart, LLP 4 Years	SONYA LAVEAU, Hein & Associates LLP
11 Years	Debra Armbruster	MICHELLE CARR, Hein & Associates LLP
10 Years	KAREN ROSEN, Alliance Foundation	ROBIN PEGLOW, Signs of Life Health
9 Years	SHEILA DREW, CFS / Creative Staffing of Colorado	PRUDY J. CREWS, Holland & Hart, LLP
	SUSAN STEIN, CIS Financial, Inc.	CAROL WARNICK, Holland & Hart, LLP
6 Years	SHELLEY C. SPIECKER, Holland & Hart, LLP 1 Year	CHANTEL PRICE, Ryan, Gunsauls & O'Donnell P.C.
5 Years	DONNA M. WESTMORELAND	ROBERTA GEROU, Ryan, Gunsauls & O'Donnell P.C.
	PAMELA BRUNSON, Holland & Hart, LLP	SHIRLEY POTENZA,
	CONNIE FREDERICO, Holland & Hart, LLP	Harper Lutz Zuber Potenza & Associates
		SHELLY RENO, Merrill Lynch
		DIANE OLANDER, SendOutCards

Alliance Thanks

The Alliance would like to thank ROBIN PEGLOW for hosting our July Networking Luncheon at Le Rouge.

Welcome!

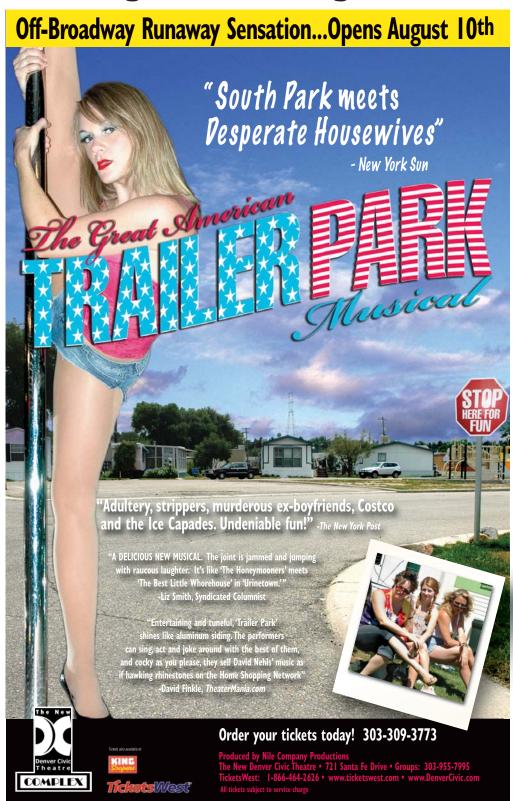
It is with great pleasure that we introduce to you our 3rd son, **SETH TAYLOR CARR**, born on Wednesday, July 4th at 4:55PM weighing in at 8 lbs 15 oz and 21 inches long. Jonah is thrilled to be a big brother and wants to hold Seth and kiss him and take him with him everywhere he goes. Wyatt says, "Baby" but doesn't realize that you can't quite climb right onto Seth to get a better look, so we're working on being gentle. Seth looks quite a bit like both Jonah and Wyatt when they were born, so we're going to have three brothers, all within four years of one another, who look quite a bit alike.



Mary Carr

THER EVENTS

Win Tickets To Musical At The **APW August Networking Luncheon**



Other Events

Blue Planet Run presents...



Water: A Woman's Burden

With Special Guests

Rose Oduho, Lost Girl of Sudan Mary Chervenak, Blue Planet Run Runner Sudanese Lost Girls Choir

Monday, August 13, 2007 4 – 5:30 pm Seawell Ballroom at the Denver Center for the Performing Arts refreshments will be served

Proceeds will be used to fund water projects in developing countries. tickets \$20 per person

buy tickets online at www.blueplanetrun.org/denverevents

Blue Planet Run

is the world's first international relay race, which began on June 1, 2007...

For 95 days, 20 runners will run step by step around the world, carrying a message of hope...

The run will continue every 2 years until everyone on earth has access to clean drinking water

Every cent donated to the Blue Planet Run foundation directly funds sustainable water projects

In the summer of 2008, 15 teenag<mark>ers</mark> from the Denver area will travel to a developing country to implement thei<mark>r own</mark> water project.

we need your help.



visit www.blueplanetrun.org for more information

BusinessSource





Stephanie Sylvanus • Tamara Francis 303-420-3222 7355 Unit T, West 88th Ave., Westminster, CO 80021

Cori Drahnak 720-489-8400 4582 S. Ulster St., Ste. 200, Denver, Colorado 80237



Tanya Mahnke

DIRECTOR

303.338.9641
Cell: 303.667.2374
Email: tjfm57@comcast.net

DENVER, CO

Nutrition made simple, Life made rich

Serving the Denver business community since 1977 focusing in the areas of business and corporate organization, finance, securities, litigation, dispute resolution, real estate, technology, intellectual property, banking, employment, public finance, employee benefits and health care law.

Suite 3100 1801 California Street Denver, CO 80202-2626 (303) 297-2400

National Resources, Local ResultsTM









TASHA BECKMAN
Benefits Representative

www.alexandersmithdesign.net • [303] 759-0401

Specializing in Benefits Communications

300 South Jackson St Ste100 Denver, CO 80209 877.290.4485 303.419.7082 Cust. Svc. 800.325.4368 tasha.beckman@coloniallife.com

coloniallife.com

SHARI L. LUTZ - CPA/ABV, ASA



THE SPECTRUM BUILDING
1580 LINCOLN STREET
SUITE 1100
DENVER, CO 80203
303.486.0013 v
303.486.0003 F
LUTZ@HLZCPA.COM

& ASSOCIATES, LLC

Member of Financial Consulting Group, L.C.

POWER IN ADVERTISING

BusinessSource

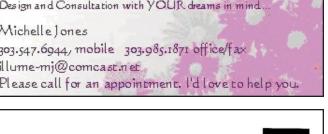
Kathleen S. Bowen, CFP, CLU, ChFC

Wealth Planning Solutions "Traditional Values...Visionary Planning"

Denver, Colorado 80209 Office 303.765.5700 • Fax 303.765.5577 $Mindseye @first financial adv.com \\ \bullet \\ www.mindseyellc.com$









Balanced Health Counseling

HEIN & ASSOCIATES LLP delivers customized accounting and business advisory solutions that provide long-term value for your business, including:

- Tax Services
- Financial Reporting & Assurance Services
- Transactional Services
- Specialized Services for Public Companies

Contact Mira Finé for more infomation. 717 17th Street, 16th Floor • Denver, Colorado 80202 Ph: 303-298-9600 • Fax: 303-298-8118 www.heincpa.com

People **Delivering** Solutions

Houston Dallas Southern California Denver



Kathleen Horrigan Mortgage Consultant



501 S. Cherry St., Suite 320 Denver, Colorado 80246

Office 303-468-4608 Mobile 303-717-9535 Main Fax 303-468-4609 Direct Fax 303-962-3831 Toll Free 866-792-0147 kathleen@equitylendingllc.net



Musu V. Brooks

[303] 290-1600 Fax [303] 290-1606 Mobile [303] 257-0334 mvbrooks@hollandhart.com www.hollandhart.com

8390 East Crescent Parkway Suite 400 Greenwood Village, CO 80111

BusinessSource





Deborah A. Krier

13136 Filmore Street • Thornton, CO 80241 TEL 303-594-8930

dkrier@wisewomencommunications.com www.wisewomencommunications.com









Colleen A. Knopinski, MA, CFP®

315 S. Boulder Road, Suite 207 Louisville, Colorado 80027 colleen@kffainc.com Tel 303-666-6292 Fax 303-389-9422 www.kffainc.com



SHIRLEY L. POTENZA - CPA



& ASSOCIATES, LLC

MEMBER OF FINANCIAL CONSULTING GROUP, L.C.

THE SPECTRUM BUILDING
1580 LINCOLN STREET
SUITE 1100
DENVER, CO 80203
303.486.0015 v
303.486.0005 F
POTENZA@HLZCPA.COM

HERE'S POWER IN ADVERTISING

BusinessSource



Ryan, Gunsauls & O'Donnell, P.C.

Certified Public Accountants

Your Financial and Tax Advisors Since 1954

- Tax Compliance and Planning
- Real Estate Consulting
- · Business Valuations
- Financial Reporting: Assurance & Advisory Services
- · Estate Planning
- · QuickBooks Consulting
- Business Accounting Services
- IRS Representation
- Succession Planning

Proud Member & Supporter of the Alliance of Professional Women since 1994

ANN M. BRODERICK, CPA, APW Member since 1994 ELIZABETH B. MOORE, CPA, MTX, APW Member since 2000 KATHERINE T. MOFILER, CPA, APW Member since 2004 ROBERTA GEROU, APW Member since 2006 CHANTEL SWENNING, APW Member since 2006

5590 East Yale Avenue • Suite 201 • Denver, Colorado 80222 303.758.5558 · www.rgo-cpa.com

Holland & Hart is Proud to Support the Alliance of Professional Women

MEMBERS

Angelica Ochoa

Barbara L. Crawford **Carol Warnick** Attorney

Connie Federico

Specialist

Kristin Baker White Attorney

Shelley Spiecker Persuasion Strategies

Maureen Reidy Witt

Prudy Crews

Pam Brunson Specialist

Contact: Maureen Reidy Witt (303) 290-1629

8390 E. Crescent Parkway Greenwood Village, CO 80111 HOLLAND&HART

www.hollandhart.com

ASPEN BILLINGS BOSE BOULDER CHEYENNE COLORADO SPRINGS DENVER DENVER DENVER FECH CENTER JACKSON HOLE LAS VEGAS SALT LAKE CITY SANTA FE WASHINGTON D.C.

Great-West's strength lies in its 100+ year history and enduring commitment to excellence and affordability in the areas of health care and financial services. We build on past success. We stay focused. We take care of business and we take care of our customers. We're looking for people who share our values and vision to be part of our team.

WHY WORK FOR GREAT-WEST?

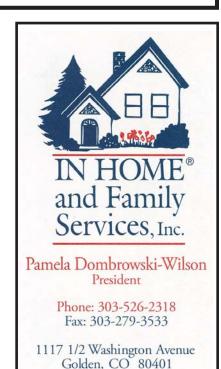
- · 6,600 talented employees nationwide & growing
- Competitive salaries
- · Benefits tailored to YOUR needs
- · Career path & growth opportunities
- · Emphasis on work/life balance

To learn more about current career opportunities available at Great-West please visit: www.greatwest.com



"You'll find good people at Great-West"

Great-West is an Equal Opportunity Employer.



POWER IN ADVERTISING

BusinessSource







U.S. Bank— **Private Client** Group

Nancy Thauvette (303) 713-6456 Cathy Lechuga (303) 713-6462 Kim Hartman (303) 713-6452

If you've got substantial financial assets and want to maximize your growth potential and manage your money on your schedule. You deserve the best, call on US!

Usbank



you will know you are about to experience a different kind of hotel. Welcome to another era, a time of simplicity and pure fun... where smiling is contagious. Some people describe The Curtis as "fun." Some people say we are all about "cool." Others use the term "whimsical." Pick any one, or all three... it all adds up to a radically refreshing and different hotel experience.

Horan Consulting

Integrating a custom HR foundation into your organization

Mary C. Horan, PHR President

303.902.0993

horan.consulting@earthlink.net 3140 South Peoria Street Unit K, PMB 452 Aurora, Colorado 80014

www.horanconsultingfirm.com



CALENDAR OF EVENTS

To register go to **www.apwcolorado.org** and click on the bold RSVP link – it will take you directly to the **BlackTie RSVP page** for the event. See **Pg 5** for event information and event codes or call the contact for the event.

AUGUST 2007

	M	•	W	•	•	S
			1 OUTREACH COMMITTE 5:30 pm, Whole Foods, Tamarac Sq Megan Wegner- [800] 340-5653 x5276	juare	3	4
5	6	7	8	9 NETWORKING LUNCHEON 11:30 am-1:00 pm, Cool River Cafe, Greenwood Village Mary Carr- [303] 368-4747	10	11
12	13	14	15	16	18	18
19	20	21	22	23 <u>NETWORKING/EVENTS</u> 11:45 am, TBD Mary Carr- [303] 368-4747	24	25
26	27	28	29	30	31	

September 2007

M	•	W	•	(3)	S
					1
3 LABOR DAY	4	5 OUTREACH COMMITEE 5:30 pm, Whole Foods, Tamarac Square Megan Wegner- [800] 340-5653 x52760	Sparrow, 410 E. 7th Ave., Denver Mary Carr -	7	8
10	11	12	13	14	15
17	18	19	20	21	22
24	25	26	27	28	29
	10 LABOR DAY	3 LABOR DAY 4 10 11 17 18	3 LABOR DAY 4 5 OUTREACH COMMITEE 5:30 pm, Whole Foods, Tamarac Square Megan Wegner- [800] 340-5653 x52760 10 11 12	3 LABOR DAY	3 LABOR DAY